



COAST UNION HIGH SCHOOL

# STUDENT SUPPORT COUNSELING



*Does your student need someone to talk to?*

## **WE ARE HERE TO HELP THEM!**

Want to get them involved in Social & Emotional Counseling? It is a free and confidential service available to your student via Zoom. Just ask a teacher or admin for a referral today!

What we can help your student with:

- Stress
- Depression
- Anxiety
- Isolation
- Peer conflicts
- LGBT+
- Substance & Alcohol Abuse
- Vaping
- Coping Skills
- Emotional Regulation
- Peer connections
- So much more!



Behavioral Health Department  
Prevention & Outreach

