

## **Acute Signs of Concussion**

### ***Symptoms an athlete may report:***

Headache or "pressure" in head

Double or fuzzy vision

Dizziness

Tinnitus (ringing in the ears)

Nausea

Doesn't "Feel right"

Sensitivity to light and/or noise

Feeling sluggish, foggy, or groggy

Concentration/memory problems

Confusion

### ***Symptoms that may be observed in the athlete:***

Loss of consciousness

Appears dazed or stunned

Moves clumsily

Unsure of score, opponent, date, etc.

Can't recall events prior to incident

Can't recall events after incident

Answers questions slowly

Confused about what to do – assignment, position

Forgets an instruction - play

Shows mood, behavior, or personality changes

