Welcome University Prep Families ONLINE with Kelly & Britten! The Senior Year College Process

- We will begin a few minutes after **7 p.m.**
 - The presentation will run for 60 minutes.
 - To ask a question, click the **chat** icon in the toolbar.
 - Please make sure you have muted yourself.
 - You might want to click "speaker view" not "gallery view" in the upper-right hand side of your screen for a more focused viewing experience!
 - Q&A questions will be monitored by Kelly, & Britten. Questions will be either answered live via chat **OR** saved and responded to after the presentation concludes.
- While you are waiting:
 - Visit <u>www.universityprep.org/academics/college-counseling</u>
 - Grab a beverage and something tasty from your kitchen

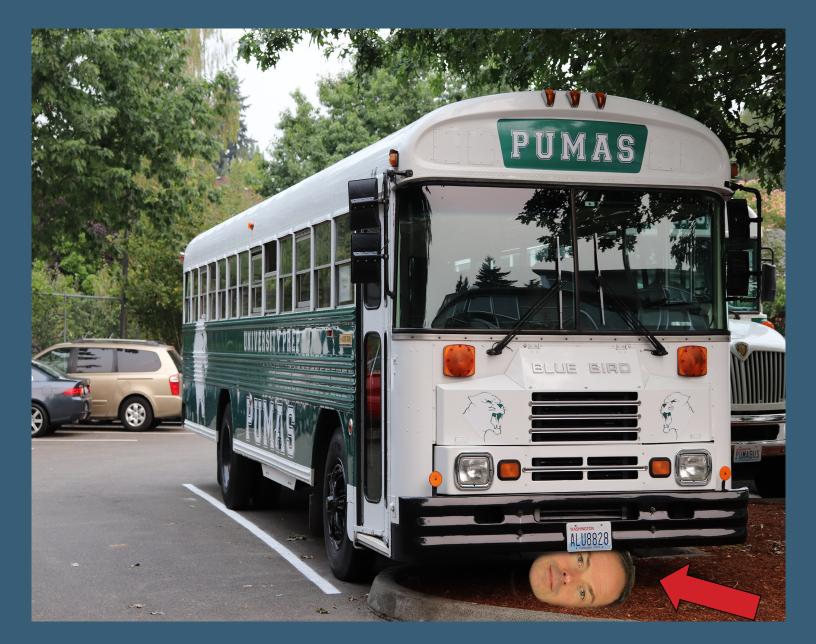




CALM AND APPLY TO COLLEGE



If Needed: Throw Kelly & Britten Under the Puma Bus



What kind of adult would you like your student to be?

Honest when it costs you something up front to be so. Kind even when it isn't expected. Able to enjoy the humor inherent to every aspect of life. Brave enough to make big mistakes. Smart enough to learn from those mistake. Passionate about people and ideas. Grateful for small things. Good, even when no one is watching. Forgiving of others, but, especially of himself.

Hot off the press: 2020-2021 College Counseling Handbook



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DIRECTOR'S MESSAGE 2

COVID-19 AND COLLEGE COUNSELIN

COVID-19 and College Counseling Stater

THE COLLEGE ESSAY

Sample Essays

SUPPLEMENTS THE COLLEGE INTERVIEW Why an Interview? Preparing for the Interview The Interview

After the Interview

Why a Resume?

RESUME

The Interview Sheet

NG 15	FINANCIAL AID
ment15	Steps in the Financial Aid Process
100	Financing College
16	Types of Scholarships
17	Where to Find Scholarships
	Additional Financing Options
1000	Glossary of Financial Aid Terms
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23	Wait List

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Resume Examples

The PSAT

The SAT

The ACT

ATHLETICS

STANDARDIZED TESTING

The Advanced Placement Tests (AP)

Athletics and College Admission

RESOURCES FOR STUDENTS

African American Students

Colleges and Universities with Strong Learning

Learning Services

Support

Hispanic/Latino Students Jewish Students

Native American Students Students with Learning Needs

Artistic Students

I GBTOIA+ Students

Muslim Students

Service Academies

Important Note Regarding Standardized Testing . 29 Test-Optional Colleges

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COLLEGE

COUNSELING

HANDBOOK

2020-2021

Check out our website!



