

## **Wingate University Isolation & Quarantine Guidelines for Spring 2022**

### **1. Isolation Guidelines for Employees and Students:**

- a. Isolate for 5 days from symptom onset or from test date if asymptomatic. **Must isolate through day 5**. On day 6, the patient will receive a rapid antigen covid test. If the test result is positive, the patient will continue to isolate until day 10. If the test result is negative, the patient can end isolation, but continue to wear a [well-fitting mask](#) around others at home and in public until day 10. If asymptomatic when tests positive, but develops symptoms after, their isolation starts over with their symptom onset (this would be day 0).

### **2. Quarantine Guidelines for Employees and Students:**

- a. If you came into close contact with someone with COVID-19 and you are in one of the following groups, you do not need to quarantine:
  1. You are ages 18 or older and have received all [recommended vaccine doses](#), including [boosters](#) and [additional primary shots](#) for some immunocompromised people.
  2. You are ages 5-17 years and completed the [primary series](#) of COVID-19 vaccines.
  3. You had a confirmed case of COVID-19 within the last 90 days & are asymptomatic.
  4. You are considered up to date with your Covid vaccine if still within 5 months of your primary series of Pfizer or Moderna, 2 months of the J&J vaccine, or if you have received a booster dose.
- If you fall into one of the groups listed above, you should wear a [well-fitting mask](#) around others for 10 days from the date of your last close contact with someone with COVID-19 (the date of last close contact is considered day 0). [Get tested](#) on day 6 after you last had close contact with someone with COVID-19.
- If you tested positive for COVID-19 within the previous 90 days and subsequently recovered and remain without COVID-19 symptoms, you do not need to quarantine or get

tested after close contact. You should wear a [well-fitting mask](#) around others for 10 days from the date of your last close contact with someone with COVID-19 (the date of last close contact is considered day 0).

**Employees & Students who are not up to date with their vaccination status, are unvaccinated, or have not contracted COVID-19 within the last 90 days, should:**

- i. Stay home and away from other people for at least 5 days (day 0 through day 5) after your last contact with a person who has COVID-19. The date of your exposure is considered day 0. Wear a [well-fitting mask](#) when around others at home, if possible.
- ii. If you develop symptoms, [get tested](#) immediately and isolate until you receive your test results. If you test positive, follow [isolation](#) recommendations.
- iii. If you do not develop symptoms, [get tested](#) on day 6 after you last had close contact with someone with COVID-19. If you test negative, you can leave your home, but continue to wear a [well-fitting mask](#) when around others at home and in public until 10 days after your last close contact with someone with COVID-19.

**3. Guidelines for Students On Clinical Rotations With No On-Campus Classes**

- Health science students who reside in on-campus housing will be required to follow University policies for isolation and quarantine.
- Health science students who reside in off-campus housing, will follow their clinical site's Covid policies on isolation and quarantine. If their clinical site does not have a policy on isolation and quarantine, the student will follow the University's policies.