



FOOD SERVICE

OUBOCES.ORG

"Be strong to the finish....think smart, eat well, and exercise daily."

2020-2021

School Lunch Program

Parent Handbook

Please complete the FAMILY INCOME SURVEY provided in this packet and return to:

Tracy Green-Deserto, Orange Ulster BOCES Food Service

No Later Than OCTOBER 15, 2020

Dear Parent/Guardian:

This year COVID-19 has brought many unforeseen challenges regarding the way we live and provide for our families however, we are pleased to continue to provide breakfast/lunch, at not charge, to K-12 students in the 2020-2021 school year. Please see the list of participating BOCES sites below:

Orange-Ulster BOCES Sites

Orange-Ulster BOCES Amy Bull Crist Center, 53 Gibson Road, Goshen, NY 10924

Orange-Ulster BOCES Regional Education Center (Arden), 4 Harriman Drive, Goshen, NY 10924

Orange-Ulster BOCES @ Marlboro, 62 Overlook Drive, Newburgh, NY 12550

Orange-Ulster BOCES @ West Main Street, Goshen, NY 10924

Orange-Ulster BOCES @ Main Street, Goshen, NY 10924

Our participation in the National School Lunch Program (NSLP) and the Community Eligibility Program (CEP) continues to make this invaluable opportunity possible. This year due to COVID-19 related recommendations, there will be no self serve, no salad bar and no share tables. All meals, utensils and condiments will be prepackaged for individualized, single-use only and eaten in the classroom. Students on site will receive breakfast/lunch daily in accordance with NSLP guidelines. For your convenience, students off site, during times of illness and/or (off) days will be referred back to the students home district for meal pickup.

Due to severe allergies and in an effort to be more health and safety-conscience, there will be **NO FOOD SHARING**. Please understand this will not infringe on foods that you provide for your own children during school meal times. As always, the health and well being of our students is of paramount concern.

Please feel free to utilize the enclosed CDC recommended hand washing and social distancing K-12 specific informative handouts when preparing for your students re-entry.

If you have any questions and/or concerns, please do not hesitate to reach out to us. I thank you for your consideration in this matter.

Wishing you well,

Mark P. Coleman
Director of Opertations

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the [USDA Program Discrimination Complaint Form](http://www.ascr.usda.gov/complaint_filing_cust.html), (AD-3027) found online at: http://www.ascr.usda.gov/complaint_filing_cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

mail: U.S. Department of Agriculture, Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410, fax: (202) 690-7442; or email: program.intake@usda.gov.

This institution is an equal opportunity provider.

HANDWASHING

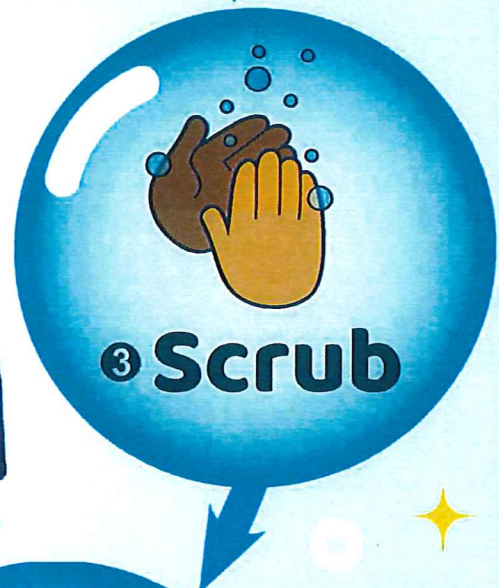
is your superpower!





Hands
that look
clean can still
have icky
germs!

Wash YOUR HANDS!



U.S. Department of
Health and Human Services
Centers for Disease
Control and Prevention

This material was developed by CDC. The Life is Better with Clean Hands campaign is made possible by a partnership between the CDC Foundation, GOJO, and Staples. HHS/CDC does not endorse commercial products, services, or companies.

Please wear a cloth face covering.