88 Q SEARCH



Middle School

Upper School

College Counseling

College Counseling & COVID-19 FAQ's

SCOIR

College Placement

Helpful Links and Resources

For College Reps

Seattle-Area Summer Opportunities

Integrated Learning

Technology

Makerspace

Library

Daily Schedule

Intensives

Social Emotional Learning

COLLEGE COUNSELING

When I visited my daughter at college, I saw a young woman able to handle whatever comes her way, who knows where to turn for support, and how to move forward. Thank you, UPrep." Parent of a recent UPrep alumna

Helping students reach the next stage of their development – adulthood – is at the core of every interaction in UPrep's College Counseling Office. What many describe as the busiest office on campus is frequented by juniors and seniors seeking individual college counseling, parents looking for resources to assist their students in the college planning process, and young alumni excitedly reconnecting with the college counseling staff.

The bottom line is that the College Courseling Office expertly demystifies the college process for our students and their families while simultaneously ensuring that they fare extremely well in their search and selection process. College information nights for juniors and seniors, more than 200 visits from college admissions officers from around the country and the world, and expert administration of standardized tests simply add to the many services the office provides.

Our Results

The results of our students' college admissions results speak volumes about who we are as a school:

- Over the past 5 years, our students have matriculated at 130 different colleges in 33 states and 5 foreign countries. At the 40 colleges that generated the most applications (6 or more UPrep applicants), our Pumas acceptance rate was 60% whereas the overall national acceptance rate was 44%.
- Our diverse student body finds collegiate homes at a robust range of institutions, from Stanford to Syracuse, and from the University of Chicago to the University of Washington.
- Although we celebrate our students' college outcomes, what we rejoice in the most is the lives of distinction our Purnas lead post-college. In employment ranging from medicine to the legal field and from education to global affairs, our alumni are forces for good and excellence in their chosen professions.

College Counseling at UPrep



5 TIPS FOR HELPING TEENS WITH THEIR COLLEGE SEARCH

Helpful Handouts: College Admissions FAQ College Admission Landscape at UPrep College Process Overview and Timeline College Handbook 2020-2021 Gap Years & Spring Admission Summer Opportunities Handout

AP Registration

Presentations:

It's "Amnesty Week" in the College Counseling Office

Parent Questionnaire (past due)

We love to meet with you! www.calendly.com/kherrington -- for Kelly www.calendly.com/bnelson-3 -- for Britten

What We Have Been Working On With Your Students

- Teacher Recommendations
- Main Common Essay Draft (past due)
- Resume (examples in college handbook p. 30)
- Common Application
- Coalition Application
- Signing up to meet with admissions counselors visiting UPrep (sign up in SCOIR)
- The UW Application (due November 15th)
- College Kickstart™
- Signing up for School Day SAT or ACT @UPrep
 https://aptsusa.com/uprep/
- Sending SAT & ACT scores directly to colleges
 - https://www.compassprep.com/self-reporting-test-scores/



KEY DATES: Seattle Area Independent Schools College Summit



Annie Wright School The Bush School Charles Wright Academy Eastside Prep Forest Ridge School The Northwest School The Overlake School Seattle Academy University Prep Rainier Scholars Sunday, October 18 2-5pm Zoom Link to Come



KEY DATES: Four More (Optional) Application Workshops!

Wednesday, September 16, 3:00 – 5:00 p.m. Tuesday, October 13, 3:00 – 5:00 p.m. Monday, October 19, 3:00 – 5:00 p.m. Sunday, October 25, 3:00 – 5:00 p.m.

*Weekend of October 24-25 is a no homework weekend in order for students to focus on college applications

These workshops will have special topics assigned to them

How do students inform the College Office of their final college lists?

- <u>All colleges must be in the "Applying" column in SCOIR</u>
- EA/ED/EASC College List Deadline = Wed, October 14
- Regular Decision College List Deadline = Mon, November 30
- Please remember that we automatically send a copy of a student's transcript with all secondary school reports.
- Please remember that we automatically send a seventhsemester (mid-year) transcript as well to all colleges.
- Please remember that we send quarter grades automatically to all EA/ED/EASC colleges that require them.



College Transition Night Wednesday, March 10 (This is for both students and parents)

Parting Thoughts Before Q&A

- Try to feel buoyed by the variety of options
- Keep the application process in context.
- "Bend but don't break; stretch but don't snap"
- We are in this together.
- Details and deadlines are important.
- Ask questions and meet with Kelly and Britten.

