







Nord Middle October 2020 Lunch Menu

Menu subject to change

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
<p>National School Lunch Week Show us your favorite School Lunches on Twitter! #NSLW20 #SchoolLunch Tag @SNS_Amherst Tag @SchoolLunch</p>			<p>Domino's Pizza ** Fresh Veggies w/hummus Diced Peaches Milk %</p>	<p>Soft Beef Tacos* Refried Beans w/cheese % Sweet Corn Fruit Choices Milk%</p>	<p>EVERY DAY WE OFFER AN ALTERNATE (MEATLESS) LUNCH THAT INCLUDES ALL 5 COMPONENTS OF A SCHOOL LUNCH</p>
<p>Hot Dog on a Bun * Baked Beans Curly Fries Fruit Choices Milk %</p>	<p>NATIONAL NOODLE DAY WG Macaroni & Cheese** w/WG soft pretzel rod* Steamed Broccoli Edamame Fruit Choices Milk%</p>	<p>French Toast Bites**%^ Sausage Links Dragon Fruit Punch Hash Brown Fruit Choices Milk%</p>	<p>Pizza Hut Pizza** Green, Yellow, Red & Orange Peppers w/Ranch%^ Applesauce Milk %</p>	<p>NEOEA DAY</p> 	<p>Lunch price of \$3.25* includes 5 components: Protein, Grain, Fruit, Vegetable & Milk. Students must choose 3-5 components, one being a fruit or vegetable.</p> <p>* NO COST IN OCTOBER 2020</p>
12	13	14	15	16	
NATIONAL SCHOOL LUNCH WEEK - NOW PLAYING: SCHOOL LUNCH					
<p>Chicken Patty on a bun* Green Beans SideKick Smoothie Fruit Choices Milk %</p> 	<p>WG Chicken Tenders** Sweet Potato Tots Cauliflower & Broccoli w/Ranch%^ Fruit Choices Milk %</p> 	<p>NATIONAL DESSERT DAY</p> <p>Fiestadas ** Sweet Corn Refried Beans Fruit Choices Milk % Blueberry Clobber</p> 	<p>Domino's Pizza ** Carrots & Broccoli w/hummus Diced Pears Milk %</p> 	<p>Toasted Cheese Sandwich ** Leafy Green Salad w/chick peas Fruit Choices Milk %</p> 	<p>ALLERGENS: * = gluten ^ = egg % = dairy ! = peanut These are ONLY a guide</p>
<p>Asian Orange Chicken* & Rice w/Fortune Cookie* Steamed Broccoli Edamame Fruit Choices Milk %</p>	<p>WG Popcorn Chicken * Sweet Potato Fries Baked Beans Fruit Choices Milk %</p>	<p>Mini Cheese Bites** w/marinara sauce Comet Star Fries Seasoned Green Beans Fruit Choices Milk %</p>	<p>Pizza Hut Pizza** Baby Carrots, Celery & Pepper Strips w/Ranch%^ Fruit Cocktail Milk %</p>	<p>Taco Wedges ** Leafy Green Salad Seasoned Broccoli Fruit Choices Milk %</p>	<p>Please visit www.payschoolscentral.com to add money to your child's account, and to complete the Free & Reduced-price Application. (Deadline to renew applications is October 7, 2020)</p>
<p>Cheeseburger on a bun* w/lettuce, tomato & pickles Sweet Corn Tater Tots Fruit Choices Milk %</p>	<p>NATIONAL POTATO DAY BBQ Rib Sandwich * w/side of Cole Slaw & Pickles Baked Beans Curly Fries Fruit Choices Milk %</p>	<p>NATIONAL CHOCOLATE DAY Maxi Cheese Sticks ** w/marinara sauce Carrots & Celery w/Ranch%^ Fruit Choices Milk % Chocolate Chip Cookie</p>	<p>Domino's Pizza ** Fresh Veggies w/hummus Diced Peaches Milk %</p>	<p>HALLOWEEN LUNCH "Ghostly" Chicken Nuggets* "Magic" Mashed Potatoes "Scaredy Cat" Corn "Spooky" Shape Up Treat "Monster" Milk%</p>	