



ASPIRE DOHA

THE GROWTH MINDSET PSYCHOLOGY CONFERENCE
THE NEUROSCIENCE BEHIND PSYCHOPATHY

NOVEMBER 28TH/29TH, 9AM - 4PM

DOHA COLLEGE, AL BUSTAN STREET, DOHA, QATAR

KEYNOTE SPEAKER:

PROF. JAMES FALLON

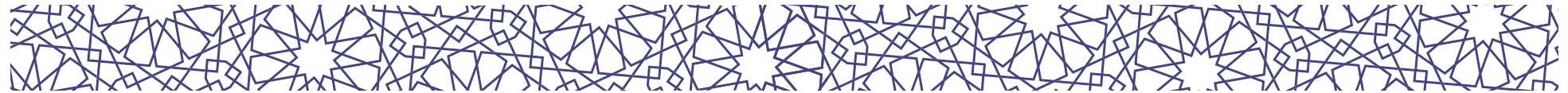
The number one psychology conference for students, teachers and professionals,
featuring expert speakers from all over the world returns to DOHA.



Hosted at Doha College, Al Bustan Street, Doha, Qatar
Qatar continues to set trends that influences the world of education



WHAT IS THE ASPIRE GROWTH MINDSET CONFERENCE?



The ASPIRE Psychology Conference RETURNS to bring students in Qatar the opportunity to engage with the best academic and career professionals in the field of psychology and science.

This year, the conference returns to the Doha College, bringing together students, teachers and psychology professionals from across the world to create opportunities for growth, collaboration and personal development. After the phenomenal success of receiving Dr. Philip Zimbardo in Qatar in 2017, the ASPIRE Psychology Conference has brought renowned neuroscientist and psychiatrist Professor James Fallon in 2018, as the keynote at the stunningly engaging conference: The Neuroscience of Psychopathy. Professor Fallon is not only a revered academic but a TV personality and author.

Qatar is always setting worldwide trends and firsts for innovation. This is another not to be missed!

The ASPIRE Psychology Conference aims to shape the future positively and productively with speakers and educators who bring ideas to life. It highlights the international flavour of the community in the event and

inspires student future aspirations and professionals in their career development.

Psychology as a scientific discipline continues to rise and gain prominence in the Middle East. This is an exciting time. It is our challenge to take it further, broadening the horizons and taking chances to inspire others. Aspirations only go as far as you believe. Not long ago, it would be unimaginable to access the world's top speakers in Qatar, now they arrive year after year, recognizing the significance of the region.

The ASPIRE Psychology conference is a two-day event which incorporates professional development training and student workshops on day one. It culminates with the ASPIRE conference itself on day two. This is a day of engaging and informative talks, seminars and Q&A with experts in the field of psychology including cognitive psychology, social psychology, mental health and treatments as well as biology, neuroscience, sociology and disorders such as schizophrenia and psychopathy this year.

Due to the dedication, hard work and belief of every individual involved in this event, (from conceptualisation

in a two-person discussion), to the numerous people bringing this to the stage; we are able to deliver a truly world class conference. So, what's stopping every single person aspiring to do something similar? Are you preventing your own aspirations from becoming reality? What is stopping you ASPIRE?'

We all have ideas, and obstacles in our way. But that is no reason to stop. I have stumbled many times and turned down paths which were blocked. I always find a way to my location. The mental limitations of psychological fear can be a huge hindrance, but sometimes, to get things done we have to commit with no anticipation of reward.

This is the embodiment of the ASPIRE Growth Mindset Psychology conference. It began as an idea in the head of one person, an idea that very few believed in. With persistence, enthusiasm and purpose that idea became a conversation, that became a reality.

Martyn Stewart (CPsychol)



DAY 1: NEUROSCIENCE'S INFLUENCE ON PSYCHOLOGY, BIOLOGY AND SOCIETY CPD.

DELIVERED BY PROF. JAMES FALLON
(STAFF/PROFESSIONALS ONLY - COST: QR 979)

A transdisciplinary look at Neuroscience's influence: From Biology and Psychiatry to War and Business.

Learn the dynamic intricacies of how the brain works and impacts the academic and social field. Inspire teaching and learning in your role, with cutting edge insight from one of the world-leading neuroscientists!

