

ELECTROCARDIOGRAM OPT IN- WHAT YOU NEED TO KNOW

The UIL has updated the medical history page with an Opt-In option as part of the pre participation examination. Students interested in participating in UIL activity are NOT required to obtain an ECG unless it is indicated by the medical professional conducting the physical.

An electrocardiogram (ECG) is not required. By checking this box, I choose to obtain an ECG for my student for additional cardiac screening. I have read and understand the information about cardiac screening. I understand it is the responsibility of my family to schedule and pay for such ECG.

What is an electrocardiogram (ECG or EKG)?

An electrocardiogram — abbreviated as EKG or ECG — is a test that measures the electrical activity of the heartbeat. With each beat, an electrical impulse (or “wave”) travels through the heart. For more information about an ECG, please visit the American Heart Association at heart.org

What happens when a student checks yes on the ECG question?

The student has to be cleared for participation by the medical professional conducting the preparticipation physical exam before the student can participate. However, the student is not prohibited from participation until the ECG screen is conducted UNLESS the medical professional conducting the physical examination indicates such. As long as the student is cleared for participation by the medical professional conducting the physical, the student may participate.

For more information about the new law, please click the link

<https://capitol.texas.gov/Search/DocViewer.aspx?ID=86RHB000765B&QueryText=%22hb+76%22&DocType=B>

What can I expect at physicals?

On the day of physicals, echocardiograms are offered for \$50. There will be NO electrocardiograms performed on site. However, below we have provided a list of referrals to physicians in the area that are available to see pediatric patients for an electrocardiogram.

John Kirkwood, DO
3801 Vista Rd
Suite 100
Pasadena, TX 77504
Phone: (281) 249-2273

Karan Bhalla, MD
1505 E Winding Way Dr
Suite 200
Friendswood, TX 77546
Phone: (713) 943-2800

Unnati Doshi, MD
17150 El Camino Real
Houston, TX
Phone: (713) 486-6425

If you have questions, please contact the FHS Staff Athletic Trainers at:
athletictrainers@fisd12.net OR 281-996-6553