



# Future Ready



LACKLAND INDEPENDENT SCHOOL DISTRICT

*Dr. Burnie L. Roper, Superintendent  
Office: 210-357-5002*

*Mrs. Rebecca Estrada, Chief Financial Officer  
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*Dr. Tonya Hyde, Assistant Superintendent for C&I  
Office 210-357-5003*

*Mr. Alfredo Concha, Director of Operations  
Office: 210-357-5019*

*Dr. Raymon Jones, Director of Technology  
Office: 210-357-5007*

**School Health Advisory Council  
Monday, May 18, 2020  
Lackland ISD Board Room – 3:45 p.m.**

**Members in Attendance in Bold**

**John Sheehan, Parent, Co-Chair**  
**Alfred Concha, Operations**  
Peter Wynne, Security Forces  
Daniel Rigney, Coach  
Sarah Sipe, Parent  
Erika Adams, Parent  
**Michelle Tarvin, Admin**

**Tonya Hyde, Co-Chair**  
Emmanuel Guerrier, Parent  
**Claudia Castillo, SES Coordinator**  
Theresa Satterwhite, Parent  
Jacob, Gamboa, Student  
Abigail Conger, Student

Patty Concepcion, Parent  
Susan Trombley, Parent  
**LaTanya Sheehan, Parent**  
**Marcelle Conte, Nurse**  
Jessica Ramsey, Parent  
Erica Traxler, Parent

**I. Opening Remarks and Introductions**

*The virtual meeting started at 10:30 a.m. using the zoom platform*

**II. Review and Approve Minutes from the February 12, 2020, Meeting**

*Committee members read and reviewed the minutes for the meeting held on February 12, 2020. A motion was received and seconded to approve the minutes and to make a note that Salma Boyd and Dina Rodriguez have agreed to serve as advisors for the garden club. Mrs. Conte will also provide support to ensure program continuity.*

**III. Review Wellness Plan Evaluation**

*Dr. Hyde facilitated a review of the wellness plan evaluation. Due to COVID-19, many of the artifacts for this year were collected by Dr. Hyde. Committee members had the following additions:*

- 1) Ms. Sheehan shared feedback regarding the photo evidence that she collected for goals related to the child nutrition program. The Sheehan's shared that with appropriate staffing in the cafeteria, students now have an appropriate length of time to consume their meals.*
- 2) Coach Sanchez shared that she has photos linked to ongoing student engagement in physical activity through virtual learning during the COVID-19 pandemic.*
- 3) Mrs. Tarvin shared that middle school students have the option to participate in outdoor physical activity during their lunch period when it is not their assigned day for the "open" gym activities. High school students have daily access to open gym. Students can also consume their meals outdoors at their discretion and as weather permits.*
- 4) Mrs. Conte shared information related to staff wellness goals. Six to eight teachers participate in the activities consistently about 2 times a week. Sometimes they participate 3 times a week. Participants have shared that the benefits include better sleep patterns and the opportunity to leave the stress of the day on the mat.*



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#### **IV. Review Report to the Board of Trustees**

*Dr. Hyde facilitated the review of the draft presentation to be shared with the Board of Trustees on May 26<sup>th</sup>. Council members were encouraged to add information that may have been missed. They can email or call Dr. Hyde with additional information.*

#### **V. Questions and Comments / Topics for future meetings**

*This meeting concludes the four scheduled for the 2019-2020 school year. Future topics may include safety measures for students and staff as the impact of COVID-19 continues.*

#### **VI. Close of Meeting**

*The meeting adjourned at 11:25 a.m.*