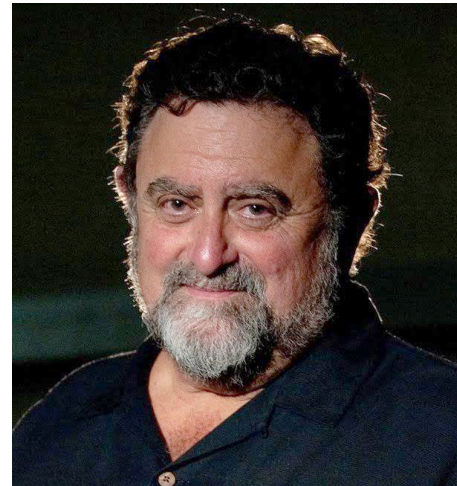
James H. Fallon, Ph.D. is Professor of Psychiatry and Human Behaviour at the University of California, Irvine. He will be delivering CPD on the most recent developments in neuroscience and how they impact in psychology, biology and psychiatry, including the influence on research, the media, law, biological psychiatry and other areas. His research program focuses on four areas, including **adult stem cells, chemical neuroanatomy and circuitry, higher brain functions, and brain imaging.**

PSYCHOLOGY: This CPD will allow you to enhance your understanding and delivery of research into the anatomy of the brain including areas such as personality, cognition, child attachment and psychological disorders such as schizophrenia. Discover a depth of

understanding of the bio-psychology involved in our higher-level functioning. Whether you are psychologist interested in psychiatry, psychopathology or neuroanatomy, this is an expert not to miss.

BIOLOGY: This CPD will illustrate that James Fallon's research has unparalleled reach. Professor Fallon's laboratory was the first to find out how to mobilize adult stem cells to reverse the deficits in models of chronic stroke and Parkinson's disease. This was recently heralded as one of the top seven breakthrough findings of the decade. His research is cutting edge in terms of understanding and considering the impact of human brain function.

SOCIOLOGY: This CPD will utilise Professor Fallon's experience as a Subject Matter Expert to the Pentagon in the field of cognition and war. As a sociologist, if you are interested in the neuroscience on criminal behaviour, the impact on war, dictatorships and violence, this session is not to be missed. Learn how the brain functions in individuals who have had a massive impact in shaping the way our world functions.



This is a once in a lifetime opportunity to gain the latest knowledge, engage in lively professional interaction, discussion and have an up-close and personal Q&A with one of the world's leading authority's and most engaging speakers in the world of psychology and neuroscience.

(Limited Places, book early to avoid disappointment)

GENERAL OUTLINE OF THE TEACHER CPD DAY (Timings are approximate)

8.45 - 9.30am
Arrivals, Registration and Refreshments

9.30 - 9.50
ASPIRE Conference Introduction

9.50 - 10.00
WORKSHOP INTRO

10.00 - 11.15am
PART ONE: DELIVERED BY PROFESSOR JAMES FALLON

11.15 - 11.45
Break for refreshment and discussion

11.45 - 13.00
PART TWO: DELIVERED BY PROFESSOR JAMES FALLON

13.00 - 14.00
Lunch

14.00 - 15.15
PART THREE: DELIVERED BY PROFESSOR JAMES FALLON

15.15 - 15.30
Break for refreshment and discussion

15.30 - 16.00
QUESTIONS AND CLOSING

DAY 1: PSYCHOLOGY CAREER WORKSHOPS

(FOR STUDENTS ONLY - COST: QR 445)

Students select one of three available career workshops. There are limited spaces available on each so move quickly to sign up for your favourite! Please select a first, second and third choice. We will endeavor to get you on your first choice but it will be a first come, first served basis.

THE CAREER WORKSHOPS WILL FOLLOW THE SAME TIMINGS AS THE TEACHER CPD.

WORKSHOP 1 - PRISONER REHABILITATION & SOCIETY REINTEGRATION
(Approximately 30 places - first come/first served basis)

DELIVERED BY SIMON BOWES



This session will take students on a journey. From the crime, to sentencing, to rehabilitation to reintegration in society. Students will analyse real prisoner case histories taking in every psychological aspect throughout the process. What is a career like working within the prison service as a psychology professional? The mentality of prisoners are challenged every second they are incarcerated in their journey towards rehabilitation, so are the professionals working with them. Preparing for their return to society often requires intense psychological behaviour change. This needs to be planned, monitored and structured using treatments such as cognitive behavioural therapy. Do you wonder what it is like working with prisoners, hearing about their motives and their ambitions for when they leave? What are the skills and mentality necessary to work in this challenging environment. What unexpected situations will you encounter, are you prepared for the daily routine to work with people who are aiming to get their lives back on track? Find out on this engaging and informative workshop

WORKSHOP 2 - PERFORMANCE PSYCHOLOGY (including High Level Musical & Sports Performance)
(Approximately 30 places - first come/first served basis)

