

## Breakfast Club



There is a staffed Breakfast Club every day in the Dining Hall from 8.00-8.30am. Breakfast Club is an informal drop-in, but is targeted at students who may not usually eat breakfast at home.

Breakfast Club also provide students with a safe and friendly environment in which they can socialise with their peers and settle into school, or finish off their homework. There is **no charge** for the breakfast club and free porridge is available to all.

## Drop-In Pastoral Support



Students who need a chat with a member of the Inclusion staff because they are not coping with an aspect of school or home are free to drop-in to Step By Step (G1001) for pastoral support at the following times;

Mon-Fri 8.50-9.10am

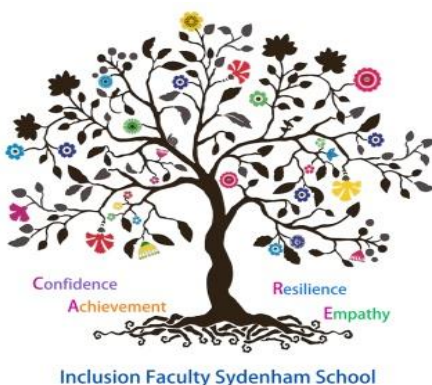
Mon-Fri 10.50-11.10am (Break time)

Mon-Fri 12.50-1.30pm (Lunch time)

We also hold a 'Young Carers' Drop-In on Tuesdays 1.00-1.30pm.

## Lunch Club

Lunch club runs all week from 1.50pm-2.20pm in G1001 for KS3 and G1015 for KS4. The KS3 club is targeted at Year 7s and 8s to support them in having a rewarding recreation and in developing friendships. The targeted KS4 club supports students with a calm place to spend lunch break, which can also support their social communication skills. A member of the Inclusion Team is on duty throughout, ensuring that games are set out and that all student interactions are respectful. Students can also present if they need a chat with a member of staff.



If necessary, a further session can be booked to discuss the problems that the student is encountering and, if needed, referrals can be made to internal or external interventions following this.

As the academic year progresses, our aim is to support vulnerable students by providing a positive and rewarding morning break and lunch-time to support their social and emotional needs, improving self-esteem and in aiding rewarding social time at Sydenham School.