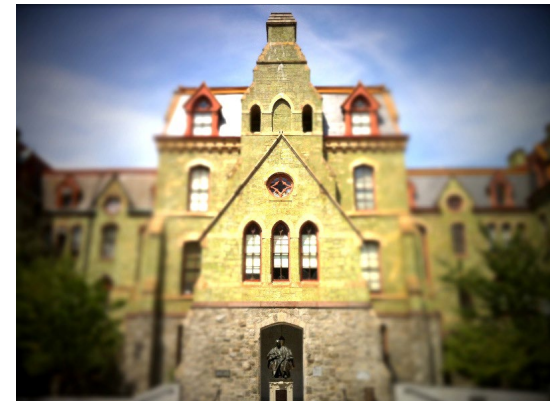


Welcome University Prep Families

An Introduction to the College Process

- We will begin a few minutes after **7 p.m.**
 - The presentation will run for 75 minutes.
 - To ask a question, click the **chat** icon in the toolbar.
 - Questions will be monitored by Kelly & Britten. Questions will be either answered live via chat **OR** saved and responded to after the presentation concludes.
- While you are waiting:
 - Visit www.universityprep.org/academics/college-counseling
 - Grab a beverage and something tasty from your kitchen





Arigato

Mahalo

Grazie

Spasiba

THANK
YOU

Thinks
Moite

Gracias

Merci

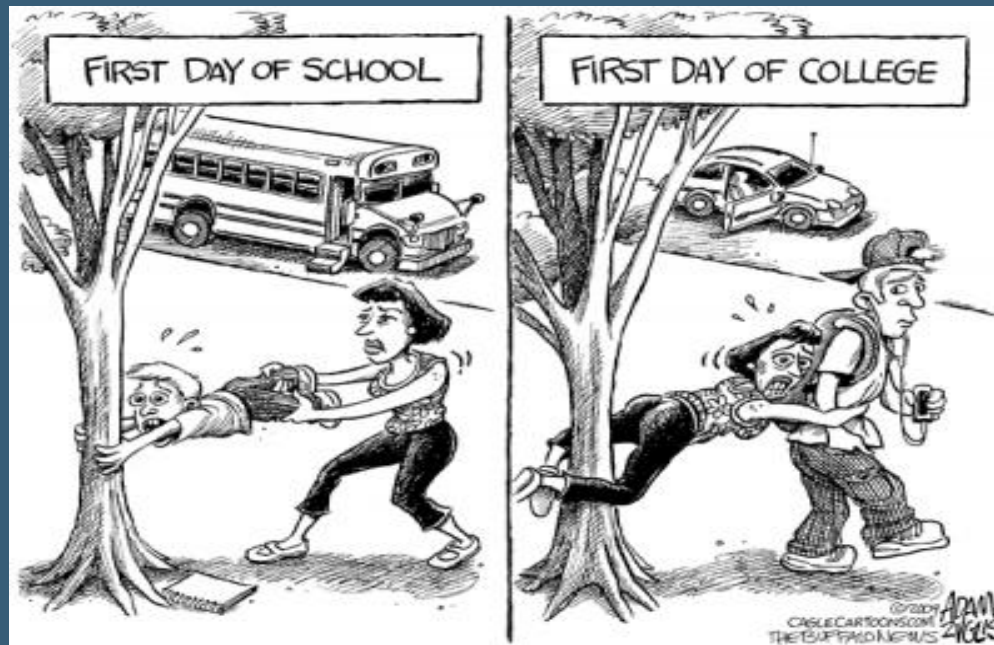
Danke

Shukran

Perspective, Helpful Tips & Humor!

Our Agenda

- I. College Process Perspective
- II. College Counseling Related Tasks
- III. College Admissions: An Insider's View

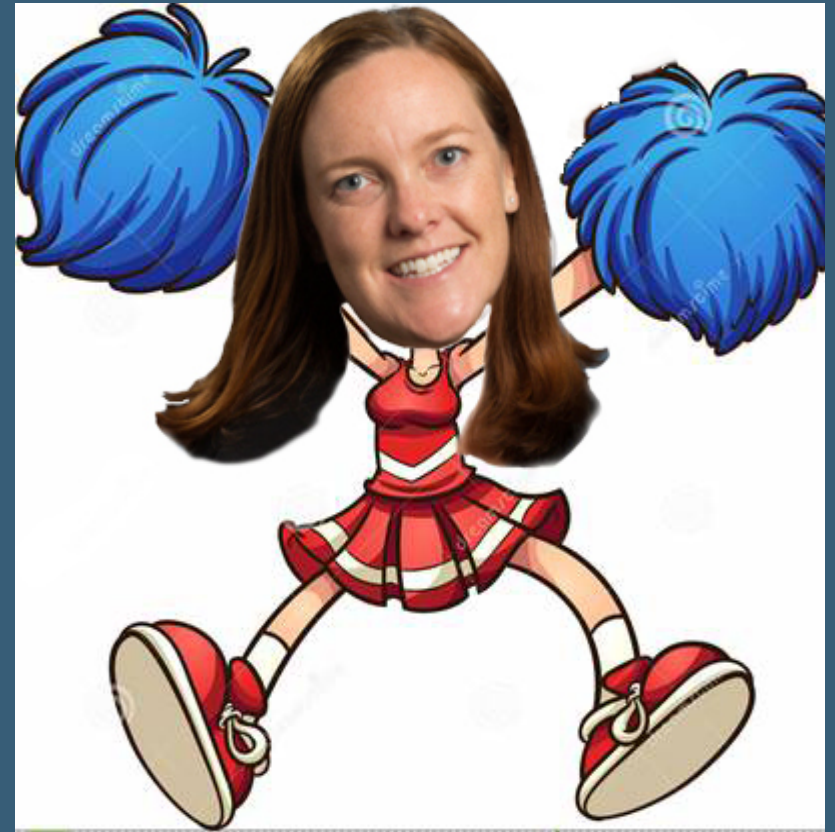


“Dropping off a child at college is kind of like having your heart leave its body and beat on its own.”

