

Can I Take My Mask Off?

WHERE
ARE
YOU?

A GUIDE FOR STUDENTS

OUTSIDE

Do you have teacher permission?.

NO

YES

INSIDE

Do you have teacher permission?

NO

YES

NO

Non-vigorous physical activity?

Vigorous physical activity?

Is it a scheduled mask break time?

Are you six feet from other people?

Are you with your small class pod? (8-10 Ss)

YES

NO

YES

YES

Am I six feet from others and staying in one place?

YES

Follow Good Mask Hygiene

Examples of Non-Vigorous Activity (take mask off - stay 6 feet away!!)

Walk the track/field
Jump Rope
Four-square
Hula Hoop
Yoga

Examples of Vigorous Activity (take mask off, stay with your pod)

Basketball
Soccer (no hands)
Relay Races
Frisbee