



MAMARONECK UNION FREE SCHOOL DISTRICT HEALTH OFFICE

1000 W Boston Post Road
Mamaroneck, New York 10543

Dear Parent/Guardian,

Date: _____

Your child _____ has been sent home today with a symptom(s) of Covid-19. There are however several other illnesses that can cause this symptom(s). An evaluation from a Healthcare Provider (HCP) is required to determine the cause. This can be your child's Primary HCP or a HCP at an urgent care center.

See below for the sign or symptom(s) that your child displayed today (circled).

- A temperature greater than or equal to 100.0° F (37.8° C)
- Feel feverish or have chills
- Cough
- Loss of taste or smell
- Fatigue/feeling of tiredness
- Sore throat
- Shortness of breath or trouble breathing
- Nausea, vomiting, diarrhea
- Muscle pain or body aches
- Headaches
- Nasal congestion/runny nose

Mamaroneck Union Free School District **must follow** the most up-to-date NYSDOH and local Health Department guidelines for returning to school. **See the "My child has COVID-19 symptoms. When can they go back to school?" flow chart provided.**

Please note only Molecular PCR/RNA testing will be accepted for clearance to return to school.

Your HCP must complete the "Return to School Medical Clearance Documentation" or a similar written confirmation detailing the evaluation in accordance with the flow chart.

Documentation must be received and reviewed by the School Nurse BEFORE your child enters the building or rides the bus.



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RETURN TO SCHOOL MEDICAL CLEARANCE DOCUMENTATION (Completed by Health Care Provider)

Student's Name: _____ DOB: _____ GRADE: _____ DATE: _____

Date sent home from school or first day absent from school: _____

Date Symptoms First Appeared: _____

Molecular PCR/RNA COVID Test: _____ Antigen Test: _____

Date of test: ____ / ____ / ____

Results:

- Not Done
- Positive
- Negative
- Pending

Please Note Only Molecular PCR/RNA testing will be accepted for Clearance to return to school. Select one option below according to the NYSDOH Flow Chart

_____ Student found to have symptoms consistent with COVID. COVID testing was NOT done, student must stay home until 72 hours after fever has resolved and other symptoms have improved, with a MINIMUM of 10 days from the onset of symptoms.

_____ Student has a diagnosis of a known chronic condition with unchanged symptoms or a confirmed acute illness (example: positive strep test) and Covid is not suspected. **A note explaining the alternate diagnosis and confirmed lab report are ATTACHED as required.**

_____ Student has a NEGATIVE COVID test and must stay home until 24 hours after fever has resolved and symptoms have improved.

_____ Student has a POSITIVE COVID test and must stay home until 72 hours after fever has resolved and other symptoms have improved, with a MINIMUM of 10 days from the onset of symptoms and the local health department releases them from isolation.

_____ Student is asymptomatic but has a POSITIVE COVID test, must stay home for 10 days from the date of the test. If symptoms develop, the student must THEN stay home until 72 hours after fever has improved and other symptoms have improved, with a MINIMUM of 10 days from the onset of symptoms.

_____ Student has a known exposure to someone with COVID-19 and must quarantine for 14 days from the date of the last exposure, regardless of test results.

Health Care Provider's Name: _____ **STAMP**

Health Care Provider's Signature: _____



My child has COVID-19 symptoms. When can they go back to school?

HEALTHCARE PROVIDER (HCP) EVALUATION FOR COVID-19 (can be in-person or by video/telephone as determined by HCP)

HCP Recommends COVID-19 Diagnostic Test

OR

HCP Gives Alternate Diagnosis

COVID-19 Diagnostic Test Recommended but Not Done and No Alternate Diagnosis

Child is Not Evaluated by HCP

STAY OUT OF SCHOOL
and in isolation until test result is back

Positive Test Result

Negative Test Result

Your local health department will contact you to follow up.

Your child must remain in isolation (at home and away from others) until your local health department has released them from isolation, which is typically:

- 10 days after symptom onset; **AND**
- Child's symptoms are improving; **AND**
- Child is fever-free for at least 72 hours without use of fever reducing medicines.

While your child is in isolation, **all members of the household must quarantine at home until released by the local health department**, typically 14 days.

Note: A repeat negative COVID-19 test is not required for return to school.

If your child's HCP provides a diagnosis of a known chronic condition with unchanged symptoms, or a confirmed acute illness (examples: laboratory-confirmed influenza, strep-throat) **AND** COVID-19 is not suspected, then a note signed by their **HCP explaining the alternate diagnosis is required** before your child will be allowed to return to school. They may return to school according to the usual guidelines for that diagnosis.

Note: a signed HCP note documenting unconfirmed acute illnesses, such as viral upper respiratory illness (URI) or viral gastroenteritis, will not suffice.

Your child must remain in isolation at home and is not able to go back to school until your local health department has released them from isolation, which is typically:

- At least 10 days have passed since date of first symptoms; **AND**
- Child's symptoms are improving; **AND**
- Child is fever-free for at least 72 hours without use of fever reducing medicines.

COVID-19 diagnostic testing includes molecular (e.g., PCR) or antigen testing for SARS-CoV-2, the virus that causes COVID-19. Diagnostic testing may be performed with a nasopharyngeal swab, nasal swab, or saliva sample, as ordered by the health care provider and per laboratory specifications. At times, a negative antigen test will need to be followed up with a confirmatory molecular test. Serology (antibody testing) cannot be used to rule in or out acute COVID-19.