**Maintain a distance of 6 feet
whenever possible.**



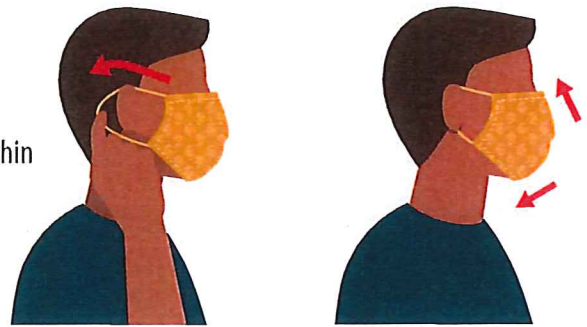
cdc.gov/coronavirus

How to Safely Wear and Take Off a Cloth Face Covering

Accessible: <https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/diy-cloth-face-coverings.html>

WEAR YOUR FACE COVERING CORRECTLY

- Wash your hands before putting on your face covering
- Put it over your nose and mouth and secure it under your chin
- Try to fit it snugly against the sides of your face
- Make sure you can breathe easily
- Do not place a mask on a child younger than 2

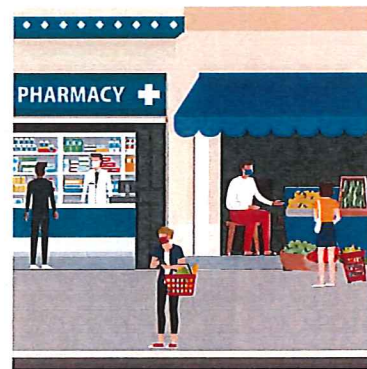


USE THE FACE COVERING TO HELP PROTECT OTHERS

- Wear cloth face coverings in public settings and when around people who don't live in your household, especially when other social distancing measures are difficult to maintain
- Don't put the covering around your neck or up on your forehead
- Don't touch the face covering, and, if you do, clean your hands

FOLLOW EVERYDAY HEALTH HABITS

- Stay at least 6 feet away from others
- Avoid contact with people who are sick
- Wash your hands often, with soap and water, for at least 20 seconds each time
- Use hand sanitizer if soap and water are not available



TAKE OFF YOUR CLOTH FACE COVERING CAREFULLY, WHEN YOU'RE HOME

- Untie the strings behind your head or stretch the ear loops
- Handle only by the ear loops or ties
- Fold outside corners together
- Place covering in the washing machine
- Wash your hands with soap and water



Cloth face coverings are not surgical masks or N-95 respirators, both of which should be saved for health care workers and other medical first responders.

For instructions on making a cloth face covering, see:

[cdc.gov/coronavirus](https://www.cdc.gov/coronavirus)

Stop the spread of germs that can make you and others sick!



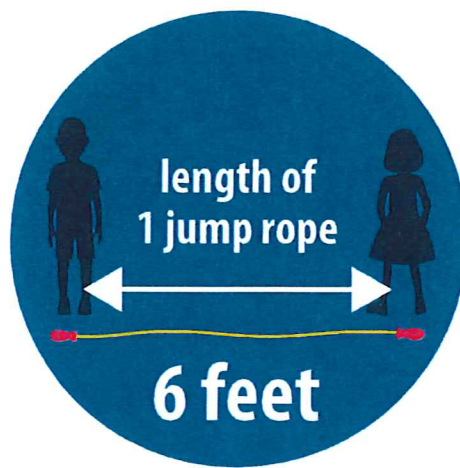
Wash your
hands often



Wear a cloth
face cover



Cover your coughs
and sneezes



Keep **6 feet** of space
between you and
your friends



CS316683-A 04/30/2020

cdc.gov/coronavirus

Orange-Ulster BOCES participates in the National School Lunch Program (NSLP) and the Community Eligibility Provision (CEP). The NSLP is a federally assisted meal program that allows us to make available nutritionally balanced meals each school day. All meals and snacks made available to students as defined by the dietary guidelines and the National School Lunch Standards as governed by the United States Department of Agriculture.

