



School Based Services

Discover Life, Hope, and Opportunity

What is SBS?

- ▶ Comprehensive School and Community Treatment (CSCT) is a school based mental health service provided to students in school by a licensed mental health center.
 - ▶ YBGR hires two mental health staff per team:
 1. Master's Level Therapist
 2. Bachelor's Level Behavior Specialist
- ▶ Outpatient Therapy
- ▶ Community Based Psychiatric Rehab and Support (CBPRS)



YOUR SCHOOL

- ▶ Team: *CONTACT NUMBER / CELL*
 - ▶ Therapist: *ENTER NAME*
 - ▶ Behavior Specialist: *ENTER NAME*

- ▶ Team: *CONTACT NUMBER / CELL*
 - ▶ Therapist: *ENTER NAME*
 - ▶ Behavior Specialist: *ENTER NAME*



GOAL of the SBS Program

The primary goal is to help high-risk students be successful behaviorally, socially, emotionally, and academically.

We seek to accomplish this goal through:

- Decreasing problem behaviors and facilitating the student's social, emotional growth so they are able to remain in regular public school settings
- Provide individualized mental health services, coordinated with the student's education
- Build social and academic skills
- Provide counseling and support to parents/families



What does this mean for you?

- ▶ YBGR and your school have agreed to house a team(s) on site within the school.
- ▶ The therapist(s) will schedule individual, group and family therapy sessions with the youth in addition to providing classroom services.
- ▶ The behavior specialist(s) will provide behavior intervention to individuals and groups between classes, during lunch, after school, and will also work with teachers to be in the classrooms when beneficial to the youth.



SBS Program Facts:

- ▶ SBS Team(s) are available during school hours, contact their office or cell.
- ▶ Team(s) work with the students throughout school breaks, including Christmas and summer.
- ▶ Team(s) are required to attend IEP meetings, if requested, for their client to coordinate services with IEP accommodations.



SBS Caseload/Referrals:

- ▶ Each SBS team typically serves 10-12 students depending on the need/severity.
- ▶ Anyone can make referrals to the SBS Program (parent, school staff, case manager, etc.).
- ▶ Please feel free to ask questions or consult with us on who you feel may need emotional/behavioral support. The therapist is able to assess for the clinical criteria of the program.