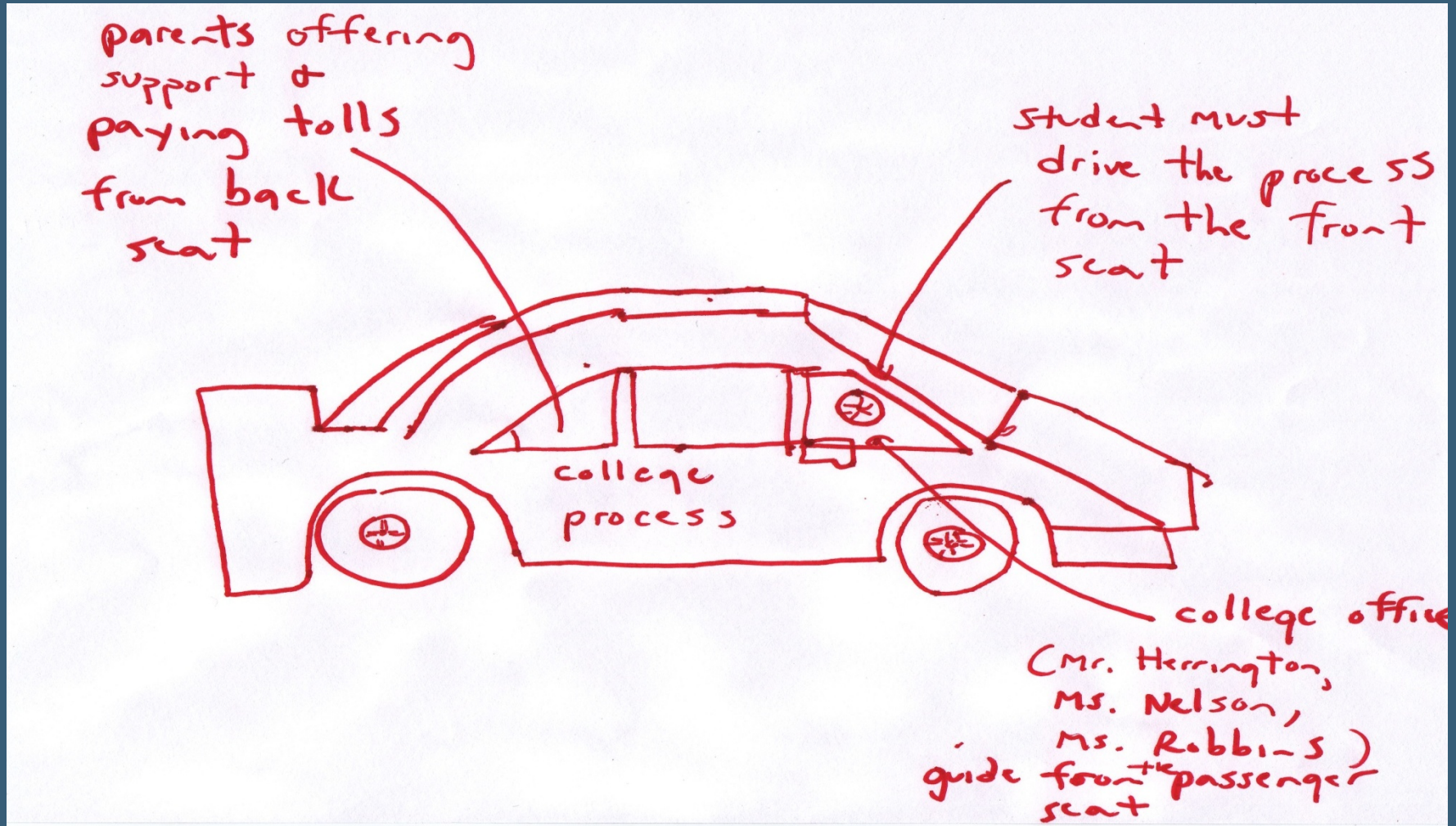
We are all still getting used to Jack being away at college.



Unsolicited Words of Wisdom



1. Students Should Drive the College Process



2. Focus on Self Discovery & Communication

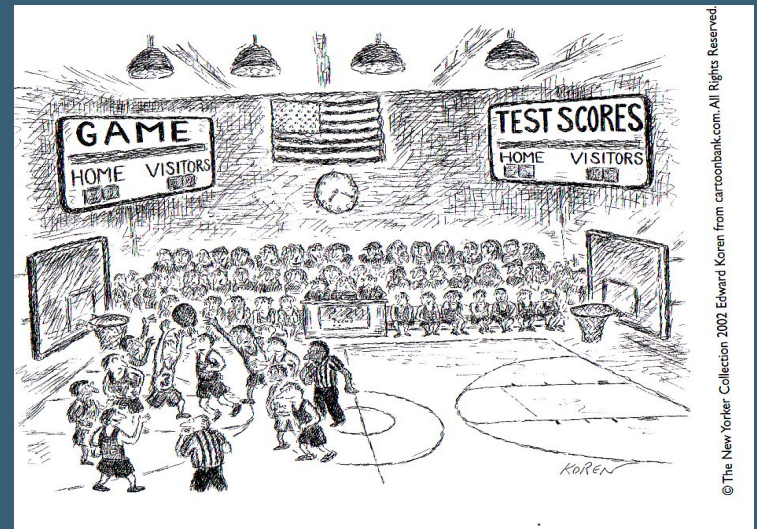
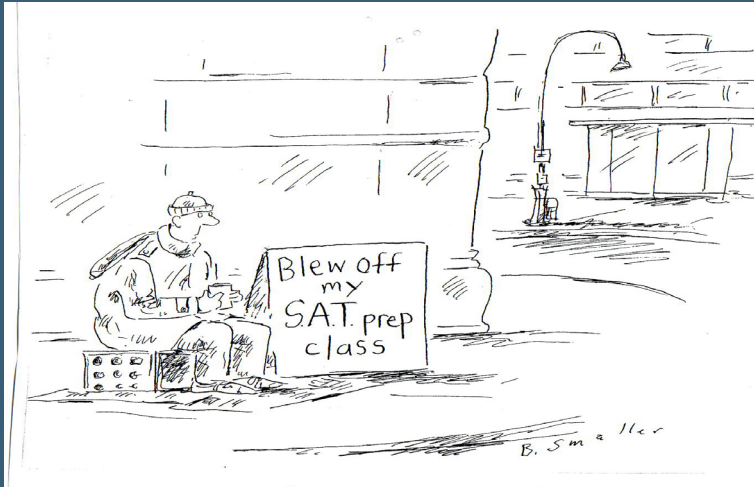


