



Lynch Hill School Primary Academy Newsletter



Issue: 04

Aim High, Work Hard, Care Deeply

25th September 2020

A message from Mrs Tomlinson...

It would certainly seem that summer ended rather abruptly this week and the cold and rain replaced heat and sunshine. Our plans for the start and end of each day have been working well and are ensuring that there are not too many people on the school grounds at any given time. With the weather changing, I appreciate that it is not ideal that parents/carers are being escorted onto the



field at the end of the day in order to collect their children. However, it still remains the safest way to enable children to be dismissed at this time; I would therefore urge you

to wear sensible footwear. As always, I thank you for your support and co-operation during these challenging times.

As a school, we know we have a duty to teach children about staying safe online and our staff actively do this across the year. I recognise that for parents, it can be a constant worry - wondering what children can access on their computers, mobile phones and tablets, and monitoring their usage whilst still wanting to give them a sense of independence as they grow.

At Lynch Hill, we believe home/school partnership work is vital for children to thrive and there is no exception when it comes to online safety. I therefore want to use some of my column this week to remind you that we are a National Online Safety School and this status enables you, as parents and carers, to be able to access a wide range of fabulous advice, training and guidance. Along with this newsletter, we have attached an information letter detailing how you can make the most of this. By becoming an Online Safety School, our aim has very much been to help empower parents with the knowledge to protect children from the dangers of the internet.

For those of you with children in Y1-6, you have hopefully received your parental log-ins for DB-Primary over the last day or so. Please take the time to familiarise yourself with all that DB-Primary has to offer. As a school, we feel lucky to have this learning platform.

Have a wonderful weekend and see you next week.

Lindsey Tomlinson

Remember:

Only **one** parent/carer should be dropping off or collecting each day. Older siblings in upper KS2 or secondary school should wait outside when younger siblings are being dropped off or collected.

No bikes or scooters to be parked on the school site at this time

Let's minimise the risks and keep everyone safe



Helping your child feel safe – part 2

Following last week's guidance on **organising our nervous system** this week we are helping our children feel safe by **reducing sensory overload**. The first way we do this is to make accommodations for our children when they are overwhelmed.

When a child is overwhelmed, they may present with behaviour that is difficult to be with. This might look like tantrums, extreme anxiety, or refusal to cooperate, all of which are the child seeking to gain power in order to feel more secure. It can be easy to retaliate with controlling behaviour ("You MUST do what I say NOW") or have very big feelings ourselves, because our child's behaviour reminds us of times when we had no say or no choices. Instead, if we are able to meet their overwhelm with calm, we can then reduce the sensory overload. When they are calm, we can then talk to them about their behaviour.



Sometimes sensory overload can be because the environment around us is too stimulating. Too much screen time can promote sensory overload because it allows us to distance ourselves from our difficult feelings and then they increase when we stop the screen time. Some children can also become overwhelmed by sensory needs such as the feel of some clothing, the tastes of some food, or too much noise. We need to be observant adults and notice repeated patterns of overwhelm and make links to support our children.

"Working together with parents and children's services – together our children will have a better future"



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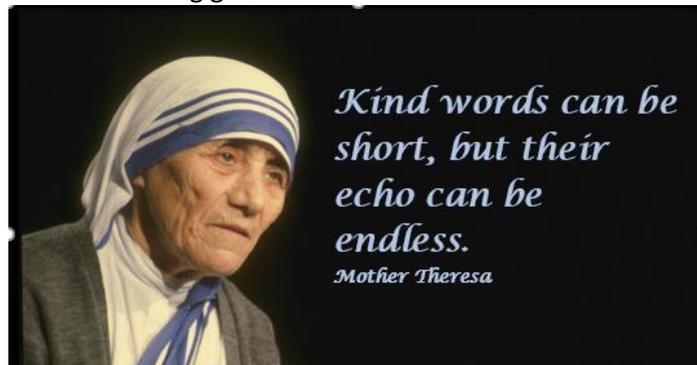
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Thought for the Week

Our IPC learning goal this week is: Communication



We Are Now a Music Mark School!



