



Winona Area Public Schools Health Self Screening Checklist

YOUR STUDENT MUST STAY HOME IF THEY HAVE AT LEAST ONE SYMPTOM FROM THIS LIST:

Fever of 100.4 or higher

Difficulty breathing

A new cough, or a cough that gets worse

New loss of taste or smell

YOUR STUDENT MUST STAY HOME IF THEY HAVE AT LEAST TWO SYMPTOMS FROM THIS LIST, EVEN IF THEY DO NOT HAVE ANY SYMPTOMS FROM THE LIST ABOVE:

Sore throat

Muscle Pain

Nausea

Excessive fatigue

Vomiting

New or severe headache

Diarrhea

New nasal congestion or runny nose

Chills

SAFETY FIRST

If your student is staying home because they have symptoms, household members need to stay home to quarantine unless a COVID-19 test or a health care provider finds that you do not have COVID-19. Contact your Building Principal with any updates in your students' health status.

For more information, please visit:

<https://www.health.state.mn.us/diseases/coronavirus/schools/attendance.pdf>