

Instructions for Individuals with Close Contact

You are being sent home because you may have been exposed to someone with COVID-19.



The Chester County Health Department will contact you to review public health quarantine guidance.

- Parents will be contacted for students under the age of 18
- Students 18 years and older will be contacted directly

Exposed Individuals Need to Stay Home for 14 Days



Watch for fever (100.4 ° F), cough, shortness of breath, loss of taste or smell and other symptoms of COVID-19



You should stay away from others as much as possible, especially vulnerable individuals

- Anyone with chronic health conditions
- Elderly individuals



If you become sick, call a healthcare provider and notify the Chester County Health Department at 610-344-6225

COVID-19 Testing

Even if you do not develop symptoms, the Chester County Health Department recommends all close contacts **get tested 7 days after exposure.**

Testing sites are located throughout the county. For more information and to schedule a test use this QR code or visit:

<https://bit.ly/cchdnstesting>



Positive Test Result: The Chester County Health Department will contact you to review public health isolation guidance.



Negative Test Result: Continue to quarantine for 14 days

Returning to School



Individuals must stay home for 14 days after their last contact with a person who has COVID-19. Even if you test negative for COVID-19 or feel healthy, you must stay home (quarantine). Quarantine guidance is important to follow because symptoms may appear 2 to 14 days after exposure to the virus.

Symptoms

Symptoms may appear 2-14 days after exposure to the virus. Common symptoms include:

- Fever or chills
- Cough
- Shortness of breath/ difficulty breathing
- New loss of taste or smell
- Fatigue
- Muscle or body aches
- Headache
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea



Additional resources and guidance can be found at [Chesco.org/coronavirus](https://chesco.org/coronavirus)

If you have questions, please contact 610-344-6225