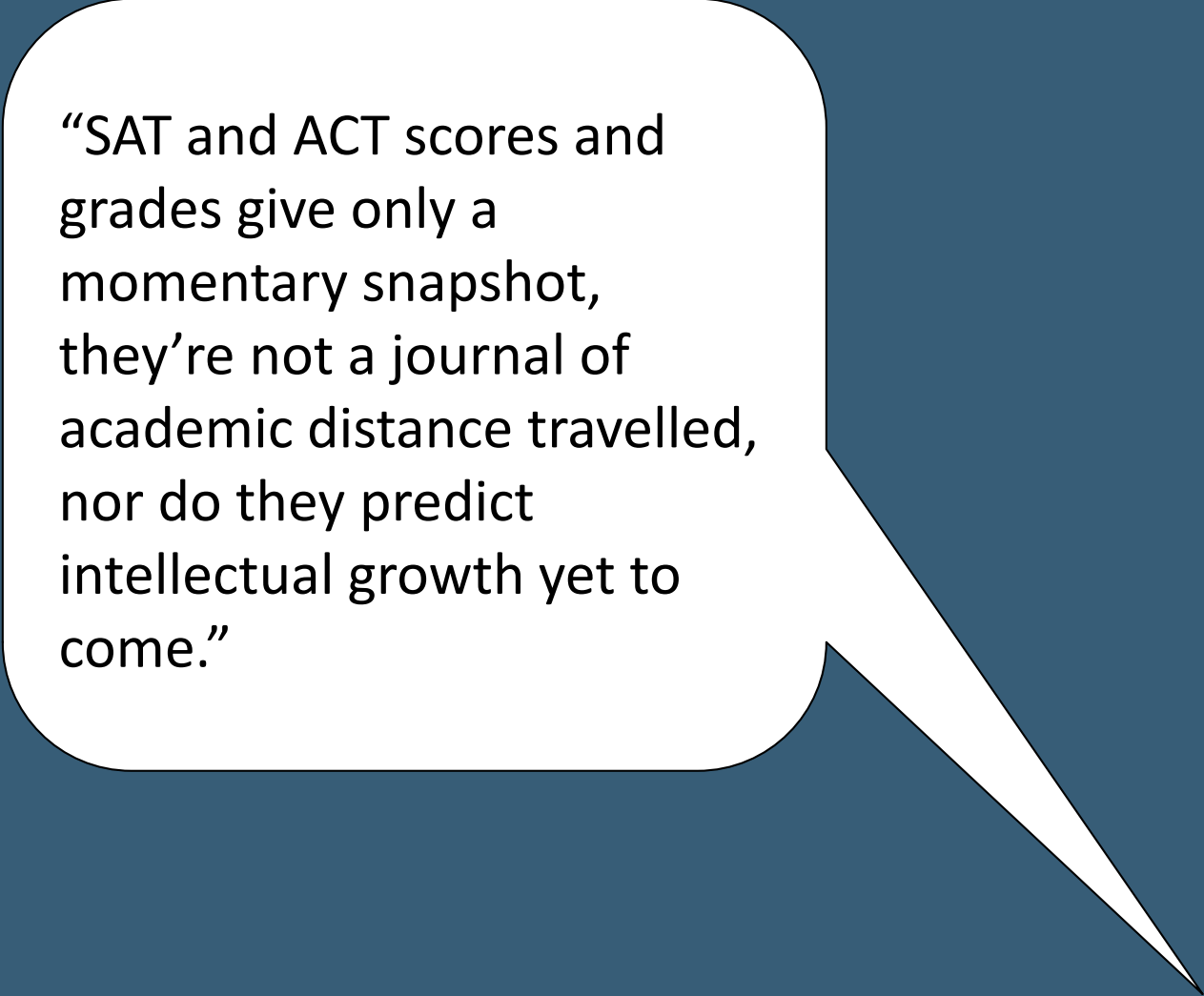
Set Your Intention for
the College Process. I
know this makes me
sound like a Seattle
stereotype!
Oooooommmmm





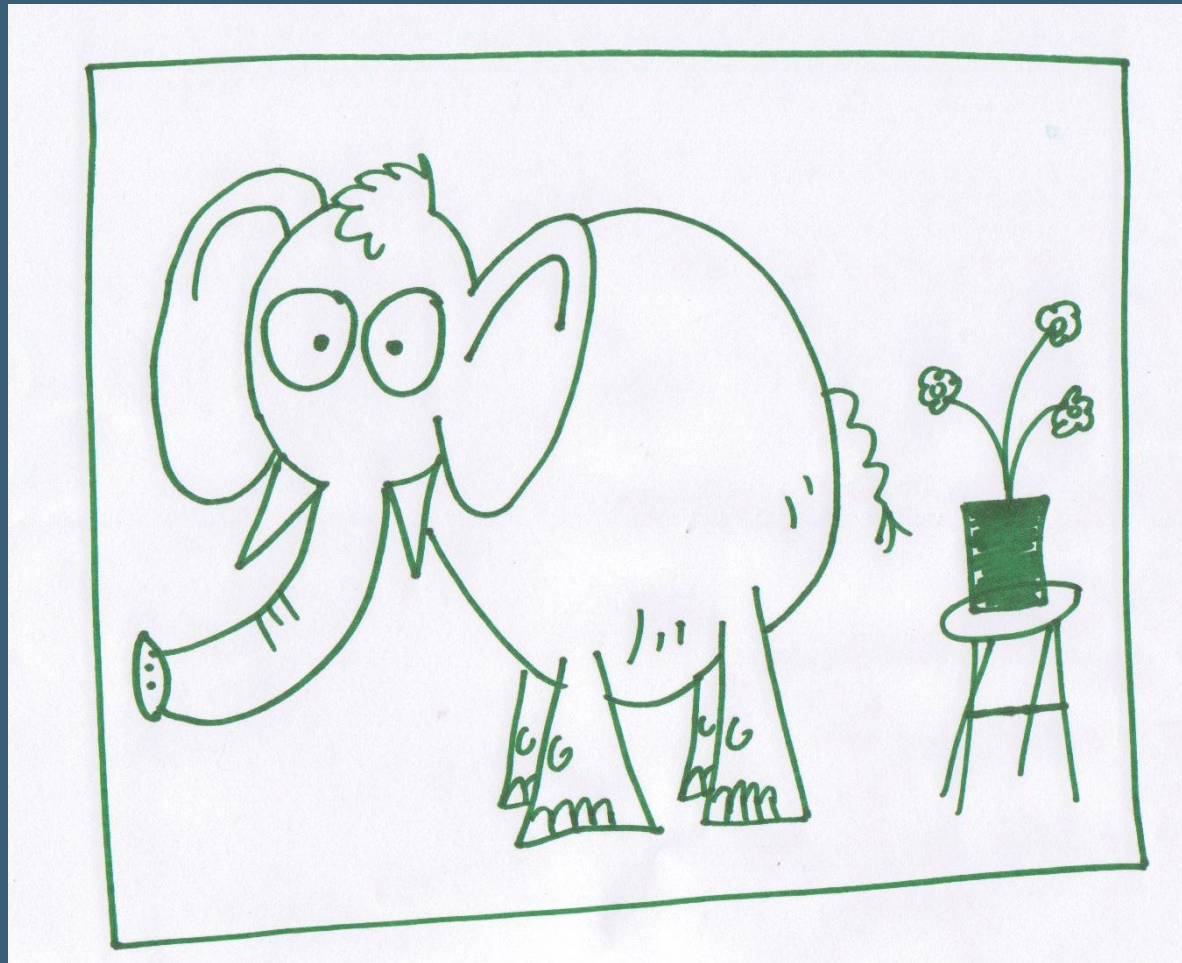
4. Keep Standardized Testing in Perspective





“SAT and ACT scores and grades give only a momentary snapshot, they’re not a journal of academic distance travelled, nor do they predict intellectual growth yet to come.”

5. Develop an “Exit Strategy” for the “College Chatter”



A Multiple Choice Question:

You're at the Thanksgiving dinner table. Your Aunt Edith asks you about your college search. "Where are you applying? What's your essay topic? Have you heard how competitive it is? What are your grades? How did you do on your SAT? Are you taking any AP exams?"