We have been awarded the Music Mark in recognition of our commitment to music and the value we place on music and musical activities in the school.

Music Mark works to enable members and the wider music education sector, to deliver high-quality musical and social outcomes for all children and young people. Special thanks to Miss Pooley, our fantastic Music co-ordinator, who brings such passion and skill to this area of school life.

Reporting a Sick Child

If you call the school to report that your child will be off sick, it is extremely important that we know exactly what is wrong with your child. Saying they are 'unwell' is not acceptable in the current climate and we need to know exactly what is wrong. Please call by 9.30am.



Drinks In School

A reminder that children are only being water in the bottle they keep with them in class. They can have squash etc. in their lunch boxes but not on their table during school. Thank you for your co-operation

Childhood Flu Immunisations

You will soon receive an email and information pack regarding the 'flu imms' which will take place in school on **27th November**. We know that many of our families are uncertain whether to allow their child to have the nasal

spray for religious reasons. For this reason, we publish the following:

From the Kashrut and Medicines Information Service



"It should be noted that according to Jewish laws, there is no problem with porcine or other animal derived ingredients in non-oral products. This includes vaccines, including those administered via the nose, injections, suppositories, creams and ointments."

www.gov.uk/government/publications/vaccines-and-porcine-gelatine



"Vaccines containing porcine are not permitted in Islam UNLESS lives are at risk and there are no alternatives. Our view is not that Muslims should automatically refuse such treatment. Health is paramount, anyone concerned about the use of gelatin in vaccines must consult a medical practitioner and make an informed decision."

Statement from the Muslim Council of Britain

www.mcb.org.uk/mcb-updates/position-on-flu-vaccines

Guidance on alternatives for parents and carers

The flu nasal spray (Fluenz Tetra) is the most effective vaccine to protect children and the wider community against flu. Research has shown that for a nasal spray provides children with better protection against the circulating flu viruses compared to an inactivated vaccine. However, in order to prevent localised outbreaks this winter, an alternative vaccine in the form of an injection may be offered to children whose parents refuse the live attenuated influenza vaccine (LAIV) due to the porcine gelatine content. Parents or carers concerned by the LAIV nasal spray can contact the immunisation team on **0300 365 0077** to discuss an alternative porcine free vaccine.

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We Are Now Cashless – are you signed up to SchoolMoney?

If you need help logging on, our friendly and approachable office staff will be pleased to help you. The ONLY cash we will be taking in the near future is:

- Non-uniform donations
- cake sales
- fairs

Everything else should be paid for on SchoolMoney.

Please also be aware that we can no longer accept **childcare vouchers** for music lessons and school trips (the auditor has spoken!) We can only accept them for Funzone, breakfast club and Extended nursery and after school clubs.

Birthday Sweeties!

If you would like to celebrate your child's birthday by bringing in sweets for children in their class, please be aware that we need to have them in school for 72 hours before we can hand them out. For this reason, we will not be able to distribute cakes. Note also, that some of our children are not able to eat Haribo/jelly sweets so please bear this in mind when providing the goodies! Thank you.

Reception Admissions for September 2021

If you have a child who was born between 1 September 2016 and 31 August 2017, you must apply for a Reception school place for September 2021 through Slough Borough Council

Reception applications:

- Opens - Saturday 12 September 2020
- Closes - Friday 15 January 2021.

More information is available online:

<http://www.slough.gov.uk/schools-and-learning/school-admissions.aspx>

Our Admissions criteria is available on our website:

<https://www.lhsprimaryacademy.org.uk/statutory-information/statutory-information>

Please be aware that, due to the current circumstances, we will not be offering tours of our Reception class or school. Instead, we have a video tour available on our website:

<https://www.lhsprimaryacademy.org.uk/returning-to-school/early-years-tours>

Secondary School Applications

If you have a child who was born between 1 September 2009 and 31 August 2010 (i.e. they are now in Year 6), you must apply for a Year 7 school place at secondary school for September 2021

Secondary school/Year 7 applications:

- Opens - Saturday 12 September 2020
- **Closes - Saturday 31 October 2020.**

More information is available online:

<http://www.slough.gov.uk/schools-and-learning/school-admissions.aspx>

Active Swaps

As an Active Movement school, we use the 'Active Swaps' in our lunches to move towards a healthier way of eating. The Active Swap for the week beginning **W/B 28 September** swapping crisps for raw vegetables, such a carrots, cucumber, tomatoes etc.