DELIVERED BY DR. JAIME DIAZ OJEO



Do the people at the top of every profession feel stress and anxiety? Ever wanted to know the psychological secrets in the mentality of a top Olympic level athlete? A world-famous pianist or an intellectual mind in the top 1% of academic thinkers? How do you turn very good performance into outstanding performance? What are the techniques? How do sports and musical performers the composure to attain such high levels of performance under such intense pressure? Learn how we can implement dramatic improvement in skill, ability and output between certain ages in ANY field. Learn the optimal time to take a young athlete to the top level of their sport. How do we use psychology to enhance performance so much that the results are almost unrecognisable? Work with a one of the world's leading performance psychologists who travels with top athletes, musicians and learners from all over the world. From Olympians to national teams, enhancing psychological performance to its limit.

WORKSHOP 3 - FORENSIC SCIENCE AND CRIME SCENE INVESTIGATION
(Approximately 30 places - first come/first served basis)

DELIVERED BY GARY HOWARD



Always been intrigued by a career in forensic psychology? Wonder what it is like to be immersed in a big case and work a crime scene? Using your psychological expertise to analyse the information and patterns left behind and work with other organisations to apprehend the culprit. This session will give students an experience of what it is like to work a crime scene. They will learn about a varied range of investigations and will understand many of the skills necessary including the thorough scientific components, research skills and preparation that you will need to undertake the different fields including fingerprinting, ballistics, blood pattern specialist. Want a career in crime scene investigation or forensics? This is for you!

DAY 1: PSYCHOLOGY CAREER WORKSHOPS

FACILITATOR BIOGRAPHIES

SIMON BOWES

WORKSHOP 1: PRISONER REHABILITATION & SOCIETY REINTEGRATION



Simon Bowes is an experienced Probation Officer working with low, medium and high risk offenders in the UK for the past 20 years. He has studied at both the Manchester Metropolitan University and the University of Portsmouth and obtained BA Honours degrees in sociology and criminology as well as a Diploma in Probation Studies. He has dedicated his life and career to the assessment and rehabilitation of some of the most prolific and dangerous individuals in society. He uses cognitive behavioural therapy and motivational interviewing techniques in order to assess and manage the risk offenders present. He also has extensive knowledge and experience of working in the UK Prison and Criminal Justice system in the UK. Simon has worked with high profile media interest offenders and contributed to the resettlement, release and full rehabilitation of the most challenging of offenders.

DR. JAIME DIAZ OJEJO

WORKSHOP 2: SPORTS AND PERFORMANCE PSYCHOLOGY



Accredited by the British Psychological Society, Dr. Jaime Diaz-Ocejo is a Chartered Psychologist with a specialism in Sport Psychology. With over 20 years of experience, he has worked with and been consulted by top level sports men and women from the world of athletics, football, swimming, tennis, rowing, golf, judo as well as Moto GP and Formula 1. Since 2008 he has been working as a Sport Psychologist at Aspire Academy in Qatar. In addition to this role, Dr. Díaz-Ocejo has worked with Qatar Athletics Federation athletes and has accompanied them to two World IAAF Athletics Championships. He has also been the Sport Psychologist to many other Olympic level track and field athletes from countries such as Spain, Argentina and Croatia. Dr. Díaz-Ocejo's knowledge and experience in Performance Psychology has also led him into the world of high-level music performance. Invited by the Dublin International Piano Festival in Ireland, he has delivered seminars and held one to one consultations with world class pianists. Dr. Díaz-Ocejo holds a BSc in Physical Education, a BSc in Psychology an MSc in Sport Psychology a PhD in Sport Psychology. His main research interest focuses on psychological skills interventions with high performing athletes. Dr. Díaz-Ocejo is a reviewer of top international sport science/psychology journals, including the prestigious European Journal of Sport Science.

GARY HOWARD

WORKSHOP 3: FORENSIC SCIENCE AND CRIME SCENE INVESTIGATION



Led by Gary Howard from Complete Forensics, who has attended hundreds of post mortem examinations and in 2006, he designed and built the first fingerprint laboratory in the Caribbean in Trinidad and Tobago. Gary is passionate about showing young people the opportunities that exist in science education and forensic science. Gary began training as a crime scene investigator and was part of the office that ran forensic services worldwide for the British Military. He has attended hundreds of post mortem examinations of wartime and peace situations. In 2006, he left the military to design and build the first fingerprint laboratory in the Caribbean in Trinidad and Tobago. The unit was responsible for all crimes of national significance and was also used to support serious investigations within the country. Gary also ran a team of crime scene investigators, which was a unique and challenging experience due to the 'lawless' nature of the country at the time. He set up Complete Forensics and the 'World Skills UK competition in Forensic Science' where young people are challenged to improve themselves through Forensic Science competition. This leads to a National Champion. but it also encourages educational departments to look at how they are delivering science. Complete Forensics helps provide links for professionals in both industry and education to network, aiming to make young people of the future more resilient and stronger for employment through engaging with Forensic Science.

