



Family Stabilization

Family Stabilization focuses on **stabilizing both youth and family**, preventing potential out of home placement, incarceration, or hospitalization. We also provide **stabilization of children in placement**, to prevent disruption of placement to higher levels of care.

ASPENPOINTE clinicians are community-based... we go to schools, homes, or wherever we need to meet the needs of the client.

Speak with your clinician for a referral.



Monday-Friday from 8 a.m. - 8 p.m.
Saturday and Sunday from 10 a.m. - 6 p.m.



To make a referral, email
ReachYouthandFamilies@aspenspointe.org.
For more information, call (719) 572-6100.

We can help with:

- Cognitive Skills/Thinking Errors
- Self-Esteem
- Emotional Regulation
- Restorative Justice
- Conflict Resolution
- Emotional Regulation
- Communication
- Impulse Control
- Coping Skills
- Resource Development/ Access
- Distress Tolerance/ De-escalation
- Independent Living Skills and Boundaries
- Self-Advocacy
- Academic Stabilization/ Success