

Communities In Schools of Houston

Memorial Middle School



Communities
In Schools

Houston

In Schools and Beyond

Communities In Schools of Houston

Memorial Middle School

Office # 010C

Located in the Front Office by the door that connects to the Library

Office Phone: 713-251-3972

Email: Amanda.Selzman@springbranchisd.com



Amanda Selzman,
Wellness Counselor

Communities In Schools of Houston

Hi! My name is Amanda Selzman and I am excited to be working at Memorial Middle School this year as the Wellness Counselor.

I attended MMS and Stratford so it is wonderful to be back!

I received my Master of Science in Clinical Mental Health Counseling from the University of North Texas. I have worked with many clients who have struggled with mental health concerns, trauma, stress, depression, and anxiety.

I am hoping to work with students individually and in small or virtual groups this year.

Please contact me if your student might be interested in working with me!

Communities In Schools of Houston

Communities In Schools is a 501 (C3) non-profit **organization** that **partners with** schools, colleges or independent school districts (primarily low socio-economic status community or Title 1 schools) for the purpose of **addressing the barriers to success** (academic and non-academic needs) **faced by students and/or their families** within the campus community.

Mission Statement

The **mission** of Communities In Schools of Houston is to surround students with a community of support, empowering them to stay in school and achieve in life.

The Five CIS Basics

CIS believes that every child needs and deserves:

1. A one-on-one relationship with a caring adult
2. A safe place to learn and grow
3. A healthy start and a healthy future
4. A marketable skill to use upon graduation, and
5. A chance to give back to peers and community

WHY?

Because we believe in the ***power of relationships***, CIS provides on-campus integrated student supports that empower students to succeed in school and achieve in life.

CIS 6 Core Services



**Supportive
Guidance &
Counseling**



**Academic
Support**



**Health &
Human
Services**



**College & Career
Readiness**



**Parent & Family
Engagement**



**Enrichment
Activities**

CIS Partnerships

CIS collaborates with social service agencies, local businesses, and health care providers in the community to generate meaningful interventions for students who are most at-risk of dropping out of school. Whether a child needs mental health counseling, tutoring, a trip to the dentist, school supplies or a safe place to live, CIS is there to help.

CIS maintains strategic partnerships with the Houston Food Bank, Christ Church Cathedral, UT School of Dentistry at Houston and 300 other organizations!

Concerns That Solicit CIS Student Recommendation

Grades

Attendance

Emotional Issues

Disruptive
Behavior

Social Challenges

Health Problems

Disciplinary
System
Involvement

Financial
Problems

Legal Problems

Need for Skills
Enhancement

Need For
Enrichment

CIS And Informed Consent

CIS services are voluntary and informed consent allows students and families choice regarding what they may choose to discuss with CIS.

CIS works to ensure that information shared remains confidential. However, there are a few situations where CIS staff is required by law to break confidentiality and seek outside help.

These situations are where:

- (a) a student might be a danger to himself/herself;
- (b) a student might be a danger to someone else; or
- (c) a student reports having been hurt by someone else.

Texas law requires any person who believes that a child is being abused, neglected, or exploited to report the circumstances to the Texas Department of Protective and Regulatory Services Abuse Hotline at 1 (800) 252-5400.

The reporting web site is: <https://www.txabusehotline.org>

CIS And Informed Consent

Please complete the Parent Consent Form/Release of Information for your student to engage in CIS services.

<https://waiver.smartwaiver.com/w/5f4fce7de762d/web/>

How To Utilize CIS Services

Recommend A Student!

CIS is available to meet with students during school to provide support, resources, and education.

Teachers and other school staff can recommend students to CIS to receive all the needed support services.

It's Easy!

Recommendations can be made using the CIS Recommendation Form, in person with a CIS staff, or encouraging students to seek CIS services for themselves.

Student Recommendation Form 2020-2021

Campus Name and Code: _____ Student ID: _____

Student First Name: _____ Last Name: _____ Grade: _____

Please check (✓) all areas of concern for this student and provide as much information as possible to assist in determining eligibility for CIS services. If the student receives appropriate consent and is eligible for CIS services, CIS staff will develop a service plan and coordinate appropriate services for the student. The student may be served at school or referred to an outside agency for services.

- ☐ Academics: _____
☐ Attendance : _____
☐ Behavior: _____
☐ Social Service Needs: _____

My relationship to this student is (select only one):

- ☐ 01-CIS Staff ☐ 03-Self Recommendation
☐ 07-Peer ☐ 09-Parent ☐ 12-School Counselor ☐ 14-Teacher
☐ 16-Assistant Principal ☐ 18-Principal ☐ 21-School Nurse ☐ 23-Juvenile Court
☐ 29-Texas Youth Hotline ☐ 31-Law Enforcement ☐ 32-Other: _____

Provide Contact Phone Number: (____) _____

Signature: _____ Printed Name: _____ Date: _____
 (Signature must be in ink)

Please return this form to the CIS office. Thank you.

CIS Use Only

Verbal recommendation taken from (NAME): _____

Date _____ CIS Staff Initials _____

Follow-up Note: Date met with Student: ____/____/____ Date consent given to student/parent: ____/____/____

CIS services needed: yes / no Student interested in services: yes / no

CIS Staff Signature: _____ Staff Code: _____ Date: _____

Communities In Schools of Texas is a Stay In School program administered by the Texas Education Agency

Recommendation Form

**Or contact Amanda Selzman with
recommendations at:**

713-251-3972

Amanda.Selzman@springbranchisd.com

Thank you!



Communities
In Schools

Houston

In Schools and Beyond