

# News Update

Dates for the Diary	
Van Cols individual and sibling photos	Wed 14th Oct
Last day of Term 1	Thurs 22nd Oct
INSET DAY	Fri 23rd Oct
HALF TERM	w/c 26th Oct
INSET DAY	Mon 2nd Nov
First day of Term 2	Tues 3rd Nov
Flu Vaccinations Years 1-6	Thurs 10th Dec
Last day of Term 2 for academy	Fri 18th Dec
Last day for Nursery children	Mon 21st Dec
CHRISTMAS BREAK	w/c 21st Dec
INSET DAY	Mon 4th Jan

**Pupils in Year 6 are enjoying their Macbeth workshops and are showing an excellent understanding of the story.**



Academy update

Our pupils continue to show tremendous resilience in dealing with our new ways of working and we are so proud of all of them! Thank you to all of those parents/carers who continue to work with us to keep the academy safe by wearing facial coverings. This applies to anyone entering the site for nursery or the academy. We are working hard planning to ensure that, should the need arise, we are able to continue to provide high quality learning for all pupils regardless of whether they are onsite or learning from home.

Can we request that all parents adhere to social distancing requests and when queuing to come into the academy, please stay on the inside of the pavement to allow others a safe access way into the academy. Please ensure your own children stay close by. This will allow everyone to stay safe on arrival.

Please ensure you are not arriving before your allocated time slot as this causes unnecessary congestion. Many thanks for your cooperation.

Arstmark Gold Award

We are very proud to have been awarded the Arts-mark Gold Award by the Arts Council England. We have been working towards achieving the award for 2 years and would like to thank Mrs Daniel and Mrs Atkinson for their hard work in gaining the award.



Walk to School week

This week, the children of Robsack Wood have been taking part in Living Streets' Walk to School week. We have been pleased to hear that so many children and parents have been making a conscious effort to walk to school on some days or every day of the past week with over 75 children walking to school every day and many more who walked in one or more days.

Walking to school does not only benefit the environment and our physical health, but morning exercise also sets the body up for a positive start to the day as it has been proven that the movement helps improve focus and concentration.

Mulberry class have made a huge effort with 21 children walking to school on three or more days this week and have earned a class treat.



## Inclusion update

We will be including a regular Inclusion update in our upcoming newsletters to let parents and carers know the areas we are focusing on within the Inclusion Team.

The academy has been using a range of visual supports to support pupils returning to school this academic year. They are a communication tool that can be used to support children with special educational needs. They can be used in most situations, are adaptable and portable.

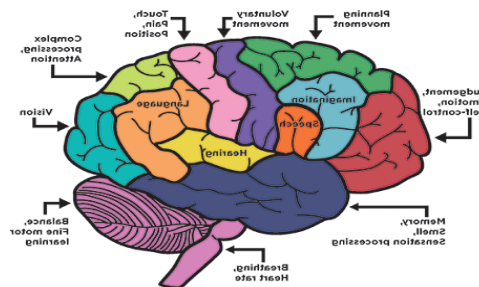


## Digital Safeguarding Top Tips for Parents



Encourage your family to use technology in a public part of the house and not in a bedroom. This applies not just to PCs but also laptops, game consoles, internet browsers on phones etc. Tell children not to give out their personal details. If they want to subscribe to any services online, make up a family e-mail address to receive any information.

## Pupil mental health and wellbeing



Your brain has the amazing ability to change, improve and grow new brain cells but you need to look after your brain. Your brain needs to rest so it can 'download' all the important information from the day and be fresh to store new information tomorrow. Sleep is top of the list for self care. Getting adequate and quality sleep is connected with memory function, better health, and better mood. Try choosing a pleasant activity for the end of the day that brings your day to a peaceful end. Aim to go to bed and wake up at the same time each day. Try to keep your bedroom dark, cool and technology free.