She takes a breath, and you fill the silence with.....

A.

**Give it a rest. I am not
going to college. Please pass the
sweet potatoes.**

B.

**Can I be excused? The football game
is starting.**



**Is there a reason your kids couldn't make it
home this year?**

D.

Yes, it is a competitive time in college admissions, but I have a very balanced list of schools and have worked closely with my college counselor. I feel positive there will be a good outcome because I like every school I am applying to. Would you please pass the green bean casserole?

Student Advice

- Know thyself/Be yourself
- You are in the driver's seat
- Be an informed consumer
- Do your research
- Don't let this process affect your self-esteem
- Focus on your needs
- Avoid the "rumor mill"
- Communicate
- You represent more than yourself in this process
- Don't soil the nest
- There are factors beyond your control
- Believe in yourself and find a college that will believe in you

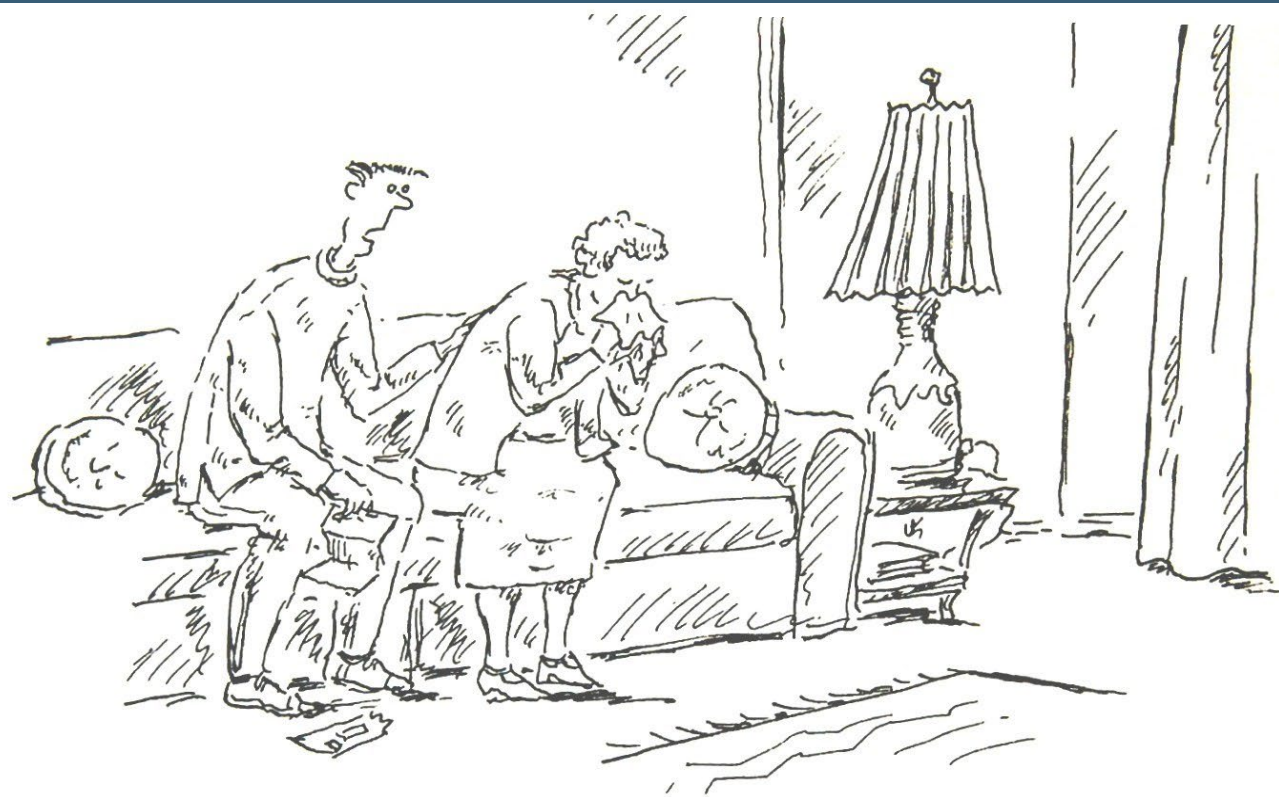
Parent Advice

- Be realistic
- Focus on the right fit
- Use many sources
- Help your child think about who he/she is
- Avoid the “rumor mill”
- Avoid pronoun confusion “we are applying”
- Value and celebrate these last two years
- Communicate
- An empty nest = an open field
- People whom you admire attended a range of colleges

Excellent Outcomes at Many Excellent Colleges

- | | | |
|----------------------|-----------------------------|---------------------------|
| • Amy Tan | Author | San Jose State University |
| • Kofi Annan | Former UN Secretary General | Macalester College |
| • Madeleine Albright | Former Secretary of State | Wellesley College |
| • Lin Manuel Miranda | Composer, playwright, actor | Wesleyan University |
| • Tina Fey | Actress | University of Virginia |
| • Warrant Buffet | Investor | University of Nebraska |
| • Vera Wang | Designer | Sarah Lawrence College |
| • Tim Cook | Apple CEO | Auburn University |

“It is not where you go to college, it is how you go to college.”



B. S m a l l e r

“Don’t cry, Mom. Lots of parents have children who didn’t get into their first-choice college, and they went on to live happy, fulfilled lives.”

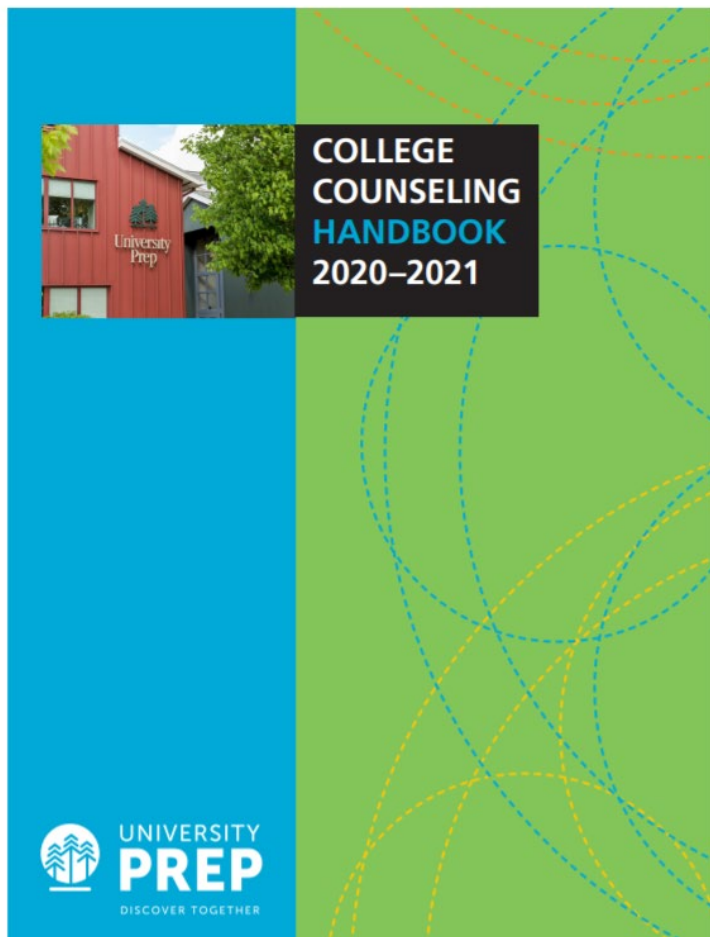
Recap!

