



# Lynch Hill School Primary Academy Newsletter



Issue: 05

*Aim High, Work Hard, Care Deeply*

02<sup>nd</sup> October 2020

## A message from Mrs Tomlinson...

I hope you have all had a good week. It is hard to believe that school has now been open for a month and that we are fast approaching the end of Autumn 1. Each day, I have to send our attendance figures to the DfE (Department for Education) and I have to say that I am incredibly impressed with our September attendance. In a time of such uncertainty, to have attendance sitting at over 96% is really something to be proud of. I certainly hope that this will continue but must be mindful of what the picture of Covid cases across Slough will look like in the weeks ahead. A number of parents have asked about what will happen if a positive case is confirmed here at the primary school. As a school leader, I strongly believe in transparency and am more than happy to share the procedure that we have to follow.

On receiving information of a positive case, we have to contact the DfE helpline to report this. They will then undertake an assessment to determine if further members of the school community need to self-isolate and, if so, who those members are and for how long they will need to remain in self-isolation. This decision will be determined by the level of close contact the positive case is likely to have had with others. Once we have received the DfE's decision and guidance, we will contact the parents/carers of those children directly impacted and then communicate with all parents and carers across the whole school. For those told to self-isolate this will, of course, be hugely inconvenient and not what anyone wants but we must follow the guidance and understand that to ignore it is irresponsible, potentially putting the lives of others at risk and effectively breaking the law. It is so important that we all work together and therefore we ask that you inform us of any household members who are symptomatic and follow all self-isolation guidance, and that you tell us of any positive case(s) immediately.

Staff receive feedback directly from a number of parents each morning or afternoon at the classroom doors and at the gates but we are keen to ensure we provide an opportunity to capture the feelings of all parents and carers regarding

how you feel the return to school has gone. Hopefully, you will have received a text with a link to an online form and I would be very grateful if you could spend a few moments considering the questions and offering a response. Once we have received the feedback, we will be able to collate the information and strive to make further improvements.

Finally, along with this week's newsletter, we are once again attaching information on the new HRSE (Health Relationships & Sex Education) that has become statutory from September. There are a number of new families to the school and having this information is important. Many of you will remember that we had intended to host information sharing sessions at the end of the spring term and a number of you had signed up to attend. As these were unable to happen, we took the questions that some parents posed, along with other frequently asked questions and presented our school response. I have also re-attached some information leaflets from Jigsaw PSHE, which is the scheme that we are using to teach PSHE at Lynch Hill and will now use for the teaching of relationships and sex education. I hope you will find these documents useful. If, after reading the information provided, you have further questions about lesson content or the resources used, please email the school and the questions will be forwarded to Year Leaders and to our PSHE lead.

Thank you as always for your support.

*Lindsey Tomlinson*

## Remember:

Only one parent/carer should be dropping off or collecting each day. Older siblings in upper KS2 or secondary school should wait outside when younger siblings are being dropped off or collected. No bikes or scooters to be parked on the school site at this time  
Let's minimise the risks and keep everyone safe

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## Helping your child feel safe – part 3

Over the last few weeks, we have been thinking about how to promote feelings of safety in our children. We have looked at *organising the nervous system* and *reducing sensory overload*. In part 3 we are looking at *reducing confusion*.

It is really important that we support our children with their expectations of their day to day life. We all feel safer when we know what is going to happen, otherwise our nervous system prepares for any unexpected danger and this produces the stress hormone cortisol. This might look like our children being ‘wired’ or hyper, overexcited bodies and voices, deliberately provoking others into irritation, or extreme lethargy or reluctance to do anything. This is a way children attempt to control their feelings of confusion over the unknown, either by making everything go their own way (so they know what will happen) or by refusing to engage with what is going on (so as to avoid the likelihood of encountering danger). As adults it can be obvious that there is no actual danger, and it may not occur to us that children do not know what the day’s plans look like, after all, we know so we assume they know too! But it’s important to remember that our nervous system is a hard-wired response and children cannot control their innate need to reduce confusion.

Fortunately, the solution can be simple:

- Providing routines which are regular and predictable helps reduce confusion.
- Include visual strategies such as a picture social story of what happens each day, or a list to help older children remember what they need for the school day.
- Break down every step (“Get ready to go” might actually mean, “Find your school bag, water bottle, go to the toilet and put your shoes and coat on”)
- Slow down! Allow plenty of time for everything that needs to happen in each day. If there is not enough time, consider what you can take away. Overwhelmed children quickly escalate.
- Practice beforehand. If something new is going to happen, explain and practice first!



