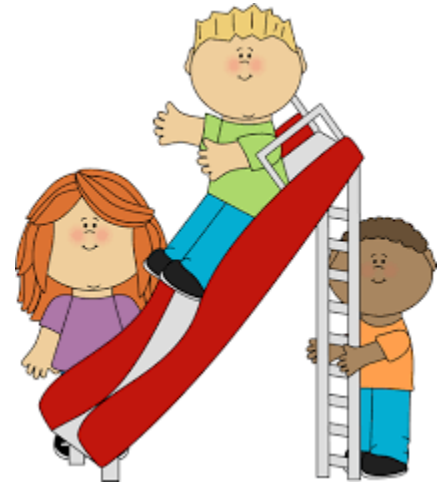




Face to face interactions are the primary way children learn!

Social-Emotional Development starts at birth and helps children learn to make friends, show emotions in a healthy way, follow rules, wait patiently, enjoy the company of others, and show compassion. Here are some tips for helping your child develop social-emotional skills.



Talk with your child. Babies enjoy being talked to just as much as toddler's do. Talk about what children are doing or what they are interested in. Respond to your child's communication attempts even if you don't understand them yet.

Singing to your baby has benefits beyond learning listening skills and new words. Here are some of the other benefits:

- Bonding between parent and child
- Singing signals transitions
- Builds language comprehension
- Teaches rhythm and rhyme
- "Sing-play" is a fun way to interact with babies
- Singing can be a fun family activity
- Singing helps baby learn language and feelings through sing-play
- Babies don't care if you are a good singer, they only care that you sing to them

Reading to your child teaches your baby about communication, introduces concepts such as numbers, letters, colors, and shapes in a fun way. Reading builds listening, memory and vocabulary skills and gives babies and toddlers information about the world around them. Reading is a way to teach children about feelings and making friends.



Additional Resources:

Talkingisteaching.org

<https://health.utah.gov/cshcn/programs/babywatch.html>

healthychildren.org

<https://www.cdc.gov/ncbddd/actearly/index.html>

Davis Early Intervention

Empowering families for bright futures

