

October 2020						
BREAKFAST MENU					Menu subject to change without notice	
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
W E E K 1				1 Barbacoa Taco Fresh Fruit Orange Juice Milk Choice	2 Bacon & Egg Taco Fresh Fruit Orange Juice Milk Choice	BREAKFAST MEAL PRICES: REDUCED \$.30 FULL PRICE \$1.55 A LA CARTE ENTREE \$1.50 EXTRA MILK \$.50 EXTRA FRUIT \$.50 MILK CHOICES: 1% Low Fat Milk Fat Free Chocolate Milk
W E E K 2	5 Chicken Biscuit Fresh Fruit Orange Juice Milk Choice	6 Kolache Fresh Fruit Orange Juice Milk Choice	7 Breakfast Skillet Bowl Fresh Fruit Orange Juice Milk Choice	8 Beef Tamales Fresh Fruit Orange Juice Milk Choice	9 Pancake on a Stick Fresh Fruit Orange Juice Milk Choice	
W E E K 1	12 No School (Columbus Day)	13 Breakfast Bar w/Mini Loaf Fresh Fruit Orange Juice Milk Choice	14 Sausage & Cheese Croissant Fresh Fruit Orange Juice Milk Choice	15 Barbacoa Taco Fresh Fruit Orange Juice Milk Choice	16 Bacon & Egg Taco Fresh Fruit Orange Juice Milk Choice	
W E E K 2	19 Chicken Biscuit Fresh Fruit Orange Juice Milk Choice	20 Kolache Fresh Fruit Orange Juice Milk Choice	21 Breakfast Skillet Bowl Fresh Fruit Orange Juice Milk Choice	22 Beef Tamales Fresh Fruit Orange Juice Milk Choice	23 Pancake on a Stick Fresh Fruit Orange Juice Milk Choice	
W E E K 1	26 Sausage Egg & Cheese Biscuit Fresh Fruit Orange Juice Milk Choice	27 Breakfast Bar w/Mini Loaf Fresh Fruit Orange Juice Milk Choice	28 Sausage & Cheese Croissant Fresh Fruit Orange Juice Milk Choice	29 Barbacoa Taco Fresh Fruit Orange Juice Milk Choice	30 Bacon & Egg Taco Fresh Fruit Orange Juice Milk Choice	

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LUNCH MENU

Menu subject to change without notice

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	LUNCH MEAL PRICES:
W E E K 1					1 Chicken Fajita Bowl Green Beans Baby Carrots Fresh Fruit Applesauce	2 Nachos Supreme Broccoli Romaine Salad Fresh Fruit Pineapple Tidbits	REDUCED \$.40 FULL PRICE \$3.10 <u>A LA CARTE</u> SIDE DISH \$0.50 EXTRA MILK \$0.50 EXTRA FRUIT \$0.50 EXTRA VEGGIE \$0.50
W E E K 2	5 Spaghetti & Meatballs Garlic Stick Cooked Carrots Romaine Salad Fresh apple Peach Slices	6 Philly Cheesesteak Baked French Fries Baby Carrots Fresh Fruit Fruit Cocktail	6 Beef & Cheese Lasagna Twisted Cheese Breadstick Green Beans Romaine Salad Fresh Fruit Diced Pears	8 Carne Guisada w/ Tortilla Pinto Beans Baby Carrots Rice Banana Fruit Cocktail	9 Chili Cheese Dog Broccoli Tater Tots Orange Applesauce		
W E E K 1	12 No School (Columbus Day)	13 Asian Teriyaki Bowl w/ fried rice Egg Roll Green Beans Baby Carrots Fresh Fruit Fruit Cocktail	14 Cheese Enchiladas Pinto Beans Spanish Rice Romaine Salad Fresh Fruit Diced Pears	15 Chicken Fajita Bowl Green Beans Baby Carrots Fresh Fruit Applesauce	16 Nachos Supreme Broccoli Romaine Salad Fresh Fruit Pineapple Tidbits		<u>MILK CHOICES:</u> 1% Low Fat Milk <u>CONDIMENTS:</u> Ranch Dressing Parmesan Cheese Ketchup Jalapenos Mustard Mayo Gravy Salsa
W E E K 2	19 Spaghetti & Meatballs Garlic Stick Cooked Carrots Romaine Salad Fresh apple Peach Slices	20 Philly Cheesesteak Baked French Fries Baby Carrots Fresh Fruit Fruit Cocktail	21 Beef & Cheese Lasagna Twisted Cheese Breadstick Green Beans Romaine Salad Fresh Fruit Diced Pears	22 Carne Guisada w/ Tortilla Pinto Beans Baby Carrots Rice Banana Fruit Cocktail	23 Chili Cheese Dog Broccoli Tater Tots Orange Applesauce		
W E E K 1	26 Oven Baked Chicken Creamy Mashed Potatoes Cooked Carrots Dinner Roll Fresh Fruit Peach Slices	27 Asian Teriyaki Bowl w/ fried rice Egg Roll Green Beans Baby Carrots Fresh Fruit Fruit Cocktail	28 Cheese Enchiladas Pinto Beans Spanish Rice Romaine Salad Fresh Fruit Diced Pears	29 Chicken Fajita Bowl Green Beans Baby Carrots Fresh Fruit Applesauce	30 Nachos Supreme Broccoli Romaine Salad Fresh Fruit Pineapple Tidbits		STISD Child Nutrition Dept. (956)514-4230

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