## COVID Guidance for Parents

The Government have provided translation of guidance for parents and carers on early years providers, schools and colleges in the autumn term

- [Arabic](#)
- [Bengali](#)
- [Chinese – traditional](#)
- [Chinese – simplified](#)
- [French](#)
- [Gujarati](#)
- [Polish](#)
- [Portuguese](#)
- [Punjabi](#)
- [Romany](#)
- [Somali](#)
- [Turkish](#)
- [Urdu](#)

If you are viewing this newsletter online, please click on the relevant language and you will be taken to the translated document.

## Thought for the Week

Our IPC learning goal this week is: Thoughtfulness



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## Childhood Flu Immunisations

You will soon receive an email and information pack regarding the 'flu imms' which will take place in school on **27<sup>th</sup> November**. We know that many of our families are uncertain whether to allow their child to have the nasal spray for religious reasons.

### Guidance on alternatives for parents and carers

The flu nasal spray (Fluenz Tetra) is the most effective vaccine to protect children and the wider community against flu. Research has shown that for a nasal spray provides children with better protection against the circulating flu viruses compared to an inactivated vaccine. However, in order to prevent localised outbreaks this winter, an alternative vaccine in the form of an injection may be offered to children whose parents refuse the live attenuated influenza vaccine (LAIV) due to the porcine gelatine content. Parents or carers concerned by the LAIV nasal spray can contact the immunisation team on **0300 365 0077** to discuss an alternative porcine free vaccine.

## Britwell Churches Light Fair

The Britwell churches are putting together an online version of the Light Fair they have run over the past few years. The plan is to put a number of pre recorded craft activities online, for children to do over half term. Then, at **5.00 pm on Saturday 31st October** they will be live streaming a programme on Youtube, which families will be able to view. At the same time they will have people filming on the streets in the local area. The idea is that families will be able to go to their front doors as the filming team passes. This will enable children to show their craft activities, fancy dress and to be given a treat bag. These short slips will be included in the live stream.

The link for the YouTube channel won't be available till next week and we will let you know in next week's newsletter.

## The Autism Group

This group have been commissioned to deliver free autism information to parents in East Berkshire by way of our Talks with TAG and also 1-1 tailored support sessions. We are able to offer support to those whose children have a diagnosis **or** awaiting an autism assessment.

They are available to offer 1-1 support sessions for parents wanting more tailored information and tips about supporting their child. These are not yet

face to face but being offered by phone or zoom. Although they are not visiting homes, their support still follows the same pattern outlined in the flier below. More details are on their website:

[www.theautismgroup.org.uk](http://www.theautismgroup.org.uk)

The Autism Group @ Home Service 

This free service offers 1:1 support to parents and carers of individuals up to the age of 25 who are either on the ASD diagnostic pathway awaiting assessment or who already have a diagnosis (new or a while ago).

We aim to build parental knowledge, skills and confidence to support a family member.

An initial phone call (or email if preferred) is followed by two visits from a qualified autism professional who is also a parent of someone on the autism spectrum. Each session lasts up to 2 hours.

**1st** To listen and respond to specific areas of difficulty by suggesting tried and tested strategies aimed at improving communication, behaviour or well-being for those on the spectrum. Our team members are friendly, professional and easy to talk to.

**2nd** A follow up visit 6 – 8 weeks later to provide an opportunity to discuss, reflect and assess the effectiveness of suggested approaches. This also gives us an opportunity to share local information and useful sources of support.

To access this free service or ask any questions, please contact:

The Autism Group on 07423 636339  
Or email Tricia Kempton at [tricia@theautismgroup.org.uk](mailto:tricia@theautismgroup.org.uk)  
Check out our other services at [www.theautismgroup.org.uk](http://www.theautismgroup.org.uk)  
or Facebook [www.facebook.com/theautismgroup](https://www.facebook.com/theautismgroup)

Charity registration 1166787  
Published June 2019



This service was commissioned by the CCG in the East of Berkshire

## We Are Now Cashless – are you signed up to SchoolMoney?

If you need help logging on, our friendly and approachable office staff will be pleased to help you. The **ONLY** cash we will be taking in the near future is:

- Non-uniform donations
- cake sales
- fairs

Everything else should be paid for on SchoolMoney.

Please also be aware that we can no longer accept **childcare vouchers** for music lessons and school trips (the auditor has spoken!) We can only accept them for Funzone, breakfast club and Extended nursery and after school clubs.

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## Birthday Sweeties!

If you would like to celebrate your child's birthday by bringing in sweets for children in their class, please be aware that we need to have them in school for 72 hours before we can hand them out. For this reason, we will not be able to distribute cakes. Note also, that some of our children are not able to eat Haribo/jelly sweets so please bear this in mind when providing the goodies! Thank you.

