

LOMPOC UNIFIED SCHOOL DISTRICT

OCTOBER

Pick up Monday: Lunch: Monday & Tuesday / Breakfast: Tuesday & Wednesday		Pick up Wednesday Lunch: Wednesday & Thursday / Breakfast: Thursday & Friday		Pick up Friday Lunch: Friday / Breakfast: Monday
			1 Power Pack Fruit & Vegetable Milk	2 Turkey Pozole & Tortilla Chips Fruit & Vegetable Milk
5 Sloppy Joes Fruit & Vegetable Milk	6 Bean & Cheese Burrito Fruit & Vegetable Milk	7 Pork Carnitas Tacos Fruit & Vegetable Milk	8 Bistro Box Fruit & Vegetable Milk	9 Stuffed Crust Pepperoni Pizza Fruit & Vegetable Milk
12 Pulled Pork Sandwich Fruit & Vegetable Milk	13 Mini Cheeseburgers Fruit & Vegetable Milk	14 Nachos Fruit & Vegetable Milk	15 PB & J with Goldfish Fruit & Vegetable Milk	16 Turkey Alfredo Pasta Fruit & Vegetable Milk
19 Sloppy Joes Fruit & Vegetable Milk	20 Bean & Cheese Burrito Fruit & Vegetable Milk	21 Pork Carnitas Tacos Fruit & Vegetable Milk	22 Munchable Fruit & Vegetable Milk	23 Spicy Chicken Tenders & Cornbread Fruit & Vegetable Milk
26 Pulled Pork Sandwich Fruit & Vegetable Milk	27 Mini Cheeseburgers Fruit & Vegetable Milk	28 Nachos Fruit & Vegetable Milk	29 Power Pack Fruit & Vegetable Milk	30 Pepperoni Pizza Fruit & Vegetable Milk

Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
Cereal & String Cheese Fruit & Milk	Assorted Muffin Fruit & Milk	Cereal & String Cheese Fruit & Milk	Bagel & Cream Cheese Fruit & Milk	Frudel Fruit & Milk

Students can eat BREAKFAST & LUNCH FOR FREE!
Menu is subject to change without notice. This institution is an equal opportunity provider.



