

Family Life Education

Grades 6 - 8



<http://www.nhcs.net/familylife/>

Mission Statement:

The mission of the Family Life Education Department is to provide a medically accurate and age-appropriate human development and sexuality education that encourages parent/child communication, promotes abstinence and enables students to make responsible decisions regarding their health and sexuality.



Don't be scared!

History:

- 1981: Gr. 5
- 1985: Gr. 6 (Stepping Stones)
- 1990: Gr. 7 (Stepping Stones)
- 1992: Gr. 8 (Stepping Stones)
- 1993: Gr. 6-8 (AUM program: BOE initiated)

NORTH CAROLINA TEEN PREGNANCIES HIT RECORD LOW FOR 9TH CONSECUTIVE YEAR



to the lowest rates in recorded history.

Teen pregnancy rates fall

North Carolina:

- 1981: 91.5 per 1000
- 2018: 24.6 per 1000

New Hanover County:

- 2018: 14.8 per 1000

SHIFTNC 2018

Options: (*3)

- *Stepping Stones to Better Living*
- *My Life: Choices Today for a Healthy Tomorrow*
- Opt Out

*We're not aware of any other counties in the state that offer a two-track sexuality education program.

Family Life Teachers: (5)

- Certified Health Educators
- Licensed in NC

TEACHER: *MY LIFE*

James Castiglione

- Murray
- Noble
- Trask
- Williston
- Holly Shelter
- Roland Grise
- Myrtle Grove

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TEACHERS: *STEPPING STONES*

Suzanne Tadlock

- Holly Shelter
- Trask
- Williston

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TEACHERS: *STEPPING STONES*

Lauren Tyson

- Holly Shelter
- Myrtle Grove
- Murray

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TEACHERS: *STEPPING STONES*

Margie Shuffler

- Noble

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TEACHERS: *STEPPING STONES*

Jenn Tucker

- Roland Grise

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Logistics

- Offered in all grade levels (6-8)
- Parental consent must be on file (BOE policy)
- “Sign-Up Process”
 - Election cards
 - PowerSchool (online)
- Pulled from PE/Health
- 7 - 14 days
- Students receive a grade for course

TOPICS: *STEPPING STONES*

GRADE 6

Self Esteem
Puberty
Gender Roles and Inclusion
Reproductive Systems
How Life Begins
Fetal Development
Childbirth
Resources for Safety
HIV/AIDS
Abstinence
Consent
Parent/Child HW

GRADE 7

Abstinence
Media Influences
Healthy Relationships and Consent
Gender Roles and Inclusion
Sexual Orientation
Ways to Express Affection
Pressure Lines & Refusal Skills
Group Dating
Sexual Harassment
Technology Safety
Review: Puberty & Reproductive
Systems
Contraceptive Education
STIs and HIV/AIDS
Parent/Child HW

GRADE 8

Abstinence
Healthy Relationships
Gender Roles and Inclusion
Sexual Orientation
Setting Personal Limits
Assertive Communication &
Refusal Skills
Safety in Dating
Consent
Sex Trafficking
STIs and HIV/AIDS
Cancer Self-Exams (same sex classes)
Contraceptive Education
Parenting/Egg baby project
Parent/Child HW

TOPICS: *MY LIFE*

GRADE 6

Goal Setting
Friendships & Decision Making
Physical Changes (Puberty)
Male Reproductive System
Female Reproductive System
Personal Safety & Technology
Sexual Harassment & Abuse
Effective Communication

GRADE 7 (Coed)

Advantages of Abstinence
Goal Setting
Pressure Lines & Refusal Skills
Review: Reproductive Systems
Dating & Family Standards
Healthy & Unhealthy Relationships
Sex Trafficking
Cycle of Violence and Abuse
Culture & Media Influence
STIs and HIV

GRADE 8 (Coed)

Advantages of Abstinence
Social, emotional, physical,
financial, legal consequences of
teen sex
Responsibilities of parenting
STD/HIV
Sexual Abuse, Rape & Statutory
Rape
Sex Trafficking
Advocacy: advice scenarios



What is the difference between the two programs?

Contraceptive education is included in the Stepping Stones curriculum in grades 7 and 8.

My Life discusses the typical-use failure rate among teens in grade 8. (CDC stats)

If my child does not take a program, what will he/she do while others are in participating?

Your child will remain in Health/Physical Education.

What will be covered in the Gender and Sexual Orientation lessons? (Stepping Stones Only)

Medically accurate, basic terminology is covered as determined by the National Sexuality Education Standards. These standards promote healthy relationships no matter one's gender identity or sexual orientation. The outcome is to create an inclusive environment promoting equality among all students.

Does our child HAVE to take one of these classes?

No. You can choose to OPT OUT of Family Life Education.

The material covered in these programs is part of North Carolina's Health Education Essential Standards (Grades 6-8).

Can we switch our child between programs from year to year?

YES!

Your child can take either program in any grade.

The choice is always YOURS.

Can our child take BOTH programs in one year?

Unfortunately, no, due to staffing.

Are boys and girls taught together?

Yes and no, depending on program, grade and school.

Refer to the Program Descriptions handout for additional information.

How will I know when my child begins a FLE program?

Your child will bring home a letter on the first day of either program.

I heard you give out condoms. Is that true?

No, per NHCS Board policy and state law.

What is the best way to contact the FLE teachers?

Email.

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MY LIFE:

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Thank you
for
coming!