



Directions for Returning to School

This document provides information regarding the three pathways to return to school after illness or exhibiting potential COVID-19 symptoms. A student who has exhibited any potential COVID-19 symptoms may only return to school if he/she completes at least one of these pathways. After you choose a pathway for your child, please notify the AOS Health Clinic which pathway you have chosen, submit any required paperwork or test results, and wait until you receive confirmation that your child has been cleared to return.

Students must *always* be fever-free for 24 hours without the use of fever-reducing medication before returning, regardless of test results or a doctor's clearance. If the 24th hour post-fever falls during a school day, please wait until the following school day before your child returns.

Pathway 1: Present Negative PCR Results

A symptomatic student may take a PCR test to test for the presence of COVID-19. (Rapid Antigen test results will *not* be accepted as clearance to return to school.) Tests may be administered at any approved testing site, including immediate care centers and your child's doctor.

- Elite Care Emergency Center-Rice Village provides same-day PCR testing: 713-527-4400
- BreatheMD provides PCR saliva testing: 713-492-2340

Pathway 2: Alternative Diagnosis other than COVID-19

Set an appointment with your child's doctor (either in-person or teladoc). Ask the doctor to complete the attached form if your child is given an alternative diagnosis other than COVID-19. This form needs to be signed by the doctor and will serve as your release to return to school. Note: Your child's doctor may require a COVID-19 test based on your child's symptoms.

Pathway 3: Isolation for 10 Days

Complete 10 days of isolation since symptoms began. Symptoms must be improving or resolved for 24 hours without the use of any fever reducing medication before returning.

Asymptomatic Sibling(s)

All siblings that have had no symptoms may return to campus as early as the next full school day after their symptomatic sibling has completed one of the three pathways described above to return to school. For instance, if you choose to present a negative PCR test result, the asymptomatic sibling will need to remain off-campus until the symptomatic sibling can present the test results and has been cleared to return.

Contact the AOS Health Clinic at:

713-470-5614 (office) or 713-470-2453 (fax) or dhearn@aoshouston.org




CLEARANCE TO RETURN FORM

SARS-COV₂/ COVID19/ CORONAVIRUS CASE DOCUMENTATION

Rev 9/2020

LAST NAME, FIRST NAME:		DOB ____ / ____ / ____	
AFFILIATION:	STUDENT	EMPLOYEE	OTHER

THIS FORM SHOULD BE GIVEN TO YOUR PHYSICIAN <i>REQUIRES HEALTH PROVIDER COMPLETION AND SIGNATURE AND A COPY SENT TO NURSE HEARN</i>		DR. TO CHECK ONE
	ALTERNATIVE DIAGNOSIS Presentation: <i>Temp above 100.0 and/or symptoms suggestive of non-COVID19 illness</i> Criteria Met: <input type="checkbox"/> Received this release to return to school from the doctor based on an alternative diagnosis other than COVID-19 AND <input type="checkbox"/> Fever free for 24 hrs (off anti-fever meds) AND <input type="checkbox"/> Symptoms improved or resolved in manner consistent with diagnosis	
If clearance to return to school is being granted due to a negative PCR test, please return the test results to the school in lieu of this form.		
PROVIDER NOTES/COMMENTS:		
PROVIDER TYPE: <input type="checkbox"/> Primary Provider <input type="checkbox"/> Urgent Care Provider <input type="checkbox"/> Other Physician		
PROVIDER NAME (print):		Date:
PROVIDER SIGNATURE:		
PROVIDER PHONE:	PROVIDER FAX:	
PROVIDER MAY CONTACT SCHOOL HEALTH OFFICE AT: 713-470-5614 (office) or 713-470-2453 (fax) or dhearn@aoshouston.org		