

# Course Description

## Physical Education

### Aims of the Subject

- To focus on participation and performance in physical activity as part of a balanced, active and healthy lifestyle.
- To build upon the students' knowledge, skills and understanding developed in GCSE PE
- To experience and develop interest and ability in a variety of roles in sport such as performer, official and leader
- To gain greater understanding of contemporary topics in sport
- To prepare students with the study skills to be successful in higher education

### Study Requirements

To be successful on this course, students must:

- Be competing regularly in a fully competitive sport (as recognised on the AQA PE specification) at a high level.
- Have the capacity to film these competitive matches/competitions.
- An excellent attendance and punctuality for lessons
- An enthusiastic, organised and committed approach in lessons
- A conscientious and dedicated approach to independent study in their own time and in meeting task deadlines
- A commitment to devote sufficient time to independently improving their ability as a performer/leader/coach

### Additional Information

Students with AS or Advanced level Physical Education have access to a wide range of possible career and higher education opportunities. The skills learnt include collecting, analyzing and interpreting data, communicating findings in different ways, and identifying and developing the links between different parts of the subject. These transferable skills are in great demand by employers, universities and colleges. Physical Education combines with a range of AS and Advanced Level subjects. It supports applications for a wide range of university courses such as sports science, sports coaching and medicine, physiotherapy, teaching, recreation and leisure studies and there are many new and exciting courses related to sport throughout higher education.

### Entry Criteria

GCSE Grade 6 or above in Physical Education with a minimum of a Grade 6 in the written element of the examination. Playing at least one competitive sport (on the AQA approved list) on a regular basis at club standard (equivalent) or above. For pupils who did not take PE, the GCSE Science grade and evidence of practical ability would be considered.