

10:47 am - 12:01 pm	<p>CA PE Standard: 3.6 Monitor the intensity of one's heart rate during physical activity.</p> <p>Warm Up- Dynamic Warm up Push-up Technique</p> <p>REVIEW PACER TEST</p>
1:01 pm - 2:15 pm	<p>CA PE Standard: CA PE Standard: 3.6 Monitor the intensity of one's heart rate during physical activity.</p> <p>Warm Up- Dynamic warm-up Push-up Technique</p> <p>REVIEW PACER TEST</p>

Wednesday	
9:00 am - 10:32 am	<p>PE</p> <p>Warm Up- Dynamic Warm-up Push-up Technique</p> <p>REVIEW PACER TEST</p>
10:47 am - 12:01 pm	<p>PE</p>

	<p>CA PE Standard: 3.6 Monitor the intensity of one's heart rate during physical activity.</p> <p>Warm Up- Dynamic warm-up</p> <p>Push-up Technique</p> <p>REVIEW PACER TEST</p>
1:01 pm - 2:15 pm	<p>PE</p> <p>CA PE Standard: 3.6 Monitor the intensity of one's heart rate during physical activity.</p> <p>Warm Up- Dynamic warm-up</p> <p>Push-up Technique</p> <p>REVIEW PACER TEST</p>

Thursday	
9:00 am - 10:32 am	<p>PE</p> <p>CA PE Standard: 3.6 Monitor the intensity of one's heart rate during physical activity.</p> <p>Warm Up- Dynamic warm-up</p> <p>Push-up Technique</p> <p>REVIEW PACER TEST</p>
10:47 am - 12:01 pm	<p>PE</p>

	<p>CA PE Standard: 3.6 Monitor the intensity of one's heart rate during physical activity.</p> <p>Warm Up- Dynamic warm-up</p> <p>Push-up Technique</p> <p>REVIEW PACER TEST</p>
1:01 pm - 2:15 pm	<p>PE</p> <p>CA PE Standard: 3.6 Monitor the intensity of one's heart rate during physical activity.</p> <p>Warm Up- Dynamic warm-up</p> <p>Push-up Technique</p> <p>REVIEW PACER TEST</p>

Friday	
9:00 am - 9:18 am	<p>Morning Advisory</p> <p>Collaboration with Harrison/Negrete</p> <p>Google Classroom Code dnikga5</p>
9:18 am - 2:00 pm	<p>Collaboration with 6th Grade Team</p> <p>Making Calls home</p> <p>Lesson Planning</p>
9:55 -10:32	
11:09- 11:46	

Mr. Negrete
Daniel.Negrete@arUSD.org
408-781-2815