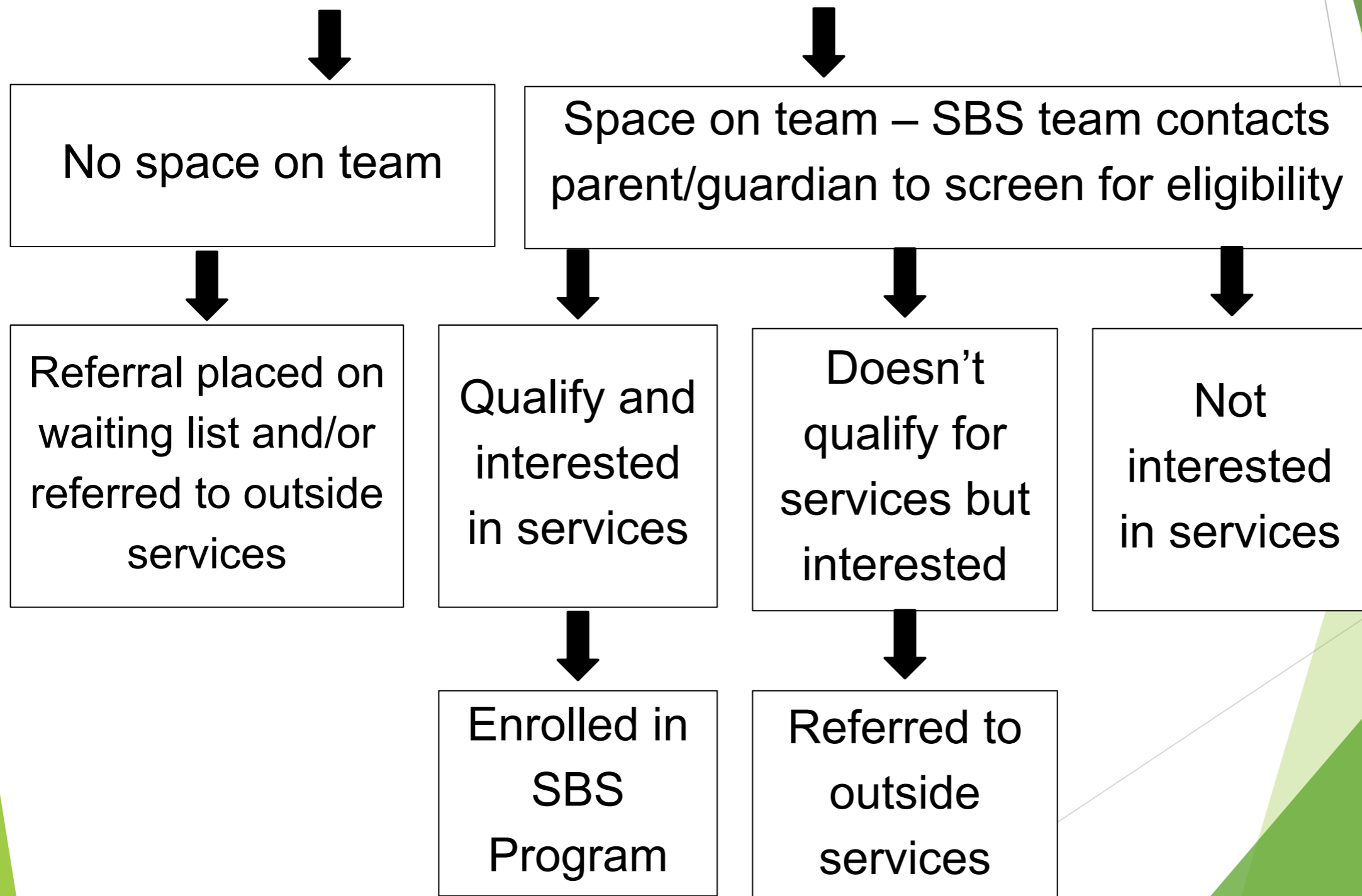
SBS Referral Flow Chart:

- ▶ Referral source obtains referral form from SBS team.
- ▶ Referral source completes Referral Form.
- ▶ Referral Form is given to School Admin, School Counselor, School Psychologist and/or school designee who then contacts parent/guardian regarding the program.
- ▶ School Admin, School Counselor, School Psychologist and/or school designee works with SBS team to determine the priority and need of the referrals.
- ▶ SBS team processes the referral.



SBS Referral Flow Chart:

SBS Team Processes Referral





**School Based Services
INQUIRY AND REFERRAL FORM**

I. To be completed by referring agency/personnel

REFERRAL INFORMATION

Youth Name: _____ Age: _____ DOB: _____ Grade: _____
 Gender: _____ Home Room Teacher: _____

Parent/Guardian: _____ Phone (H): _____
 Address (if available): _____ Phone (W): _____

INQUIRY/PERSON REFERRING: _____ Phone #: _____
 Date completed: _____

PROBLEM BEHAVIOR CHECKLIST: PLEASE CHECK APPROPRIATE BOXES BELOW

<input type="checkbox"/> Loses temper	<input type="checkbox"/> Lies/manipulates	<input type="checkbox"/> Easily distracted	<input type="checkbox"/> Impatient w/ others
<input type="checkbox"/> Often argues	<input type="checkbox"/> Intimidates/bullies	<input type="checkbox"/> Doesn't listen	<input type="checkbox"/> Withdraws/isolates
<input type="checkbox"/> Defiant/noncompliant	<input type="checkbox"/> Verbally abusive	<input type="checkbox"/> Little follow through	<input type="checkbox"/> Sad/Tearful
<input type="checkbox"/> Teases/provokes	<input type="checkbox"/> Destroys property	<input type="checkbox"/> Disorganized	<input type="checkbox"/> Irritable
<input type="checkbox"/> Touchy/easily annoyed	<input type="checkbox"/> Fights (hits/kicks/bites)	<input type="checkbox"/> Fidgets and squirms	<input type="checkbox"/> Mood swings
	<input type="checkbox"/> Stealing/theft	<input type="checkbox"/> Overactive/restless	<input type="checkbox"/> Fears/worries
	<input type="checkbox"/> Truancy	<input type="checkbox"/> Intrudes/interrupts	<input type="checkbox"/> Physical Complaints