More information about the Active Movement scheme is in our General Handbook and on the web:

<https://www.activemovement.co.uk/>

We are a Nut and Seed Free School

A reminder to parents that no nut products of any kind should be brought in to school. We have a number of children and staff with life threatening allergies to the point where even the odour of nuts can induce a reaction. Thank you for your co-operation.



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Upton Court Grammar School

Virtual Open Evening

Wednesday 30th September 2020

Please visit our website for full details of the virtual activities

taking place during our Open Evening,

including a live Q&A with the Headteacher from 5.00-6.00pm



www.uptoncourtgrammar.org.uk



www.facebook.com/uptoncourtgrammar



@UCGSchool



Pioneer Educational Trust
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Important Dates for Your Diary

Friday 16 October	Non-uniform day End of Term 1 - FULL DAY
Monday 19 October – Friday 30 October	Half Term
Monday 2 November	Inset day
Tuesday 3 November	Children return to school
Friday 13 November	Non-uniform day – Children in Need
Friday 27 November	Flu Nasal immunisations
Friday 18 December	Non-uniform day End of Term 2
Monday 4 January	Inset day
Tuesday 5 January	Children return to school

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EYFS Head-teacher Awards given to one child for achievement

RP	Bonnie Turner	for	Participating so well in P.E. this week.
RK	Sarah Aben		Being a kind friend and always demonstrating wonderful manners.
RD	Humaira Saddiqie		being brave and talking to a new friend.
RB	Ayla-Mae Fletcher		sharing excellent facts about animals and for being a super friend.

EYFS Praise Awards given to two children for achievement

Red	Jasleen Chahal	for	Being an excellent role model and always participating during carpet activities.
	Bria-Louise Scott		Being a kind and friendly member of red group and always doing the right thing.
Blue	Maha Khan		Being a kind friend and showing new children around nursery.
Green	Emily O'Connell		Coming into school with confidence and a friendly smile.
	Haziq Syed		Participating in group activities with more confidence.
Yellow	Mehekpreet Kaur		Settling into nursery so well and being so enthusiastic.
	Carter Heath		Settling into nursery so well and being helpful at tidy up time.
RP	Khaathvik Ganta		Being a very kind friend.
	Victoria Kurek		always being so happy and putting a smile on others faces.
RK	Shayan Zeeshan		Coming to school with a positive attitude and being a super helper!
	Annalise Boateng		Doing a great job following lunch time routines.
RD	Ayman Omar		Always being so happy.
	Fabian Wotjun		Trying hard to answer to the register.
RB	Louie Le Tissier		growing in confidence and for his excellent skills in P.E.
	Rico Ruiz		His excellent phonic skills.

KS1 Head-Teacher Awards given to one child for achievement

1N	Aydin Ahmed
1K	Kasim Zulfiqar
1L	Alexander Onwuzuruike
1W	Thomas Wignall
2G	Ki'Tara Angell
2H	Alison Sahaye
2M	Shivansh Mishra
2R	Youmna Adnan



Congratulations to 1K, 2G and 2M for having 100% attendance this week!

