



2020 FREDERICA ACADEMY VARSITY XC

| DAY | DATE | OPPONENT | LOCATION | TIME |
|------|-------|--------------------|----------------|----------------------|
| SAT | 8/29 | Pinewood Christian | Glennville, GA | 9:00 (B) (G) |
| THUR | 9/3 | Wayne County | Jesup, GA | 4:30 (B) 5:00 (G) |
| THUR | 9/24 | Honey Ridge 5K | Guyton, GA | 5:00 (G) 5:30 (B) |
| THUR | 10/1 | Wayne County | Jesup, GA | 4:30 (B) 5:00 (G) |
| SAT | 10/10 | State PREVIEW Meet | Macon, GA | 9:00 (G) 9:30 (B) |
| TUE | 10/20 | Regions | Dublin, GA | TBA |
| SAT | 11/7 | States | Macon, GA | TBA |

Head of School: Scott Hutchinson

Athletic Director: Carl Nash

Head Coach: Al Stasko

Update 10/5/20

HOME OF THE KNIGHTS

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