OTHER CONCERNS: _____

Has Parent/Guardian been contacted by School Personnel about SBS services Yes No

Signature of Principal or Designee **Date**

PRIORITY RATING SCALE:

- Youth may become at risk of self-harm or harm to others.
- Youth requires support for transition from intensive out-of-home or community-based services
- Youth meets the serious emotional disturbance criteria.
- Youth has not responded to positive behavior interventions and supports (PBIS).
- Youth is not attending school due to the mental health condition of the youth.

Signature of SBS Program Therapist **Date Received**

Signature of Parent/Guardian **Date**

Signature of Principal or Designee once Accepted or Declined **Date**

(YBGR TEAM: Please indicate your team number: _____ (i.e. Orchard team 21). Please use backside of form for notes regarding contacts/attempts with the family)



SED Diagnosis

- ▶ Serious Emotional Disturbance refers to a youth who meets the requirements for a qualified diagnosis and has behavior impairment in various settings.

Common SED Diagnoses:

- ▶ Anxiety
- ▶ Depression
- ▶ Posttraumatic Stress Disorder (PTSD)
- ▶ Oppositional Defiant Disorder
- ▶ Bipolar Disorder
- ▶ Autism



SED Diagnosis

What might a student with an SED look like in the school setting?

- ▶ Arguing, fighting, hostility, overreacting, impulsive, inattentive, hyperactive
- ▶ Withdrawn, tearful, lack of peer relations
- ▶ Continuously needs to be redirected or disciplined
- ▶ Irritable, low frustration tolerance



YBGR SBS program locations

- ▶ Billings School District #2 (12 teams) serving k-8th
 - ▶ Castle Rock Middle School
 - ▶ Highland Elementary
 - ▶ Lewis & Clark Middle School (3 teams)
 - ▶ Orchard Elementary (2 teams)
 - ▶ Riverside Middle School (2 teams)
 - ▶ Sandstone Elementary (2 teams)
 - ▶ Medicine Crow Middle School (2 teams)
- ▶ Boulder/Poly Elementary (1 team)
- ▶ Laurel (7 teams) serving k-12th
- ▶ Lockwood (5 teams) serving k-8th
- ▶ Shepherd (2 teams) serving k-12th
- ▶ Dillon (5 teams) serving k-12th
- ▶ Elder Grove (1 team) serving k-8th
- ▶ Independent (1 team) serving k-6th



OTHER YBGR SERVICES

- ▶ Community Based:
 - ▶ Youth and transitional Case Management
 - ▶ 1:1 Therapeutic Youth Mentor
 - ▶ Home Support Services
 - ▶ Therapeutic Foster Care
 - ▶ Outpatient Therapy
 - ▶ Supportive Employment Program (Yellowstone County only)
 - ▶ Chemical Dependency Evaluation and Services
 - ▶ Psychological Testing
 - ▶ Telepsychiatry (Livingston, Dillon, and Lewistown)
- ▶ Residential: *Female ages 12-18, Males ages 8-18
- ▶ Yellowstone Academy School District #52



Commonly Asked Questions:

- ▶ What does it look like with the Behavior Specialist in my class?
- ▶ I have noticed you playing game with students, how is this therapy/therapeutic?
- ▶ Why do you take students out of class?



Questions?



THANK YOU



For more information:

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Community Based Services

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Visit our Website: www.ybgr.org