Orange Ulster BOCES Sites

Orange Ulster BOCES Amy Bull Crist Center, 53 Gibson Road, Goshen, NY 10924

Orange Ulster BOCES Regional Education Center @ Arden, 4 Harriman Drive, Goshen, NY 10924

Orange Ulster BOCES @ Marlboro, 62 Overlook Drive, Newburgh, NY 12550

Orange Ulster BOCES Including Communities @ 129 West Main Street, Goshen, NY 10924

Orange Ulster BOCES Main Street School @ 227 Main Street, Goshen, NY 10924

HOW TO PAY FOR SNACKS

We currently accept cash, check or K12 Payment, the monies are directly deposited into your child's personal account.



K12-PAYMENT option available. You can add money to your child's accounts on-line, using this quick and easy payment system.

BENEFITS OF HAVING A K12 PAYMENT ACCOUNT:

- STEP-BY-STEP REGISTRATION IS EASY • ACCOUNT MANAGEMENT IS SIMPLE AND INTUITIVE • Deposit to multiple students' accounts with one single payment • Recurring payments can be set for monthly or weekly • Secure payment processing • Your information is confidential – we do not sell your information! • See your student's meal account balance & purchase history any time • \$1.95 fee per transaction for school meal payments

To learn more visit www.K12PaymentCenter.com. You can also access K12 Payment Center from our website: www.OUBOCES.ORG, choose Special Ed and then Food Services. Any questions or concerns please contact Orange Ulster BOCES Help Desk at 845-774-7379.

ALLERGIES/SPECIAL DIETARY NEEDS

Allergies or special dietary needs must be documented by a physician and communicated by the parent or guardian to the **school nurse**.

Please note: A written physician's prescription is required in order to obtain a substitution.

If additional instruction or clarification is needed please call Orange Ulster BOCES Food Service at 845-291-0200 x10642 or contact the Director of Operations, Mark Coleman at 845-291-0200 x 10150. In accordance with Federal Law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability

In Community Eligibility Schools, receipt of free breakfast and lunch meals does not depend on returning the Family Income Survey; however, this information is necessary for other programs.

2020-2021

ORANGE ULSTER BOCES SCHOOL LUNCH PROGRAM

Dear Parent/Guardian:

In September 2020, Orange-Ulster BOCES students attending the following sites: **Orange Ulster BOCES Amy Bull Crist Center, 53 Gibson Road, Goshen, NY 10924 - Orange Ulster BOCES Regional Education Center @ Arden, 4 Harriman Drive, Goshen, NY 10924 - Orange Ulster BOCES @ Marlboro, 62 Overlook Drive, Newburgh, NY 12550 - Orange Ulster BOCES Including Communities @ 129 West Main Street, Goshen, NY 10924 - Orange Ulster BOCES Main Street School @ 227 Main Street, Goshen, NY 10924**, will have access to breakfast and lunch at No Charge.

However, in order for us to extend this benefit and maintain eligibility we are required to collect specific household data. Please complete and return the FAMILY INCOME SURVEY included in this packet.

Questions and Answers

- DO I NEED TO FILL OUT THE FAMILY INCOME SURVEY IF MY CHILD ATTENDS A COMMUNITY ELIGIBILITY PROVISION SCHOOL (CEP)? If your child attends a school that participates in CEP, receiving no charge breakfast and lunch meals, does not depend on returning the Family Income Survey. However, this information is necessary for other programs and may be used to determine if your household is eligible for additional benefits.

In Community Eligibility Schools, receipt of free breakfast and lunch meals does not depend on returning the Family Income Survey; however, this information is necessary for other programs.

2020-2021 FAMILY INCOME SURVEY

(MUST BE RETURNED BY OCTOBER 15, 2020)

All households are required to complete and submit no later than October 15, 2020. **PLEASE NOTE:** the information provided for submission in this survey **does not prohibit** your child/children from access to meals at **No Charge**.

