## COVID-19 OUCKSHEET

For staff and families to reference before entering district buildings during COVID-19



## **Before Coming to School:**

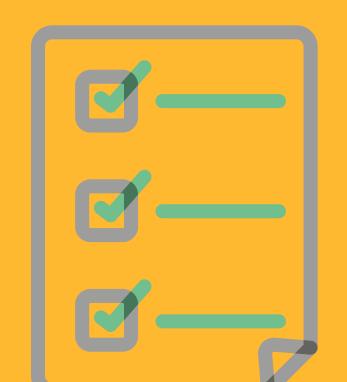
Screen your student before they enter any district buildings or transportation. If your student is positive for COVID-19, has any symptoms of COVID-19, or has had close contact with someone who has tested positive: keep your student home, call school, fill out the Student COVID-19 Form, and contact your health care provider for next steps.

## While in School:

- 1. **Wear a Face Covering.** Those five years of age and older **must wear a face covering** that covers their nose and mouth when in a district building or vehicle.
- 2. **Regularly wash hands**. Clean your hands with alcohol-based hand sanitizer or soap and water, especially after touching commonly used surfaces, using the restroom, and before eating.
- 3. **Maintain 6-feet distance** with other students and staff.



## **Symptoms of COVID-19**



- Cough
- Shortness of breath or difficulty breathing
- Fever equal to or greater than 100.4°F
- Chills
- Fatigue
- Muscle or body aches

- Headache
- Sore throat
- New loss of taste or smell
- Diarrhea
- Congestion or runny nose
- Nausea or vomiting