- Set your intention
- Have fun – laugh
- Keep the “college chatter” to a minimum
- Communication
- Companionship

PART II: Timeline and a “To Do List”

- Resources
- Standardized Testing
- Events
- College Counseling & COVID19


Hot off the press: 2020-2021 College Counseling Handbook





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Check out our website!

**UNIVERSITY
PREP**
DISCOVER TOGETHER

  SEARCH

ABOUTADMISSION**ACADEMICS**ARTSATHLETICSSTUDENT LIFESUPPORT UPREP



Middle School

Upper School

College Counseling

College Counseling & COVID-19 FAQ's

SCOIR

College Placement

Helpful Links and Resources

For College Reps

Seattle-Area Summer Opportunities

Integrated Learning

Technology

Makerspace

Library

Daily Schedule

Intensives

Social Emotional Learning

COLLEGE COUNSELING

“When I visited my daughter at college, I saw a young woman able to handle whatever comes her way, who knows where to turn for support, and how to move forward. Thank you, UPrep.” *Parent of a recent UPrep alumna*

Helping students reach the next stage of their development – adulthood – is at the core of every interaction in UPrep’s College Counseling Office. What many describe as the busiest office on campus is frequented by juniors and seniors seeking individual college counseling, parents looking for resources to assist their students in the college planning process, and young alumni excitedly reconnecting with the college counseling staff.

The bottom line is that the College Counseling Office expertly demystifies the college process for our students and their families while simultaneously ensuring that they fare extremely well in their search and selection process. College information nights for juniors and seniors, more than 200 visits from college admissions officers from around the country and the world, and expert administration of standardized tests simply add to the many services the office provides.


Our Results

The results of our students’ college admissions results speak volumes about who we are as a school:

- Over the past 5 years, our students have matriculated at 130 different colleges in 33 states and 5 foreign countries. At the 40 colleges that generated the most applications (6 or more UPrep applicants), our Pumas acceptance rate was 60% whereas the overall national acceptance rate was 44%.
- Our diverse student body finds collegiate homes at a robust range of institutions, from Stanford to Syracuse, and from the University of Chicago to the University of Washington.
- Although we celebrate our students’ college outcomes, what we rejoice in the most is the lives of distinction our Pumas lead post-college. In employment ranging from medicine to the legal field and from education to global affairs, our alumni are forces for good and excellence in their chosen professions.

College Counseling at UPrep

Learn more about our program:



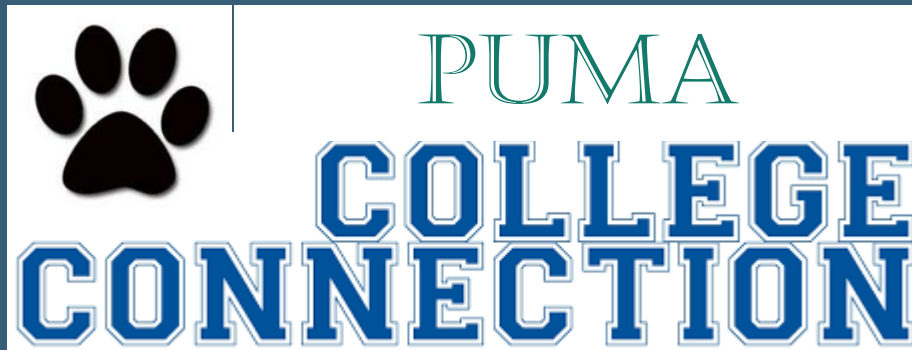
5 TIPS FOR HELPING TEENS WITH THEIR COLLEGE SEARCH

Helpful Handouts:

- College Admissions FAQ
- College Admission Landscape at UPrep
- College Process Overview and Timeline
- College Handbook 2020-2021
- Gap Years & Spring Admission
- Summer Opportunities Handout
- AP Registration

Presentations:

Other Resources



Middle School

Upper School

College Counseling

College Counseling & COVID-19 FAQ's

SCOIR

College Placement

Helpful Links and Resources

For College Reps

Seattle-Area Summer Opportunities

Integrated Learning

Technology

COLLEGE COUNSELING & COVID-19 FAQ'S

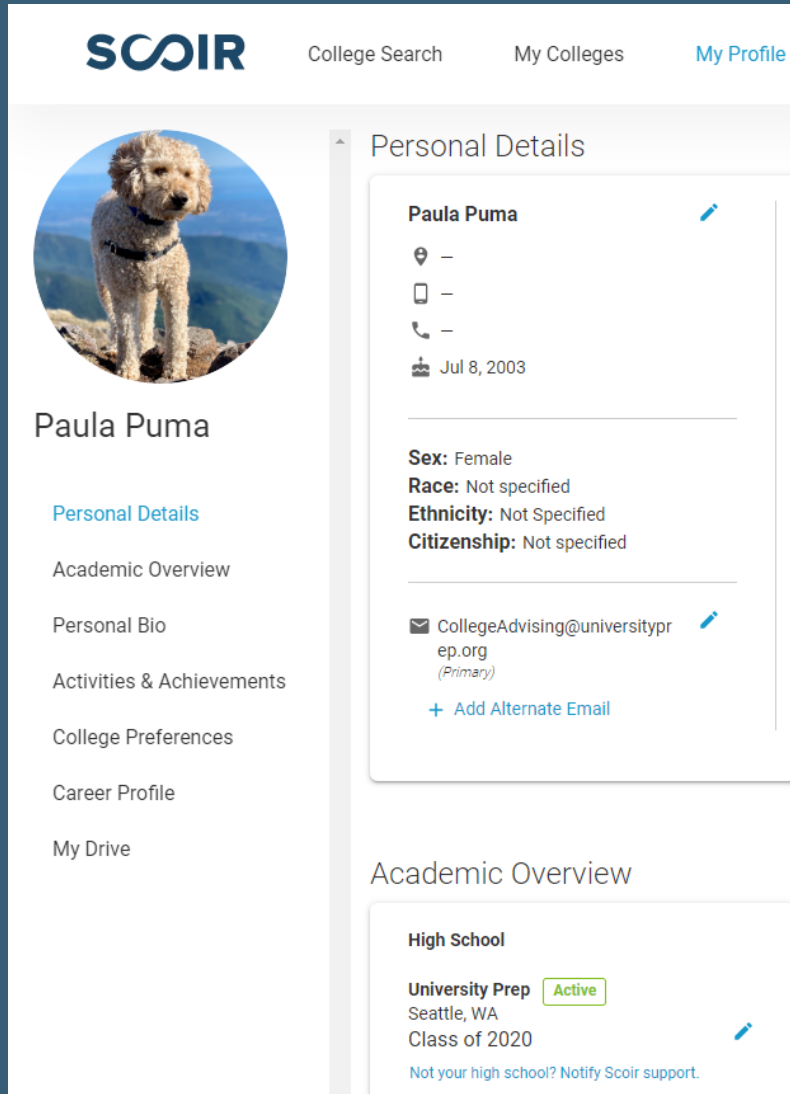
- > Will COVID-19 force colleges to close?
- > Where can I take the SAT and ACT this fall?
- > How do I know what a college's standardized testing policy is?
- > I've always heard that the campus visit is an important part of the admissions process, but how will I visit a campus if it's closed?
- > How do I "demonstrate interest" if I can't visit a college?
- > Are colleges still offering interviews?
- > Will UPrep still offer individual college visits?
- > We are worried about our family's financial situation and paying for college. What should we do?
- > Since I will not have a lot of co-curricular activities from last spring or this fall, will colleges review my application differently?