Student(s) Name: (in attendance at Orange Ulster BOCES sites only, see list above)

1 _____ DOB _____

2 _____ DOB _____

3 _____ DOB _____

Parent/Guardian Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Home Phone: _____ Cell: _____

HOUSEHOLD ECONOMIC SURVEY		HOW OFTEN PAYMENT IS RECEIVED EFFECTIVE JULY 1, 2020 TO JUNE 30, 2021				
Check box that applies	HOUSEHOLD SIZE	Annual	Monthly	Twice per Month	Every Two Weeks	Weekly
	1	\$ 23,606	\$ 1,968	\$ 984	\$ 908	\$ 454
	2	\$ 31,894	\$ 2,658	\$ 1,329	\$ 1,227	\$ 614
	3	\$ 40,182	\$ 3,349	\$ 1,675	\$ 1,546	\$ 773
	4	\$ 48,470	\$ 4,040	\$ 2,020	\$ 1,865	\$ 933
	5	\$ 56,758	\$ 4,730	\$ 2,365	\$ 2,183	\$ 1,092
	6	\$ 65,046	\$ 5,421	\$ 2,711	\$ 2,502	\$ 1,251
	7	\$ 73,334	\$ 6,112	\$ 3,056	\$ 2,821	\$ 1,411
	8	\$ 81,622	\$ 6,802	\$ 3,401	\$ 3,140	\$ 1,570
	Each Add'l person add	\$ 8,288	\$ 691	\$ 346	\$ 319	\$ 160
	HOUSEHOLD DOES NOT QUALIFY	IF YOUR HOUSEHOLD SIZE AND INCOME IS NOT REFLECTED ABOVE CHECK THE BOX ON THE LEFT				

In Community Eligibility Schools, receipt of free breakfast and lunch meals does not depend on returning the Family Income Survey; however, this information is necessary for other programs.

Continued...

Circle the answer

Is your income equal to or less than any of the amounts listed next to the number you circled?	Yes	No
Is your family participating in the Supplemental Nutrition Assistance Program (SNAP)?	Yes	No
Is your family participating in Temporary Aid to Needy Families (TANF)?	Yes	No
Is your family receiving Food Distribution Program on Indian Reservation (FDPIR)?	Yes	No
Do your students receive migrant, homeless or runaway education services?	Yes	No

HOUSEHOLD is defined as all persons, including parent's children, grandparents, and all people related or unrelated who live in your home and share living expenses. If you're applying for a household with a foster child, you may include the foster child in the total household size.

HOUSEHOLD INCOME is considered to be any taxable income each household member received before taxes. This includes wages, social security, pension, unemployment, welfare, child support, alimony, and any other cash income. If including a foster child as part of the household, you must also include the foster child's personal income. Do not count foster payments as income.

SIGNATURE: I certify (promise) that all information on this Household Economic Survey is true and that all income is accurately reported. I understand that the school will get state and federal funds based on the information I give. I understand that school officials may verify (check) this information.

Parent/Guardian Name: _____

Signature: _____

Date: _____

Nondiscrimination Statement: This explains what to do if you believe you have been treated unfairly.

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

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In Community Eligibility Schools, receipt of free breakfast and lunch meals does not depend on returning the Family Income Survey; however, this information is necessary for other programs.

FYI

Pandemic Electronic Benefits Transfer (P-EBT)

Food Benefits for Families during COVID-19 School Closures

What is P-EBT?

P-EBT is a new program that gives food benefits to children who lost access to free or reduced-price school meals because of COVID-19 school closures. P-EBT benefits can be used to buy food at participating stores.

