

Fall Football Practice Covid Plans 2020

Paul Giel Field & WSHS Field

Communication

- Coach Cassellius will send out guidelines and protocols to students/families that have requested information on summer practice.
- Any updates will be shared via e-mail and HUDL

Size of Group

- Coaches will supervise position pod of no more than 20 athletes. At Paul Giel and adjacent grass fields, we will be running groups of less than 20 for the duration on the day. This includes 4-5 coaches with a max group size at social distancing guidelines of 20.
- Spectators, parents/guardians and siblings are not allowed. Only registered participants are allowed.

Arrival

- Participants should arrive 10 minutes before start time.
- Social distancing of 6 feet must begin once leaving their vehicle and masks must be worn.
- Coaches will wear masks.
- After health screening, participants must wash or sanitize hands.
- Participants cannot enter the field until health screening and hand washing/sanitizing are completed.
- Participants will enter at the following gates/area; Will have coaches announcing upon arrival and enforcing social distancing.
- Paul Giel
 - Freshman and Sophomores tunnel
 - Juniors and Seniors gate by concession stands
- High School
 - Freshman and Sophomores baseball stands
 - Juniors and Seniors shot put area

Dismissal

- Participants must leave the field within 5 minutes of practice dismissal.
- Social distancing does not end until they are back in their vehicle.
- Masks must be worn until students get in their vehicle.

Setting Up the Facility

- Coaches will arrive at 30 minutes before start time.
- Field will split into 4/5 sections by playing position.
- Changing stations will set-up with a cone/dome for each participant in the designated area on the track by grade.
- Paul Giel
 - Freshman, south west corner

- Sophomores, south east corner
- Juniors, north east corner
- Seniors, north west corner
- High School
 - Freshman, north east corner
 - Sophomores, north east straight stretch
 - Juniors, south east corner
 - Seniors, south west straight stretch

Screening Protocols & Hygiene Expectations

- Coach Teachout (Freshman), Graves (Sophomores), Geurink (Juniors), Anderson (seniors) will screen all participants at their assigned gate entering Paul Giels. Coach Gilbertson (Freshman), Ledger (Sophomores), Steinhoff (Juniors), Beisel (Seniors) will stay at changing areas to supervise participants until practice begin.
- Screening Procedure:
 - Coach will ask if the participant is experiencing the following and document answers:
 - New onset or worsening of a cough OR
 - shortness of breath OR
 - at least two of the following symptoms: chills; muscle pain; headache; sore throat; new loss of taste or smell
 - Coach will take temperature with a forehead thermometer. 100.4°F or higher is considered a fever.
 - A participant with a fever will not be allowed to participate.
- Participants will sanitize or wash hands after temperature checks.
- Participants will have a staggered break mid-practice to re-sanitize or wash hands.
- Participants must bring their own equipment daily including a water bottle.
- If a participant becomes sick during practice, participant will be isolated on the bleachers. Parent/guardian will be asked to pick up student immediately.
- Coach Cassellius will notify athletic director of illness.
- Participants not following guidelines and protocols will be dismissed from practice.

Training of Program Staff

- All coaches will participate in training on pre-practice health screening
- Coaches will complete social distancing training
- Require Exclusion Guidelines with all staff in case of a COVID - 19 exposure.
- Coaches will wear face masks during pre-practice health screenings, and during set-up and take down of any equipment.
- A record of training will be kept by the program.

Plan in Case of Exposure

- In case of exposure, Coach Cassellius will communicate all necessary information to the athletic director and provide all notes taken.

Document the Additional Classroom or Cleaning Supplies or information needed at Site

- Coaches will need:
 - Four thermometer for pre-practice screening
 - required screening spreadsheet
 - Sanitizing supplies
 - Participants will sanitize their own equipment before leaving practice.
 - Coaches will sanitize any other surfaces used and notify building custodian of any needs before leaving building.