What is SCOIR?

The logo for SCOIR, featuring the word "SCOIR" in a bold, dark blue, sans-serif font. The letter "O" is stylized as an infinity symbol. The logo is centered within a white rectangular box.


- SCOIR is a new online college counseling platform
- Dynamic Search tools
- Linked to YouScience, a tool for linking strengths with careers
- Specific to UPrep
- See how your grades and test scores compare to previous college applicants from UPrep
- Surveys and search functions help you navigate the college process
- Students and parents have separate – but linked – accounts

How do I log in to SCOIR?



The screenshot shows the SCOIR user profile page for Paula Puma. The page has a dark blue header with the SCOIR logo and navigation links: College Search, My Colleges, and My Profile. The profile section on the left includes a circular profile picture of a dog, the name Paula Puma, and a list of menu items: Personal Details (highlighted), Academic Overview, Personal Bio, Activities & Achievements, College Preferences, Career Profile, and My Drive. The main content area on the right is titled 'Personal Details' and contains a form with the following information: Name (Paula Puma), Location (indicated by a location pin icon), Phone (indicated by a phone icon), Birthdate (Jul 8, 2003), Sex (Female), Race (Not specified), Ethnicity (Not Specified), and Citizenship (Not specified). Below this, there is an email field showing 'CollegeAdvising@universityprep.org' as the primary email, with a link to 'Add Alternate Email'. The bottom section is titled 'Academic Overview' and shows 'High School' information: 'University Prep' with an 'Active' status, 'Seattle, WA', and 'Class of 2020'. A link at the bottom says 'Not your high school? Notify Scoir support.'

SCOIR College Search My Colleges My Profile



Paula Puma

[Personal Details](#)

Academic Overview

Personal Bio

Activities & Achievements

College Preferences

Career Profile

My Drive

Personal Details

Paula Puma

—

—

—

Jul 8, 2003

Sex: Female

Race: Not specified

Ethnicity: Not Specified

Citizenship: Not specified

CollegeAdvising@universityprep.org (Primary)

[+ Add Alternate Email](#)

Academic Overview

High School

University Prep **Active**

Seattle, WA

Class of 2020

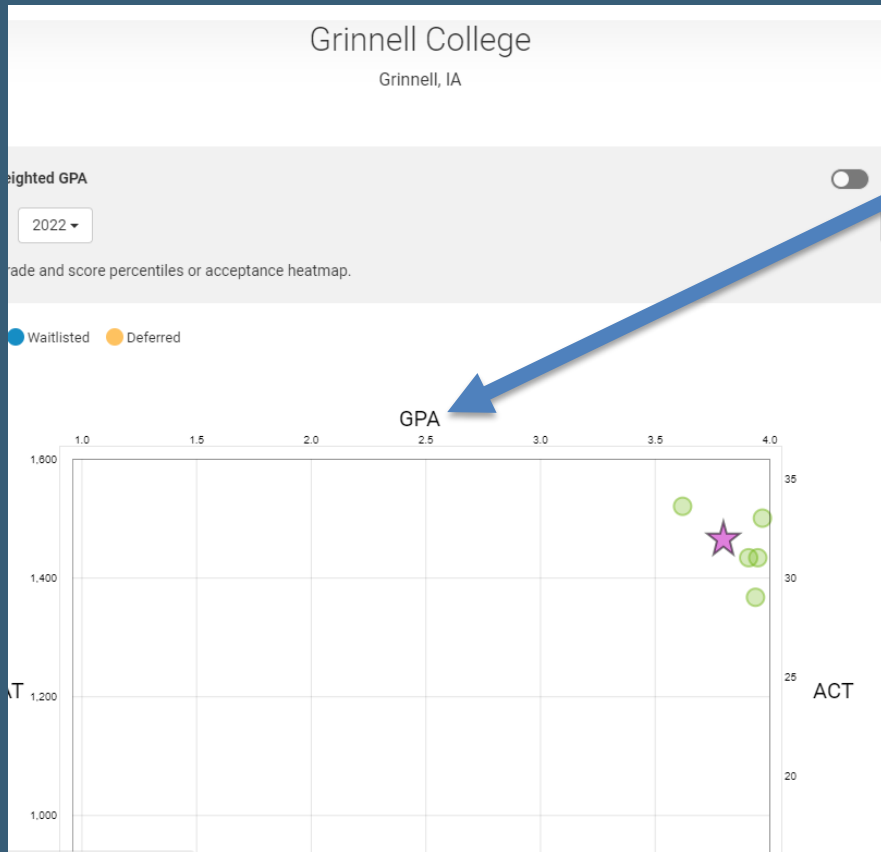
[Not your high school? Notify Scoir support.](#)

Students received passwords and logged into SCOIR in late August.

Parents, you should receive an e-mail asking you to join SCOIR. Please sign on within 72 hours. If not, we have to re-send the link.

Log in for students and parents is at www.scoir.com.

Click on a school, learn fun facts!



How does your GPA compare to other applicants who were admitted?

How many students from UPrep have applied in recent years? Did anybody enroll?

Is there a representative from the school coming to UPrep? Students can sign up!