DAY 2: SPEAKERS BIOGRAPHIES



KEYNOTE SPEAKER: PROFESSOR JAMES FALLON

James H. Fallon, Ph.D. is Professor of Psychiatry and Human Behaviour at the University of California, Irvine. He sits on numerous corporate boards and national think tanks for science, biotechnology and the military. He is a Subject Matter Expert to the Pentagon in the field of cognition and war. He is a renowned international speaker and will be in Doha, Qatar engaging audiences with his one of a kind story into Neuroscience and Psychopathy. There is no other story in the history of psychology that matches this. With his engaging style backed up with a solid foundation of research including chemical neuroanatomy and circuitry, higher brain functions, and brain imaging, depression, schizophrenia, addiction, personality, intelligence, emotional memory, psychopathy, violence and dictatorships. He is an expert demanded everywhere in the world and he is here. Having written over 300 papers and books, he the Amazon best-selling author in the psychology field of "The Psychopath Inside". He has appeared in hundreds of international TV and radio specials on war, dictatorships, violence and psychopathic behaviour including the popular Criminal Minds TV show. **This event is not to be missed.**



MARTYN STEWART (CPsychol)

Martyn Stewart is an international educator, consultant, teacher, author and motivational speaker. He is a chartered psychologist with the British Psychological Society. His diversely unique career has spanned over 15 years, working with organisations including Manchester City F.C., Rotana Hotels and COBIS to improve performance. His innovative cognitive-behaviour change programmes have transformed the lives of many students, teachers and corporate professionals. He is an expert in addressing stress, confidence, psychological fear and anxiety, self-esteem and interpersonal relationships. For example, his revolutionary social inclusion and mentoring programme changed the face of education provision for many youths on the edge of gang culture in Manchester, England; many of whom went on later to achieve academic and social success. He received several awards for this work. Martyn is British Schools Overseas (BSO) inspection trained for PENTA, with a phenomenal 100% pass rate for A-Level Psychology whilst consistently performing in the top 1% of colleges for student value-added.



