# What do I do if my child has COVID-19 symptoms?



#### Step 1

Comfort your child and explain that they will need to be tested.



#### Step 2

Seek
medical care
and have
your child
tested right
away.



## Step 3

- Keep your child at home while waiting for their test results.
- Once you get the results, give the child's test results to the school.



## Step 4

If your child has COVID-19 symptoms but tests <u>negative</u>, they can return to school after 24 hours with no fever AND their symptoms get better.

If your child tests <u>positive</u>, they can return to school after at least 10 days since symptoms first began AND 24 hours with no fever AND their symptoms get better.

For more information on symptoms and when to return to school, go to <u>sccstayhome.orq</u>.



# Where can I get my child tested?

Testing can be done by your child's healthcare provider or at a free COVID-19 testing site - find one here: sccfreetest.org.

If you need assistance with housing, transportation, meals, etc. while your child is isolating or quarantining at home, call 408-885-3980.



For more information: sccgov.org/schools

# What do I do if my child was a "close contact" of someone who tested positive for COVID-19?



\*A Close Contact is someone who has been within 6 feet - for 15 minutes or more - of someone who tested positive for COVID-19.

#### Step 1

Comfort your child and explain they will need to be tested.



Keep your child at home for 14 days after their exposure (except to get tested).

## Step 3

Monitor your child for COVID-19 symptoms, such as:

- Fever or chills
- Cough
- Loss of taste or smell
- Shortness of breath or difficulty breathing

Find a full symptom list at sccstayhome.org.

#### Step 4

If your child has COVID-19 symptoms, have your child tested right away.

If no symptoms, have your child tested around Day 7 after their exposure.

# Step 5

Give your child's test results to the school.

## Step 6

Your child must stay home for at least 14 days.
Talk with your child's school and go to sccstayhome.org for more information.



# Where can I get my child tested?

Testing can be done by your child's healthcare provider or at a free COVID-19 testing site - find one here: sccfreetest.org.

If you need assistance with housing, transportation, meals, etc. while your child is isolating or quarantining at home, call 408-885-3980.



For more information: sccgov.org/school

# What do I do if my child has a positive COVID-19 test?



#### Step 1

Immediately notify the school about your child's positive test result.



Keep your child at home.

If your child has COVID-19 symptoms: Isolate for 10 days since symptoms began AND 24 hours with no fever AND symptoms get better.

If no symptoms: Isolate for 10 days since their positive test was collected.

## Step 3

Monitor your child for new or worsening COVID-19 symptoms, such as:

- Fever or chills
- · Cough
- · Loss of taste or smell
- Shortness of breath or difficulty breathing

Find a full symptom list at sccstayhome.org.

## Step 4

If you follow these steps, there is no need to get a "negative test" or a doctor's note to clear your child to return to school.



# Where can I get my child tested?

Testing can be done by your child's healthcare provider or at a free COVID-19 testing site - find one here: <u>sccfreetest.org</u>.

If you need assistance with housing, transportation, meals, etc. while your child is isolating or quarantining at home, call 408-885-3980.



For more information: sccgov org/school

# My child got a routine COVID-19 test - what do I do now?



## Step 1

Since your child has no symptoms, they can continue to go to school while waiting for their test results.



Give your child's test results to the school.



#### Step 3

If your child tests negative, then your child can keep going to school.

If your child tests positive, they can return to school after at least 10 days since the date of their positive test.



Monitor your child for COVID-19 symptoms, such as:

- · Fever or chills
- · Cough
- · Loss of taste or smell
- Shortness of breath or difficulty breathing Find a full symptom list at: sccstayhome.org.



If the test is positive, how do I isolate my Child at home?

You can find instructions on what to do here: sccstayhome.org

If you need assistance with housing, transportation, meals, etc. while your child is isolating or quarantining at home, call 408-885-3980.