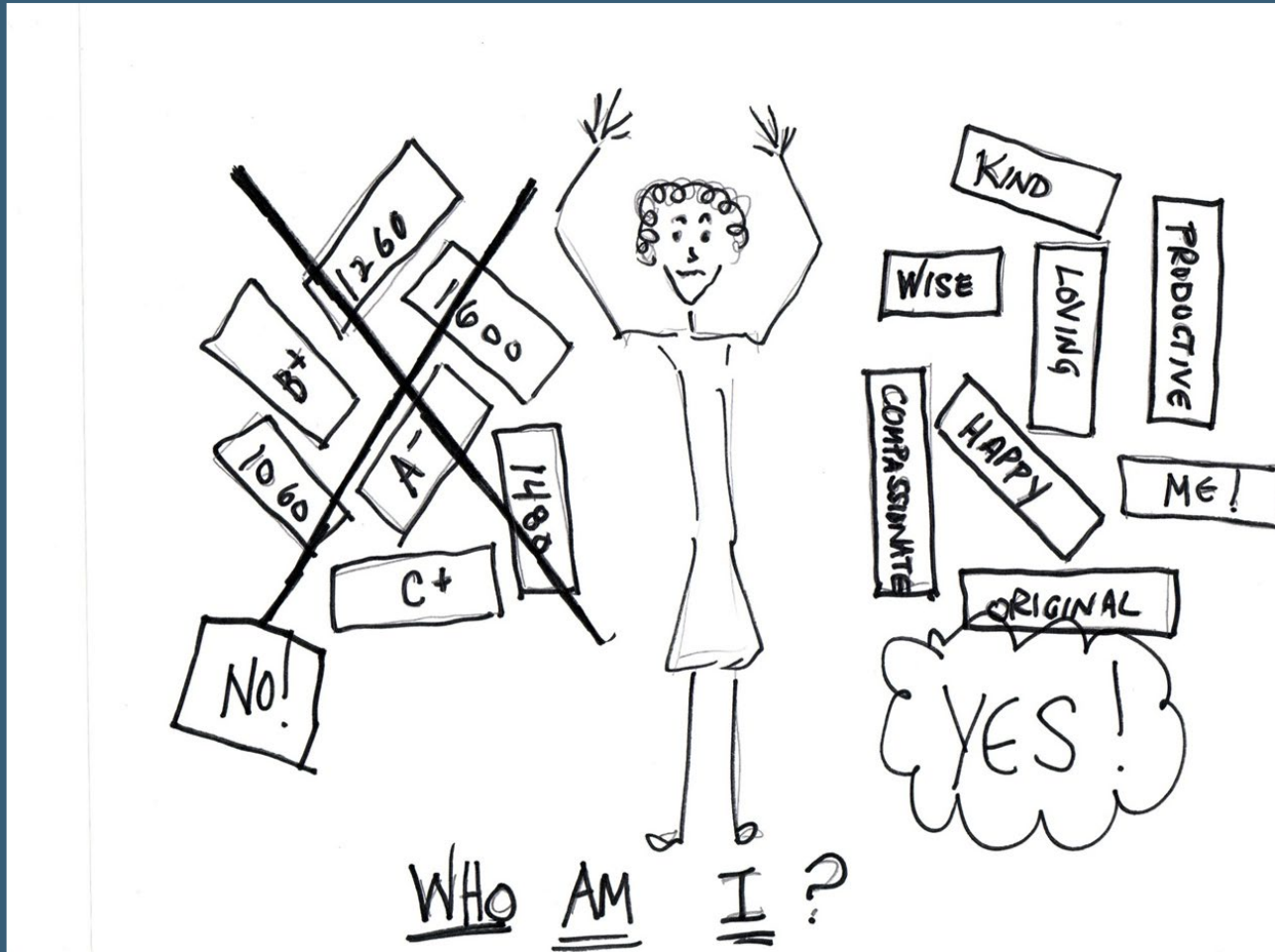
College Search Tab

The screenshot displays the SCOR College Search interface. At the top, the SCOR logo is on the left, and 'College Search' and 'My Colleges' are on the right. Below the logo, there are two tabs: 'Preference Search' (selected) and 'Advanced Search'. The main section is titled '135 Colleges'. On the left, there are several filter categories under a 'Must Have' star icon: 'Personal Interests & Activities' with 'hiking' selected; 'Academic Focus' with 'Psychology' selected; 'Distance/Location' with 'United States of America' selected; 'School Type / Religious Affiliation' with 'Public', 'Private - Not For-profit', and 'Not applicable' selected; and 'Campus Setting' with 'City', 'Suburban', and 'Town' selected. On the right, there are three college cards. The first card shows the logo of Northern Michigan University and the text 'Missing: Private - Not'. The second card shows the logo of the University of Oklahoma and the text 'Missing: Private - Not'. The third card shows the logo of the University of Louisville and the text 'Missing: Private - Not'. At the bottom, there is a taskbar with three open files: 'student-roster.csv', 'July 2019 Executi....docx', and an empty document icon.

Preference Search for
academic focus, personal
interests & activities,
distance & location, school
type (public vs. private),
athletics, etc.

Must have
Nice to Have
No thanks

Don't Lose Sight Of Who You Are



Where Should I Apply?

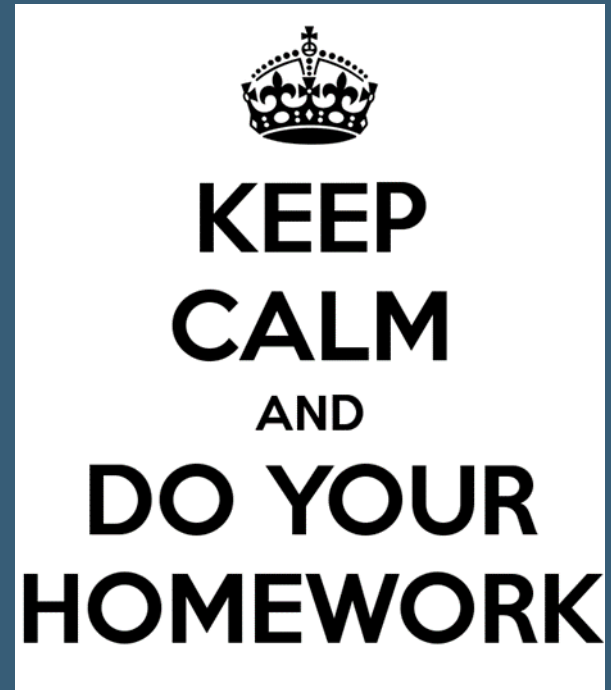
- A year from now, apply to between 6-12 schools.
- Don't fear the unknown
- We'll make sure you have a balanced mix of "likely," "possible" and "reach" schools.
- Right now, remain open-minded

Counselor Assignments

- Kelly and Britten work as a team (you will have one point person)
- College Counselor Assignment notification (early December)
- Student meeting first (December- January), then a family meeting (mid-January -March)
- We will help:
 - create a college list
 - develop a standardized testing game plan
 - brainstorm and edit personal statements & supplemental essays
 - review college applications
 - answer questions about financial aid
 - breakdown the college process into manageable chunks
- We write comprehensive letters of recommendations

Parents, you have Homework, too!