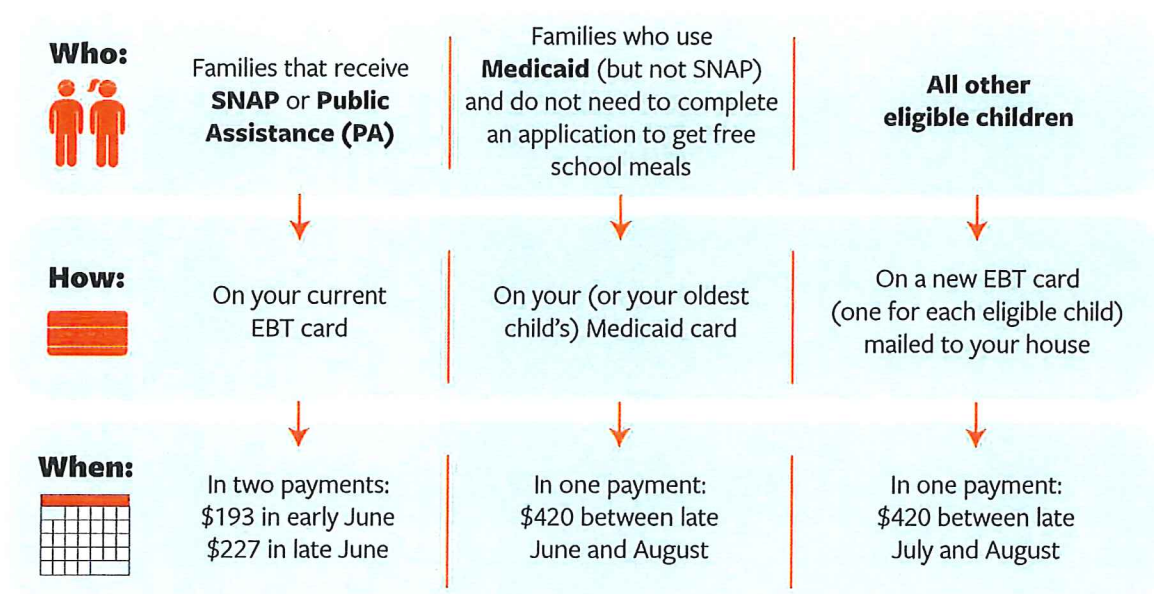
Will my child get P-EBT?

Kids who would have received free or reduced-price meals through the federal school lunch program are eligible. This includes children who attend schools that offer free meals to all. **Benefits will be issued automatically. There is no application.**

How much are P-EBT benefits?

Each eligible child will receive \$420.

When and how will I get P-EBT?



If you have not received a P-EBT card and/or benefit by mid-August, call NYSOTDA at 1-833-452-0096.

Other important things to know:

- Your immigration status does not matter. Using P-EBT does not affect your or your child's immigration status. The public charge rule does **not** apply to P-EBT.
- P-EBT is not SNAP. You can use other nutrition programs, like summer meals, SNAP, and WIC, while using P-EBT. You can still get "grab and go" or delivered meals served by your school.
- You cannot give your card to another person or household to use. If you wish to donate your benefit, you can buy food and donate it to a food pantry.

Questions?

Contact NYS Office of Temporary and Disability Assistance at 1-833-452-0096 or by email at otda.sm.eisp.PEBT@otda.ny.gov

For more information, visit:
HungerSolutionsNY.org/PEBT



June, 2020. Funded by NYSOTDA, USDA/FNS, FRAC, The Walmart Foundation, and Share Our Strength.
This institution is an equal opportunity provider.

HungerSolutionsNY.org

MENU

FOOD SERVICE

OUBOCES.ORG

"Be strong to the finish.....think smart, eat well, and exercise daily."

ALL MEALS ARE SERVED AND PREPARED IN ACCORDANCE WITH THE USDA SCHOOL BREAKFAST/LUNCH MEAL

PATTERNS and COVID-19 regulations as provided by the CDC for the 2020-2021 school year.

Through participation in the Community Eligibility Program (CEP)

Meals are offered daily at *no charge*.

NO SUBSTITUTIONS / MENUS ARE SUBJECT TO CHANGE

BREAKFAST

8oz milk
1/2 cup fruit /vegetable
1 grain

LUNCH

8 oz milk
3/4 cup fruit/vegetable
1 serving grain
or
2 oz meat/meat alternative

ALTERNATE LUNCH

peanut butter & jelly on whole wheat bread

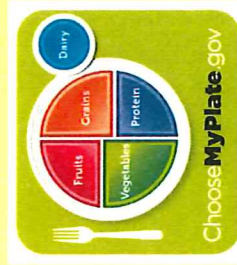
September 2020

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1	2	3	4
			Deli Delight baby carrots fruit milk	Hot Dog celery sticks fruit milk
LABOR DAY	8	9	10	11
	Chicken Patty on bun celery sticks	Pasta w/ Sauce three bean salad fruit milk	Deli Delight side salad fruit milk	Hamburger baby carrots fruit milk
14	15	16	17	18
Hot Dog celery sticks fruit milk	Chicken Salad on ww bread side salad fruit milk	Pasta w/ Sauce three bean salad fruit milk	Deli Delight baby carrots fruit milk	Bo's Mc Muff side salad fruit milk
21	22	23	24	25
BB Chicken Hoagie baby carrots fruit milk	Hamburger side salad fruit milk	Pasta w/ Sauce three bean salad fruit milk	Deli Delight coleslaw fruit milk	Hot Dog celery sticks fruit milk
28	29	30		
YOM KIPPUR	Chicken & Cheese Quesadilla carrot sticks	Pasta w/ Sauce three bean salad fruit milk		

FYI:

The K12Paymentcenter.com is still available.
Add money to your child's account to purchase healthy snacks & drinks.

