

# Exceptional Children Information for Parents

September 23, 2020

## Resources for Parents and Families for Remote Learning

*Information from Office of Elementary & Secondary Education*

This collection provides resources for parents and families for developing students' social-emotional and behavioral skills in the home while they engage in remote learning. (Click on the **bold** title for more information).

- **Supporting Families with PBIS at Home.** Families and caregivers should consider using positive behavioral interventions and supports (PBIS) in their homes on a daily basis. It is especially helpful when events disrupt normal routines – events like worldwide health pandemics. This practice brief from the **Positive Behavioral Interventions and Supports (PBIS) TA Center** provides recommendations for families and caregivers on how to use PBIS to support students' social and emotional growth and minimize behavioral disruptions in the home.
- **Strategies for Trauma-Informed Distance Learning.** The SEL Center has been very actively engaged in providing supports to States, districts, and schools in navigating the COVID-19 (coronavirus) global pandemic. The center has developed a brief on trauma-informed distance learning, authored by Deputy Director Christina Pate.
- **Resources to Support Youth and Families During the Coronavirus COVID-19 Outbreak.** The gov website provides a repository of resources from across government on mental health and coping, particularly for those working with children, youth, and families. It highlights resources on topics affecting youth, including education, and how supportive adults can help.



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Check out previous newsletters for other resources.

<https://ec.ncpublicschools.gov/parent-resources/parent-newsletter-2020>



Public Schools of North Carolina  
State Board of Education  
Department of Public Instruction

<https://ec.ncpublicschools.gov>

## Important Links

- [Centers for Disease Control and Prevention](#)
- [U.S. Department of Education](#)
- [N.C. Department of Health & Human Services](#)
  - [Strong Schools NC Public Health Toolkit \(K-12\)](#)
- [N.C. Department of Public Instruction](#)
  - [Lighting Our Way Forward \(Summary\)](#)
- [No Kid Hungry](#)
- [NCDPI-COVID-19 Responses & Resources](#)

## Upcoming Events

- [FSN of Greater Forsyth](#): WSFCS special education services update with Mary Todd Allen (Sept. 24)
- [FSN of High Country](#): Spooky Duke 5k/10k & Costume March (Oct 19-31 virtual)
- [Autism Society Workshops](#)
  - Practical Considerations for Parents and Caregivers (Sept 22 virtual)
  - Tutoria legal de un joven adulto de 18 años de edad (Sept 30 virtual)
  - Webinar solo en español- Traciación a la adultez (Oct 13 virtual)
- [Arc Triangle University](#)
- The Arc Triangle: [Casino Royale](#) (Oct 17 virtual)

Do you have an upcoming event you'd like to share with the community? Please email with information.

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