- Please fill out the Parent Questionnaire in SCOIR



KEY DATES:
Optional Socially Distant PSAT
Wednesday, 10/14/2020
Doors open at 8:15 am

Please bring the following:

- Complete attestation form prior to arrival on campus
- Face mask
- #2 pencils (not mechanical)
- Erasers
- Calculator
- Snacks
- Water bottle with straw
- Layered clothing (windows will be open)

All students are registered – please let us know if you DO NOT plan to test by Monday, October 5th

KEY DATES:

SAIS College Summit



Annie Wright School

The Bush School

Charles Wright Academy

Eastside Prep

Forest Ridge School

The Northwest School

The Overlake School

Seattle Academy

University Prep

Rainier Scholars

When: Sunday, October 18, 2:00 – 5:00 pm
Zoom link forthcoming

Panelist Topics:

- BIPOC in College
- Colleges in a Consortium
- Navigating Admissions Tests
- Class of 2021 and COVID-19: Knowns and Unknowns
- Honors Colleges and Programs/Schools within Schools
- Financial Aid
- STEM at Liberal Arts Colleges
- A Panel for Parents/Guardians
- Test-Optional Colleges

Speaking of Standardized Tests...

***Typical* Testing Schedule**

SPRING OF JUNIOR YEAR

SAT – March

ACT – April

AP Exams (optional) – May (Biology, Calculus, English)

Subject Tests (optional) – June

SUMMER BEFORE SENIOR YEAR

July ACT or August SAT

OR

FALL OF SENIOR YEAR

SAT *or* ACT (retake the test with highest score from junior year)

**KEY DATES: Second College Night
(Parents Only)
Wednesday, January 20th, 2021**

2nd Junior Parent College Night (parents only)

KEY DATES: Case Studies

Tuesday, April 20 or Wednesday, April 21



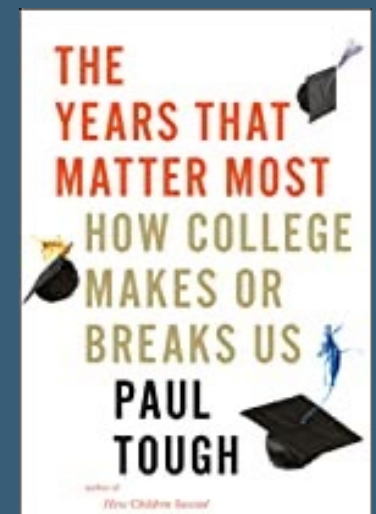
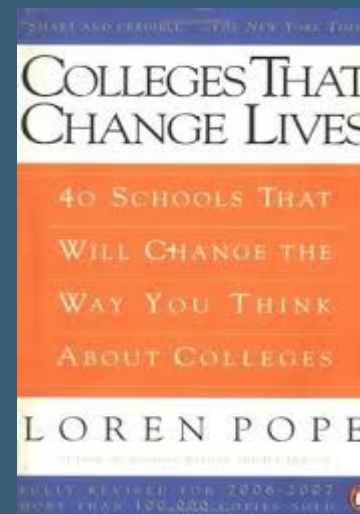
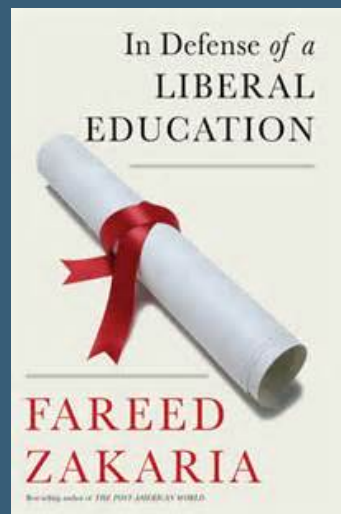
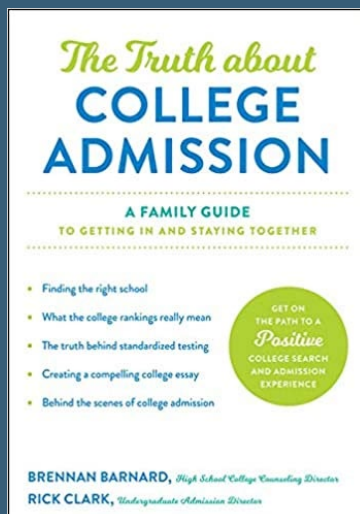
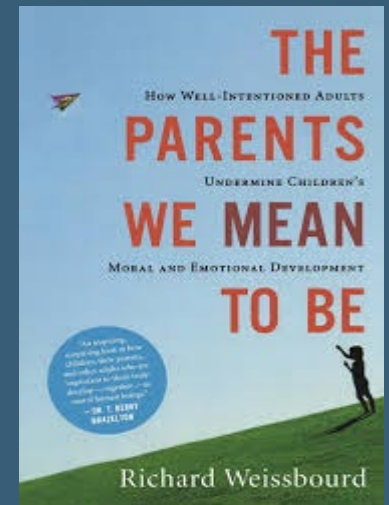
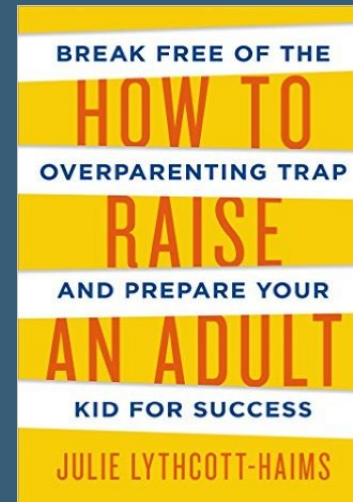
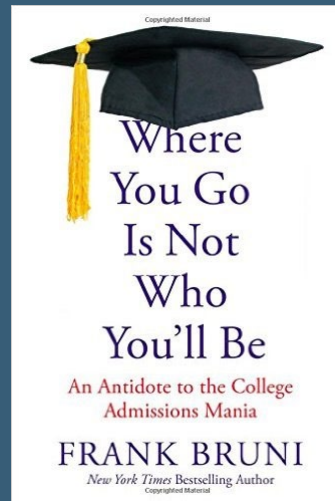
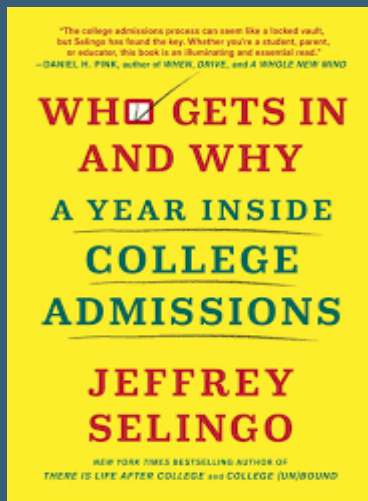
Joint Program with Bush, SAAS, Northwest and Bush

Families pick ONE night to attend, but can choose from either location!

Bush School: Tuesday, 4/21/20

U Prep: Wednesday, 4/22/20

College Process Bookshelf



Parting Thoughts

- Adopt a realistic approach to the college search.
- Redefine “best college” to “right college for me.”
- Concentrate on finding the right “accessible” college first.
- Ask for help.



Our Dynamic Duo Deans!



Eva Blanco Masias
Vice President for Enrollment
Santa Clara University



Jarrod Whitney
Assistant Vice President for Student
Affairs, Enrollment & Career Services
California Institute of Technology