KS1 Praise Awards given to two children for achievement

1N	Jasleen Kaur	for	great phonics and number work!
	Sarika Kalina Banger		excellent contribution and focus on the carpet.
1K	Manasseh Appiah		always trying his best
	Leon Swiatek		super tidying and for hard work
1L	Lara Mahdi		fantastic listening and making excellent choices during carpet time.
	Brody Liam Patrick Cronin		always offering to help the adults around him and his peers.
1W	Yaashianna Boodoo		Excellent teamwork when building structures this week
	Manal Ramadhan		Her lovely manners and always making good choices in the classroom
2G	Adithi Varun		Her wonderful writing works this week.
	Pierre Albrecht		His extra hard work in maths this week.
2H	Aysha Noori		Working well in Maths.
	Demi Fleming		her hard work and determination in Maths.
2M	Grzegorz Galczynski		Excellent effort towards writing this week
	Asiya Mehar		Always trying her best to produce work to an excellent standard. Well done!
2R	Mhd Aahil Farhan		Working hard and listening carefully at all times. Keep up the great effort.
	Arlind Bacani		his improved listening in the classroom and for trying his best.

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KS2 Praise Awards given to two children for achievement			
3R	Alicja Hrynaszkiewicz	for	her positivity and enthusiasm towards her learning and school.
	Harry Williams		always attempting set tasks and asking for help when needed.
3P	Jack Pride		looking after other children in 3P. Well done!
	Perinban Kovendan		his great attitude towards learning
3A	Lacey-Marie Allen		good listening and behaviour in class, being a role model to others and for always being helpful.
	Muhammad-Zargham Nawaz		good listening and working hard in lessons. For being helpful without even asking him.
3B	Hashir Awan		Showing super mathematic skills
	Vayikra Sunil		Always working extremely hard and trying her very best
4H	Ibrahim Maniar		using a new vocabulary learnt in class in his writing.
	Husna Vakass		Finding relevant facts and neatly completing most of her rainforest fact grid in Science.
4D	Ameliah-Grace Contino-Carty		consistently trying her best to maintain a high standard of presentation in her written work.
	Abdul-Hadi Hussain		his excellent science work and having the confidence to read aloud to the class.
4O	Zain Mahmood		listening better in class and contributing more to class discussions.
	Paul Chanakira		Simply put – he is a super star! He is very well behaved, trying his best in lessons and also has a good sense of humour which he appropriately shares with the class
4P	Ismail Mehar		his positive attitude towards learning and helping others.
	Aisha Ahmed		showing great resilience and always trying her best at all times.
5A	Sofia Zulfiquar		giving her best all the time with a smile on her face!
	Avanish Sindu		being super helpful in IT lesson and helping his peers. Well done Avanish
5S	Alex Connor		his helpful and positive attitude
	Assanatou Jammeh		her perseverance this week, even when feeling unwell
5P	Remi Lake		asking for help when he needs it and never giving up.
	Panveer Sandhu		coming to school with a positive attitude and always willing to help.
5T	Anamika Banger		Her excellent grammar work and having the confidence to share her ideas with her peers.
	Shabbir Hassanali		His excellent effort across all subjects, sharing his extra knowledge with his peers.
6D	Eshan Hussain		persevering in all lesson to give his best.
	Oliver Krolieck		welcoming challenges given to him with a positive attitude.
6P	Jaivon Robinson		his amazing efforts, every morning, at writing sentences using all of the new words learnt during our 'Word of the Day' exercise. You make me smile!
	Ahmed Shah		always being so inquisitive about his learning and for trying so hard to improve his maths mastery explanations.
6S	Tianna Watson-Blakely	making an effort in all her lessons	
	Nav Bassan	showing an improvement in his behaviour and conduct in class and on the playground.	
6J	Fatima Amin	Working very hard in grammar lesson	
	Kieran Bak	Impressing Mr Joe with all of his knowledge in Topic	

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KS2 Head-Teacher Awards given to one child for achievement