## Reception Admissions for September 2021

If you have a child who was born between 1 September 2016 and 31 August 2017, you must apply for a Reception school place for September 2021 through Slough Borough Council

Borough Council

Reception applications:

- Opens - Saturday 12 September 2020
- Closes - Friday 15 January 2021.

More information is available online:

<http://www.slough.gov.uk/schools-and-learning/school-admissions.aspx>

Our Admissions criteria is available on our website:

<https://www.lhsprimaryacademy.org.uk/statutory-information/statutory-information>

Please be aware that, due to the current circumstances, we will not be offering tours of our Reception class or school. Instead, we have a video tour available on our website:

<https://www.lhsprimaryacademy.org.uk/returning-to-school/early-years-tours>

## Secondary School Applications

If you have a child who was born between 1 September 2009 and 31 August 2010 (i.e. they are now in Year 6), you must apply for a Year 7 school place at secondary school for September 2021

Secondary school/Year 7 applications:

- Opens - Saturday 12 September 2020
- **Closes - Saturday 31 October 2020.**

More information is available online:

<http://www.slough.gov.uk/schools-and-learning/school-admissions.aspx>

<https://www.activemovement.co.uk/>

## We are a Nut and Seed Free School

A reminder to parents that no nut products of any kind should be brought in to school. We have a number of children and staff with life threatening allergies to the point where even the odour of nuts can induce a reaction. Thank you for your co-operation.



## Important Dates for Your Diary

Friday 16 October	Non-uniform day End of Term 1 - <b>FULL DAY</b>
Monday 19 October – Friday 30 October	Half Term
Monday 2 November	Inset day
Tuesday 3 November	Children return to school
Friday 13 November	Non-uniform day – Children in Need
Friday 27 November	Flu Nasal immunisations
Friday 18 December	Non-uniform day End of Term 2
Monday 4 January	Inset day
Tuesday 5 January	Children return to school

## 11+ Testing

Please note that when you fill out the green leave of absence forms for the test date that only ½ day will be authorised and your child is expected to be back in school for at least one registration mark unless you are applying out of the county and you need to travel.

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### EYFS Head-teacher Awards given to one child for achievement

RP	Avik Varala	for	His wonderful manners and for being so cheerful every day.
RK	Ruben Birring		His excellent number work during Maths.
RD	Daniel Kahlon		Sharing his knowledge about corona virus.
RB	Aarini Kumar		Excellent handwriting and talking so beautifully about her family.

### EYFS Praise Awards given to two children for achievement

Red	Kara Hill	for	Being amazing during learning input.
	Maria Besbas		Being a helpful and kind friend.
Blue	Phoebe Creed		Being super helpful.
Green	Saif Rafique		Having a great start to nursery.
	Ayaansh Raparathi		Coming to nursery with a smile and willingness to learn.
Yellow	Rayn Khalid		Creating some super pieces of artwork this week.
	Syed Rizvi		Settling very well into nursery and exploring all areas confidently.
RP	Emily Rose Wilks		Always being so kind and helpful to others.
	Patrick Lawrence		Excellent effort in his letter formation.
RK	Catherine Carr		Her wonderful enthusiasm practising her phonic sounds.
	Leo Waul		Showing a positive attitude coming into school.
RD	Rabia Hussain		Great number writing.
	Noah Stenning		His wonderful communication skills.
RB	Noah Rusu		Super helping and sharing news about his family.
	Hazim Pallikkathodi		Excellent number skills and letter formation.

### KS1 Head-Teacher Awards given to one child for achievement

1N	Isaam Ahmed
1K	Arissa Hussain
1L	Daniel Okoto
1W	Ibrahim Gondal
2G	Pierre Albrecht
2H	Aysha Noori
2M	Verity Anne Ford
2R	Lasya Sanagala

### KS1 Praise Awards given to two children for achievement

1N	Prisha Karalkar	for	Her exceptional attitude in all that she does.
	Safa Khan		Being a very responsible and friendly member of 1N
1K	Rommel Lake		Being an all-round superstar – always listening and trying his best.
	Maise Wild		Being a good friend and sitting beautifully in carpet.
1L	Kayla Wallis		Being helpful & being a fantastic tidier
	Aisha Syed		Always listening in class and trying her best to work independently.
1W	Penny Cooper		Excellent maths work this week.
	Hiba Kaur		Settling so beautifully at Lynch Hill this week
2G	Aarohi Bachu		Trying her hardest in all her lessons this week.
	Insuya Murtaza		Really working hard to be more independent in maths.
2H	Elina Jain		Always giving everything her best effort.
	Alison Sahaye		Excellent effort in Maths.
2M	Ilyas Chagra		Always trying his best to complete his work to a good standard.
	Leya Yonkio		Demonstrating excellent behaviour for learning at all times.
2R	Jivesh Kumar		For always trying his best. Jivesh is a quiet independent learner who co-operates beautifully with others.
	Arissa Rahman		Being a very kind and generous member in 2R and always doing things with a smile on her face.



