



## Clearance to Return to School

**This form must be completed and signed by a physician (see page 2/reverse)** prior to the student's return to the school building following an absence due to any of the following symptoms of SARS-COV2.

- Fever (greater than 100.4°)\*
- Cough
- Shortness of breath/difficulty breathing
- Fatigue
- Muscle/body aches
- Headache
- Loss of taste or smell
- Sore throat
- Congestion/runny nose
- Nausea/vomiting
- Diarrhea

\*The school uses a touchless thermometer for screening. If a student has an elevated temperature with the touchless thermometer, the temperature is re-checked with an ear thermometer. Academy of the Sacred Heart's policy for the 2020-2021 school year considers a fever "resolved" when the student's temperature has remained below 100.4° for 72 hours WITHOUT the use of fever-reducing medication.

**Parents, please note:** If you choose NOT to have your child examined by a medical provider to rule out the cause of fever and/or symptoms of illness, the student may return to school after being fever-free for 72 hours AND 10 days after symptoms of illness developed.

For all positive COVID-19 cases, the school will follow the guidance of the Oakland County Health Division.

---

Student's name: \_\_\_\_\_

Grade: \_\_\_\_\_

Date sent home from school or first day kept home from school: \_\_\_\_\_

**This page to be completed and signed by the student's physician.**

Please check one:

- Student found to have another source of symptoms, SARS-COV2 testing was NOT done.** Student may return to school 72 hours after fever has resolved and other symptoms improving. Source of symptoms (e.g. vaccines, strep throat, influenza):  
\_\_\_\_\_
- Student had a negative PCR test for SARS-COV2, as well as another source of symptoms,** and may return to school with proof of the negative result and 24 hours after symptoms have improved (student did not present with a fever).
- Student had a negative PCR test for SARS-COV2, but is still considered at risk,** and may return to school after 72 hours fever-free and a minimum of 10 days from onset of symptoms.
- Student NOT found to have another source of symptoms; SARS-COV2 testing was NOT done,** patient may return to school 72 hours after fever has resolved and other symptoms are improving, with a MINIMUM of 10 days from the onset of symptoms.
- Student is symptomatic and had a positive test for SARS-COV2.** The student must stay home until fever free for 72 hours and other symptoms are improving, with a minimum of 10 days from the onset of symptoms.
- Student is asymptomatic but has a positive test for SARS-COV2,** and must stay home for 10 days from the date of the test. If symptoms develop, the student must THEN stay home until 72 hours after fever resolves and other symptoms are improving, with a MINIMUM of 10 days from the date of the test.
- Student has a known exposure to someone with COVID-19 and must quarantine for 14 days from the date of the last exposure,** regardless of test results. If the student lives with the person with COVID-19 and is unable to isolate, the 14 day quarantine starts 10 days after the infected person developed symptoms or tested positive. It is possible for a student to be excluded from school for 24 days.

Per the above, the earliest the student may return to school is: \_\_\_\_\_

Doctor's name: \_\_\_\_\_

Doctor's signature: \_\_\_\_\_

Date: \_\_\_\_\_

Please return this complete form to Robin Clements, R.N., B.S.N. at [rclements@ashmi.org](mailto:rclements@ashmi.org) or via fax to 248-646-4143. Proof of SARS-COV2 PCR test results should be attached if indicated or available.