3R	Jaymi Lally	for	being a kind and helpful member of the class who always ha something positive to say to others.
3P	Inaya Shariq		being just awesome. Generous, helpful and smart. It is a bless to have you in 3P!
3A	Luqmaan Ghafoor		being a well-behaved member of the class and having an amazing work ethic.
3B	Avileen Josan		Communicating very well in class.
4H	Vienna Boyd		Finding relevant facts accurately and neatly completing all her rainforest fact grid in Science.
4D	Freya Gibson		her excellent contributions to class discussion about the rainforest.
4O	Cameron Fleming		having a positive attitude towards learning. Cameron is beginning to join up his handwriting and even though he finds it tricky, he is persevering and not giving up. He is more engaged in lessons and has taken full responsibility of getting his tasks done. Keep it up Cameron!
4P	Maison McGuire		her positive attitude towards learning and actively participating in class discussions.
5A	Saanvi		her excellent thinking and explanations in Science. Keep it up Saanvi.
5S	Daisy Clarke-Evans		all her effort and wonderful contributions in English and maths
5P	Emelia Henry		coming out of her shell and participating in class discussions.
5T	Aiden Anglin		His excellent effort in all lessons, showing excellent resilience and giving his best all time.
6D	Katie Sutherland		always working extremely hard and being a positive contributor in class discussions.
6P	Zino Igbu		her impeccable behaviour, her amazing ability to listen to instructions and try her best in everything that she does. What a delight it is to have you in 6P.
6S	Liam O Koro	making good choices and making his teachers proud of his contributions in all lessons, including Art.	
6J	Katrina Beng	Always being a patient and kind-hearted individual who is always thinking of others	



Congratulations to 6J who achieved 100% attendance this week!

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Test and Trace

23 September 2020

Dear parents and guardians,

This is an important letter to share some information on how we can work together to make sure we can continue to give children and young people the best education in the safest way possible.

One important part of ensuring the safety and wellbeing of pupils, parents and our communities is testing for coronavirus. We all have a duty to make sure that the right people have access to get tested at the right time. Every time a test is used inappropriately, a person with Covid-19 symptoms may miss out on getting tested.

Therefore, I ask that you all follow these principles:

- ✦ You should only book a test if your child has any of these three coronavirus symptoms:
 1. **a high temperature:** any new high temperature where your child feels hot to touch on their chest or back (you do not need to measure the temperature)
 2. **a new continuous cough:** coughing a lot for more than an hour, or three or more coughing episodes in 24 hours
 3. **a loss of, or change in, sense of smell or taste:** a noticeable loss of smell or taste or things smell and taste different to normal

- ✦ Your child **does not need a test** if they have a runny nose, are sneezing or feeling unwell but do not have a temperature, cough or loss of, or change in, sense of smell or taste because these are not normally symptoms of coronavirus.

- ✦ If you are unsure about whether to get a test, please check the official list of symptoms on the NHS website, which is reviewed regularly:
www.nhs.uk/conditions/coronavirus-covid-19/symptoms/

- ✦ Only the person with symptoms should get a test. You do not need to get a test for anyone else in the household unless they also have any of the three symptoms listed above. All members of the household need to self-isolate whilst waiting for the test result.

- ✦ If the person with symptoms' test comes back positive, other members of their household should continue self-isolating for 14 days and **only get a test if they develop coronavirus symptoms.**

- ✦ If a pupil in a class or bubble tests positive for coronavirus, anyone who is advised to self-isolate **does not require a test unless they subsequently develop symptoms.**

No one else in the same class or bubble as the symptomatic person needs to take any action unless advised by the school. Schools have detailed guidance and access to a Department for Education and Public Health England helpline for advice and support.

Contacts of a person who has tested positive must follow the guidance carefully and in full, which means they must stay at home for 14 days. This is because it can take several days following contact with an infected person before an individual develops symptoms or the virus can be detected. Students should only book a test if they get symptoms.

The NHS has produced some guidance to help parents understand when their child can and cannot attend school which you may find useful: <https://www.nhs.uk/live-well/healthybody/is-my-child-too-ill-for-school/>

It is vital for children's learning and future opportunities that they are able to return to school and college. It is therefore vitally important that all we work together and do our bit to make this possible.

Yours sincerely,



Professor Viv Bennett CBE

Chief Nurse and Director Maternity and
Early Years | Public Health England

Head of World Health Organisation
Collaborating Centre for Public Health
Nursing and Midwifery

Follow me on Twitter: @VivJBennett



Dr Susan Hopkins

Interim Chief Medical Officer |
NHS Test & Trace

Deputy Director | Public Health England

Consultant in Infectious Diseases &
Microbiology

Royal Free, London