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### KS2 Praise Awards given to two children for achievement

3R	Nafeesa Gull	for	For working well with a partner and sharing ideas during Maths lessons.
	Kaiden Raun		For working well with a partner and sharing ideas during Maths lessons
3P	Lexie Galvin		For doing her best in all lessons but specially in Maths. Well done!
	Jay Paris		For being a role model for every single child in Year 3
3A	Dawid Rzepecki		For consistently being a well behaved and hardworking member of the class.
	Shannon Potter		For being creative and producing a high standard of artistic work.
3B	Panav Ganta		Always being able to make us all laugh with his amazing sense of humour
	Harjas Dugal		Being a consistently well-behaved pupil, showing an eagerness to learn
4H	Fayth Wallis		Being on task this week and focusing on her own work.
	Suhayb Ahmed		Showing resilience and sharing his sentence with the class.
4D	All of the class		For being resilient this week, adapting to changes and very determined to complete all lessons to the best of their ability
4O	Henry Hood		For putting extra effort in completing his times table tasks
	Avnit Batra		For always following instructions and being a good role model to his peers.
4P	Tommy Heath		For his excellent effort in maths lessons
	Matthew O'Brien		For always following instructions and showing great resilience in maths lessons
5A	Rumbi Chademunhu		For being so resilient. Well done Rumbi and keep it up!
	Kiann Richardson		For trying so hard in each lesson and being proactive. So proud of you Kiann!
5S	Anum Zaman		Always trying hard in lessons
	Priyahasini Muthuramalingam		For her positivity and cheerfulness
5P	Sridivith Garapti		Being a resilient learner and sharing ideas during topic lesson.
	Taya Barker		Showing sincere effort and engagement in maths lessons.
5T	Daniel Iwe		Having great enthusiasm towards learning, participating in every lesson giving 100%!
	Erin Callaghan		Showing great resilience in maths, particularly with multiplication problems.
6D	Mawuena Akoun		Giving her 100 percent in all tasks with a smile
	Akiva McIntosh		Working very hard in all her maths lessons
6P	Fayzaan Baig		Going the extra mile and completing research at home about a science topic that interested him. Fab enquiry skills!
	Evie Henry	Excellent reading, a fabulous piece of science about the body & for trying so hard in class.	
6S	Chloe Ntettou	Supporting her maths partner in short division tasks	
	Dylan Makoni	Having resilience in maths lessons and mastering multiplication and division	
6J	Erhem Amin	Always working so hard in Maths lessons	
	Jamal Sheikh	thoughtful and detailed answers when studying the brain	

### KS2 Head-Teacher Awards given to one child for achievement

3R	Muhammad Mubashar	for	For his enthusiasm and positive attitude to school and learning.
3P	Kaaviyan Kamalathanan		For being an outstanding student and an adorable child!
3A	Keshigan Ragumaran		For consistently being a well-behaved member of the class and having a fantastic work ethic.
3B	Edward Wignall		Showing extreme kindness towards another child which cheered them up
4H	Jamal Jones-Fadayomi		Courageously and willingly sharing his Math aptitude with his peers.



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4D	Kartik Vigneswaran	For always trying his best in all lessons
4O	Gurjovan Lehal	For giving 100% effort to all lessons and tasks. This week, he has tried exceptionally hard at identifying the language the author has used to create an atmosphere in a text.
4P	Safaa Saghir	For having an excellent attitude towards learning and her engagement in lessons
5A	Zaisham Nawaz	For his enthusiasm and positivity toward leaning in school all the time! So proud of you!
5S	Sarthak Rawat	For his hard work and positive outcomes in all lessons
5P	Jacob Mace	Showing enthusiasm and positive attitude towards learning.
5T	Lexie Maringa	Excellent participation in all lessons, sharing her wonderful ideas with the class. Keep up the outstanding work!
6D	Felicity- Mai Ford	Love for learning, enthusiastically participating in discussions and completing her tasks to an outstanding standard.
6P	Maddie Lovett	Her enthusiasm and participation in class discussion.
6S	Emily Laws	Being a diligent member of 6S and working hard in all lessons
6J	Myra Khan	writing wonderfully detailed answers during comprehension and always being a role model for the rest of the class.