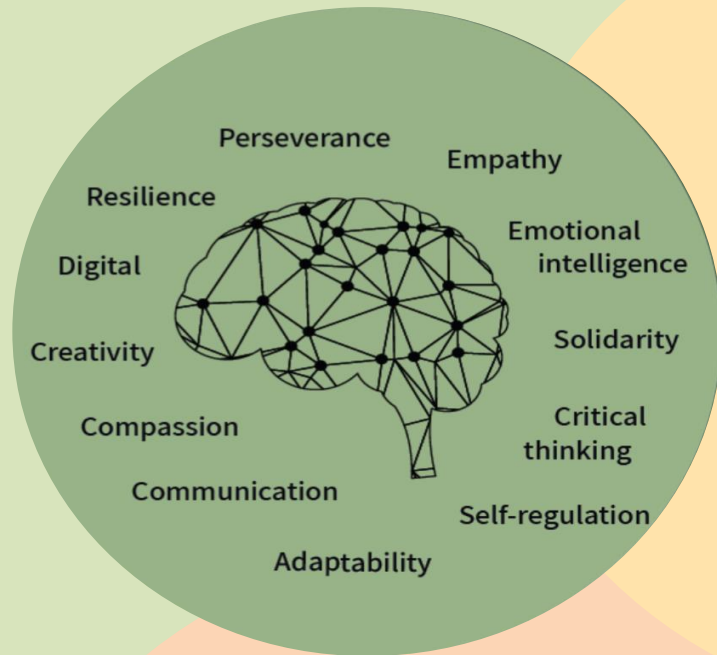


Third Annual, Year-Long 2020 - 2021 Resiliency Institute Hosted by Puget Sound ESD



Revised Online Class Dates

Kick-off with Synchronous and Asynchronous Activities:
KICK-OFF! Th 9/24/20 3:00 - 6:00 PM
Followed by classes every 4th Thursday
October through May*
3:30 to 5:30 PM

2020	2021
Sep 24- 3-hr Kick-off	Jan 21
Oct 22	Feb 25
Nov*	Mar 25
Dec*	Apr 22
	May 27

*3-hour online-only assignments Nov & Dec

PLUS: Monthly Office Hours
First Thursday of every month
(not included in Clock Hours)

TRAINERS:

Amy Okeze, Kimberly Beeson & Invited Guests

DESCRIPTION:

PSESD is delighted to offer this 3rd annual institute for understanding the impact of trauma across the human lifespan and how to build resilience for school personnel. The content of this year-long learning opportunity is grounded in neuroscience, antiracist social emotional learning and culturally responsive practices.

Our training will reflect the evolving impacts of COVID pandemic and the historic oppression and killing of black and brown people on the social/emotional health of students and adults alike. Recognizing and responding to behaviors that stem from a survival response, we will work with you to shift the focus off managing behaviors and on investing in trauma-informed practices and authentic healing-centered engagement. Themes throughout the series will include antiracist SEL practices, addressing staff secondary trauma as a professional work ethic, and incorporating brain research through the ACE study and the role of resilience.

REGISTRATION FEE: \$1,400 per person

\$200 team discount for teams of 4 or more +

+ For team discount coupon code, contact Karen Aws at kaws@psed.org

<https://www.pdenroller.org/psed/Catalog/Event/106379>

REGISTER

CLOCK HOURS: 21 CH's Available (Application pending)

QUESTIONS? Contact Kim Beeson - kbeeson@psed.org - 425-917-7821