GARY HOWARD

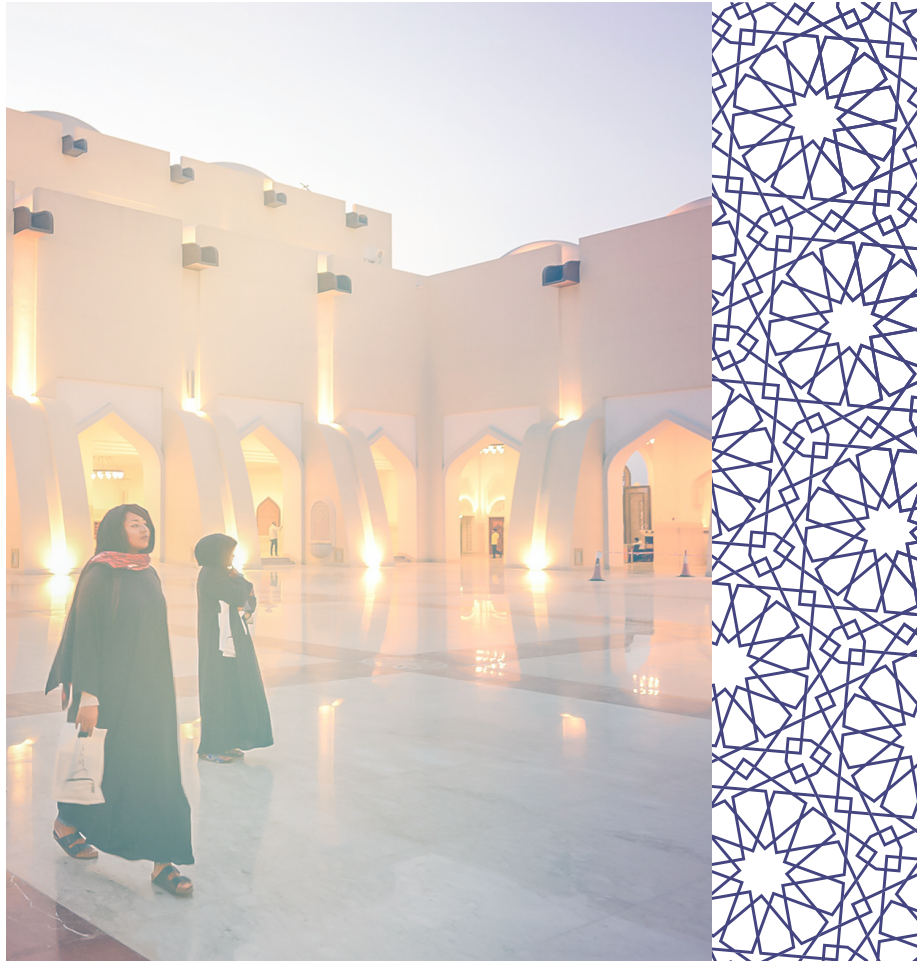
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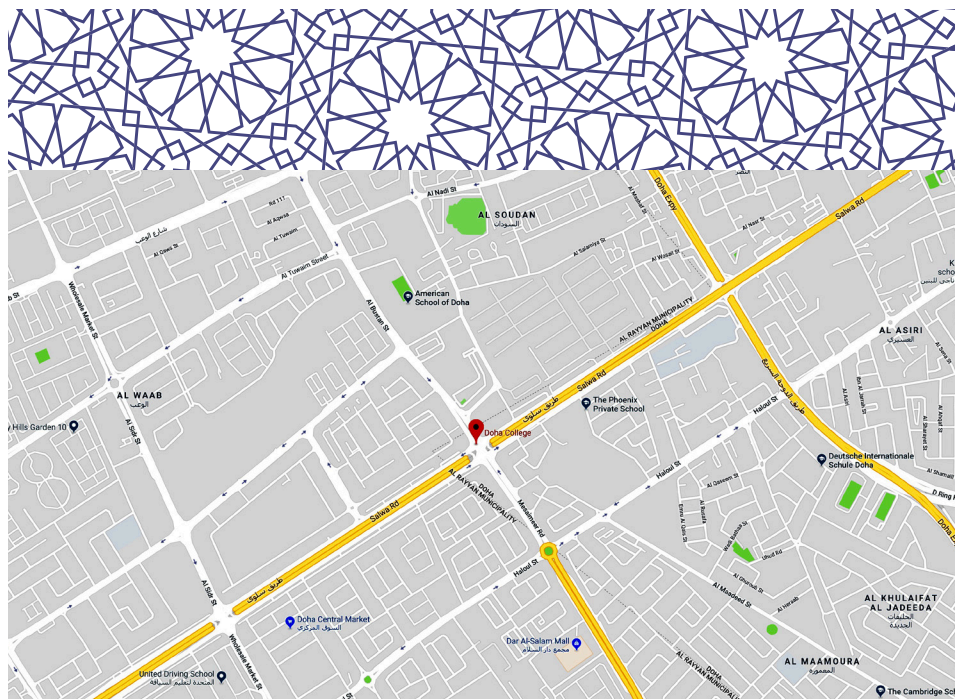


DAY 2 - ITINERARY

CONFERENCE - COST: QR 245



TIME	LOCATION: AUDITORIUM
8.45am – 9.15am	Arrival, Seating and Registration
9.15am – 9.30am	Aspire Conference Introduction
9.30am – 10.10am	GARY HOWARD, Complete Forensics
10.10am – 10.40am	Break and Interlude 1
10.40am – 11.30pm	TBC
11.30am – 12.30pm	Martyn Stewart (CPsychol), Passaré Consultancy
12:30pm – 12:45 pm	Break and Interlude 2
12.45pm – 13.45pm	Lunch
13.45pm – 14.00pm	Reseating
14.00pm – 15.30pm	PROFESSOR JAMES FALLON University of Irvine California
15.30pm – 16.00pm	Questions, Book Signings, Selfies and Closing



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dohacollege.com

Twitter



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[@dohacollege](https://twitter.com/dohacollege)

#APCDOHA
 #AspirePsychConference
 #speakatmyschool



Doha College is the leading British international school in Qatar based on examination results alone. We offer an outstanding education for boys and girls between the ages of 3 and 18. The psychology department has produced consistently outstanding results over a sustained period of time. We are very proud to be working in collaboration with Passaré Consultancy to once again bring an event of this magnitude to Qatar. For all the students and professionals involved it truly is a massive occasion and an experience not to miss!

