

2020 Physicals Update

Q: Who needs to get a physical for the 2020 school year?

A: All incoming 7th graders, incoming 9th grade band members, and students who have not had a previous physical will need to have a physical to participate in FJH/FHS Athletics

*****As required under current rule, all students participating in UIL Marching band and/or UIL athletic activities will be required to complete the UIL Medical History Form. Any “yes” answers to any of questions 1-6 on the Medical History Form will require a student to receive further medical evaluation, which may include a physical exam, and receive written clearance from a physician, physician assistant, chiropractor, or nurse practitioner before any participation in UIL practices, games, performances, or matches. Only those student with “yes” answers to those questions are required to receive written clearance through further medical evaluation.*****

Q: When will 2020 Rank One forms be available to fill out?

A: The 2020 Rank One forms will be available in the next few weeks. **Even if a student does not require a physical for the 2020 school year, the medical history portion of the physical MUST be filled out and turned in to the athletic training staff.** Physical forms can be found on the UIL website.

Q: When can I drop off my child’s medical history or physical to the athletic training staff?

A: Drop off times will be determined over the next few weeks. Forms can be electronically sent to blapier@fisdk12.net. Physical and/or medical history forms can also be mailed to:

FHS Athletic Trainers
702 Greenbriar
Friendswood, Texas 77546

Q: How can I create a rank one sports account?

A: Please refer to the FHS athletics page. Problem shooting and account creation instruction links are posted on the page.

Q: Will Friendswood High School be offering a mass physical opportunity?

A: Yes. At this time, annual FISD Physicals will be held at the Friendswood High School Field House on July 18th from 8am-12pm. Cost will be \$30. Onsite (optional) echocardiograms will be offered for \$50.

Q: Is my child required to receive an echocardiogram to participate in athletics?

A: Echocardiograms are not required, unless the attending physician indicates that it is necessary.