

# OCTOBER | 2020

## SAM HOUSTON ELEMENTARY



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

28	29	30	1 Strudels Sausage, Biscuit & Gravy, Eggs & Tri Taters Chicken Salad Sandwich	2 Cereal Kit Cheese Sticks, marinara sauce & Green Beans PBJ Uncrustable
5 No School	6 No School	7 No School	8 No School	9 No School
12 No School	13 No School	14 No School	15 Muffin & Yogurt Chicken Sandwich, Potato & Carrots PBJ Uncrustable	16 Cereal Kit Cheese Sticks, marinara sauce & Green Beans Sliced Chicken & Swiss Sandwich
19 Muffin & Yogurt Popcorn chicken, vegetable & roll Turkey & Cheese Sandwich	20 Donuts Cheese Sticks, marinara sauce & Green Beans Sliced Chicken & Swiss Sandwich	21 Cereal Kit Corndog, Potato & Carrots PBJ Uncrustable	22 Cinnamini Chicken Sandwich, Potato & Broccoli Ham & Cheese Sandwich	23 Cereal Kit Pizza & Corn PBJ Uncrustable
26 Muffin & Yogurt Hot dog, Chili & Potato Sliced Chicken & Swiss Sandwich	27 Donuts BBQ Pork Sandwich & Potato Ham & Cheese Sandwich	28 Cereal Kit Chicken, Broccoli & Mac & Cheese PBJ Uncrustable	29 Chicken Biscuit Hamburger, Vegetable & Potato Turkey & Cheese Sandwich	30 Cereal Kit Cheese Bites, marinara sauce & Green Beans PBJ Uncrustable

### News

Menu subject to change

This institution is an equal opportunity provider

Offered daily with all meals: Low fat 1% milk & Low fat chocolate milk

Fresh fruit daily

Cereal offered daily at Breakfast

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THURSDAY

FRIDAY

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