Visit our website at www.ouboces.org for more information & wellness tips.
This institution is an equal opportunity provider.



Fight Back With Food!

NO SHARING FOOD



FOOD SERVICE

OUBOCES.ORG

"Be strong to the finish....think smart, eat well, and exercise daily."



ORANGE-ULSTER BOCES

FFVP FRESH FRUITS & VEGETABLES

The purpose of the Fresh Fruit & Vegetable Program (FFVP) is to provide fresh fruits and vegetables, at no charge, to enrolled elementary students.

The goal is to create healthier school environments by providing additional opportunities for children to make healthier food choices.

- ♦ To expand the variety of fruits and vegetables to experience
- ♦ To increase fruit and vegetable consumption
- ♦ To make a difference in diet, impacting present and future health
- ♦ To encourage nutritious snacking

This opportunity will be available in the 2020-2021 school year at our Middlehope Elementary location.

LUNCH IS AVAILABLE
DAILY
TO ALL STUDENTS
AT
NO CHARGE!



Fight Back With Food!

Visit our website at
www.oubooces.org
for more information &
wellness tips.

ALL MEALS ARE SERVED AND
PREPARED IN ACCORDANCE
WITH THE USDA SCHOOL
BREAKFAST/LUNCH MEAL
PATTERNS FOR 2018/2019
All menus are subject to change.
NO SUBSTITUTIONS



This institution is an equal opportunity
provider.

In 2020
Don't Forget To "BLEND" ...

BLEND

(taking the best part of our

lunch and combining it with a students lunch
from home.)

"Blend" consists of a fruit, veggie and milk. The
most nutritious part our lunch will now be availa-
ble, at **NO CHARGE**, to students that choose to
bring their lunch from home.



FOOD SERVICE

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"Be strong to the finish....think smart, eat well, and exercise daily."



United States Department of Agriculture

AND JUSTICE FOR ALL



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To file a program discrimination complaint, a complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form, which can be obtained online at www.usda.gov/sites/default/files/documents/usda-program-discrimination-complaint-form.pdf, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

mail:

U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410; or

fax:

(833) 256-1665 or (202) 690-7442;

email:

program.intake@usda.gov.

This institution is an equal opportunity provider.

Conforme a la ley federal y las políticas y regulaciones de derechos civiles del Departamento de Agricultura de los Estados Unidos (USDA), esta institución tiene prohibido discriminar por motivos de raza, color, origen nacional, sexo, credo religioso, discapacidad, edad, creencias políticas, venganza o represalia por actividades realizadas en el pasado relacionadas con los derechos civiles.

Para presentar una queja por discriminación en el programa, el reclamante debe completar un formulario AD-3027, Formulario de queja por discriminación del programa del USDA, que se puede obtener en línea, en

www.usda.gov/sites/default/files/documents/usda-program-discrimination-complaint-form.pdf, en cualquier oficina del USDA, llamando al (866) 632-9992, o escribiendo una carta dirigida al USDA. La carta debe contener el nombre, la dirección y el número de teléfono del reclamante, y una descripción escrita de la supuesta acción discriminatoria con suficiente detalle para informar al Subsecretario de Derechos Civiles (ASCR, por sus siglas en inglés) sobre la naturaleza y la fecha de la presunta violación

de los derechos civiles. La carta o el formulario AD-3027 completado debe enviarse al USDA por medio de:

correo postal:

U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410; o'

fax:

(833) 256-1665 o' (202) 690-7442;

correo electrónico:

program.intake@usda.gov.

Esta institución ofrece igualdad de oportunidades.