



OCTOBER UPPER/MIDDLE SCHOOL MENU

Monday	Tuesday	Wednesday	Thursday	Friday
28 Spaghetti Corn/Okra Garlic Knots Chicken Sandwich	29 Country Fried Steak Rice Green Beans Corn Dogs	30 Baked Chicken Breast Lima Beans Mashed Potatoes Hamburgers	1 Meatloaf Mashed Potatoes Sweet Peas Corn Dogs	2 Chicken Fingers Mac & Cheese Green Beans Hot Dog/Pepi Chips
5 Hamburger Steak Rice Butterbeans Chicken Sandwich	6 BBQ Chicken Yellow Rice Green Beans Hot Dog	7 Breakfast Day	8 Spaghetti Corn Broccoli Cheeseburgers	9 Country Fried Steak Rice Butterbeans Corn Dogs
12 FALL BREAK	13 FALL BREAK	14 Turkey Pot Roast Rice Carrots Pizza	15 Ribs Baked Beans Slaw Hot Dog/Tots	16 Chicken & Waffles Green Beans Mac & Cheese Chicken Sandwich
19 Baked Chicken Rice/Cabbage Cheeseburger Sweet Potato Fries	20 Beef Ravioli Corn on Cob Garlic Knot Pizza	21 Honey Ham Mac & Cheese Grilled Veggies Hot Dogs / Pepi Chips	22 Fried Chicken Mashed Potatoes Green Beans Corn Dogs	23 Chicken & Rice Sweet Peas Chicken Fingers Fries
26 Pulled Pork Baked Beans Okra Hot Dogs/Tots	27 Chicken Alfredo Broccoli/Corn Garlic Knots Pulled Pork Sandwich	28 Tacos Chicken Quesadilla Mexican Rice Chips and Cheese	29 Breakfast Day	30 Meatloaf Cabbage Rice Hamburger/French Fries

Ham Subs, Turkey Subs, Peanut Butter & Jelly Sandwiches, Pre-made Salads, and Fruit Bowls made fresh daily and available each day. Chips & Gogurt also available daily as a side option.

