



Dear Physician,

\_\_\_\_\_, a Lawrence Academy student, sustained a head injury while participating in \_\_\_\_\_ on \_\_\_\_\_. Lawrence Academy has a protocol for managing these injuries both academically, and in regard to return to play. This procedure is briefly outlined below.

1. All students who sustain head injuries are required to be evaluated by their Primary Care Provider, or specialist and have a normal physical and neurological examination prior to being permitted to progress to activity. This includes athletes who were initially referred to the Emergency Department.
2. Students are followed on a daily basis at school, by the school's Health Center staff and/or certified athletic trainer. Temporary academic accommodations may be given based on the student's symptoms, neurocognitive scores, and any physician recommendations. This is coordinated through the Health Center, in conjunction with the student's academic advisor and other administrators.

**Please provide a medical note with specific detailed accommodations as needed.**

3. In addition to the medical clearance, additional criteria must be met prior a student's return to play:
  - (a) the student-athlete must be asymptomatic, at rest and with exertion, (unless dictated differently per the treating physician), and cleared to resume their academic load without accommodations.
  - (b) the student's post-injury neurocognitive testing data must be within normal range of the student-athlete's baseline neurocognitive testing scores, if available. Lawrence Academy currently utilizes ImpACT testing for pre and post injury assessment of concussion.

***The athletic training staff, in consultation with the Health Center staff, school and team physician and/or school concussion consultant, reserve the right to continue to withhold a student-athlete from participation until the school medical staff deems fit.***

4. Students who have been cleared to progress to activity are progressed following a stepwise procedure, as recommended by the National Athletic Trainers' Association Position Statement on Management of Sport-Related Concussion in addition to Massachusetts State Regulations. A summary of this students testing data can be forwarded to your office upon request and with student/parent written permission. Please feel free to contact us in regard to this student-athlete's care.

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