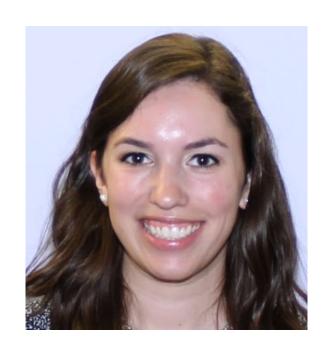


Memorial Middle School



In Schools and Beyond

Communities In Schools of Houston



Memorial Middle School

Office # 010C

Located in the Front Office by the door that connects to the Library

Office Phone: 713-251-3972

Email: Amanda.Selzman@springbranchisd.com

Amanda Selzman, Wellness Counselor



Communities In Schools of Houston

Hi! My name is Amanda Selzman and I am excited to be working at Memorial Middle School this year as the Wellness Counselor.

I attended MMS and Stratford so it is wonderful to be back!

I received my Master of Science in Clinical Mental Health Counseling from the University of North Texas. I have worked with many clients who have struggled with mental health concerns, trauma, stress, depression, and anxiety.

I am hoping to work with students individually and in small or virtual groups this year.

Please contact me if your student might be interested in working with me!



Communities In Schools of Houston

Communities In Schools is a 501 (C3) non-profit organization that partners with schools, colleges or independent school districts (primarily low socioeconomic status community or Title 1 schools) for the purpose of addressing the barriers to success (academic and non-academic needs) faced by students and/or their families within the campus community.



Mission Statement

The **mission** of Communities In Schools of Houston is to surround students with a community of support, empowering them to stay in school and achieve in life.



The Five CIS Basics

CIS believes that every child needs and deserves:

- 1. A one-on-one relationship with a caring adult
- 2. A safe place to learn and grow
- 3. A healthy start and a healthy future
- 4. A marketable skill to use upon graduation, and
- 5. A chance to give back to peers and community



WHY?

Because we believe in the power of relationships, CIS provides on-campus integrated student supports that empower students to succeed in school and achieve in life.



CIS 6 Core Services



Supportive Guidance & Counseling



Academic Support



Health & Human Services



College & Career Readiness



Parent & Family Engagement



Enrichment Activities



CIS Partnerships

CIS collaborates with social service agencies, local businesses, and health care providers in the community to generate meaningful interventions for students who are most at-risk of dropping out of school. Whether a child needs mental health counseling, tutoring, a trip to the dentist, school supplies or a safe place to live, CIS is there to help.

CIS maintains strategic partnerships with the Houston Food Bank, Christ Church Cathedral, UT School of Dentistry at Houston and 300 other organizations!



Concerns That Solicit CIS Student Recommendation

Grades

Attendance

Emotional Issues

Disruptive Behavior

Social Challenges

Health Problems

Disciplinary
System
Involvement

Financial Problems

Legal Problems

Need for Skills Enhancement Need For Enrichment



CIS And Informed Consent

CIS services are voluntary and informed consent allows students and families choice regarding what they may choose to discuss with CIS.

CIS works to ensure that information shared remains confidential. However, there are a few situations where CIS staff is required by law to break confidentiality and seek outside help.

These situations are where:

- (a) a student might be a danger to himself/herself;
- (b) a student might be a danger to someone else; or
- (c) a student reports having been hurt by someone else.

Texas law requires any person who believes that a child is being abused, neglected, or exploited to report the circumstances to the Texas Department of Protective and Regulatory Services Abuse Hotline at 1 (800) 252-5400.



CIS And Informed Consent

Please complete the Parent Consent Form/Release of Information for your student to engage in CIS services.

https://waiver.smartwaiver.com/w/5f4fce7de762d/web/



How To Utilize CIS Services

Recommend A Student!

CIS is available to meet with students during school to provide support, resources, and education.

Teachers and other school staff can recommend students to CIS to receive all the needed support services.

It's Easy!

Recommendations can be made using the <u>CIS Recommendation Form</u>, <u>in person</u> with a <u>CIS staff</u>, or <u>encouraging students</u> to seek CIS services for themselves.





Student Recommendation Form 2020-2021

Student ID:

Campus Name and Code:

Student First Name:	tudent First Name: Last Name:		Grade:
	ppropriate consent and is elig	ible for CIS services, CIS sta	ible to assist in determining eligibility for C off will develop a service plan and coordinal side agency for services.
Academics:			
,			
Behavior:			
Social Service Needs:			
My relationship to this student i	s (select only one):	□ 01-CIS Staff	□ 03-Self Recommendation
□ 07-Peer	☐ 09-Parent	☐ 12-School Counselor	☐ 14-Teacher
☐ 16-Assistant Principal	☐ 18-Principal	☐ 21-School Nurse	☐ 23-Juvenile Court
☐ 29-Texas Youth Hotline	☐ 31-Law Enforcement	□ 32-Other:	
Provide Contact Phone Numb	er: ()	nme:	
(Signature must be in ink)			Date:
	<u>Please return this form</u>	n to the CIS office. Than	<u>k you</u> .
	CI	S Use Only	
Verbal recommendation	taken from (NAME):		
Date			
Follow-up Note: Date 1	met with Student://	Date consent given to	o student/parent://
CIS s	services needed: yes / no	Student interested in	n services: <u>yes / no</u>
CIS Staff Signature:		Staff Code:	Date:

Recommendation Form

Or contact Amanda Selzman with recommendations at:

713-251-3972

Amanda.Selzman@springbranchisd.com



