

OCTOBER 2020

Distance Learning Menu

Menu subject to change



Families participating in the **Distance-Learning** model may elect to order meals for students to be picked-up in a drive-up grab-and-go method at **Groton Public Library, Mary Morrisson School**, or in the **Branford Manor** neighborhood at 346 Shennecossett Road on **Wednesdays from 9am to 10am**. The order form link is located on the Food Services page at GrotonSchools.org and should be *completed no later than 8:30am on October 5*.

Don't forget!

In addition to the items listed, **all breakfasts include fruit, juice and milk** and **all lunches include fruit, veggie and milk**. Meal components consist of shelf-stable and freezable items. Food storage, reheating and safety recommendations are provided.

WEEK 1	WEEK 2	WEEK 3	WEEK 4
Pick Up Day Wed. Oct. 7	Pick Up Day Wed. Oct. 14	Pick Up Day Wed. Oct. 21	Pick Up Day Wed. Oct. 28
7 Breakfast Banana Bread Lunch Pepperoni & Cheese Grinder Chips	14 Breakfast Pancakes Lunch Turkey & Cheese on a Whole Grain Roll Chips	21 Breakfast Banana Bread Lunch Pepperoni & Cheese Grinder Chips	28 Breakfast Assorted Donuts String Cheese Lunch Hamburger on a Whole Grain Roll Tater Tots
8 Breakfast Waffle Lunch WowButter & Jelly Sandwich String Cheese Goldfish	15 Breakfast Lemon Bread Lunch Italian Grinder	22 Breakfast Muffin & String Cheese Lunch Chicken Nuggets Tater Tots Dinner Roll	29 Breakfast Waffle Lunch Lunchables Chips
9 Breakfast Muffin String Cheese Lunch Whole Grain Pizza	16 Breakfast Whole Grain Bagel with Cream Cheese Lunch Whole Grain Pizza	23 Breakfast Cereal Animal Crackers Lunch Whole Grain Pizza	30 Breakfast Whole Grain Bagel with Cream Cheese Lunch Whole Grain Pizza Nov 2 & Nov 3: To Be Determined
12 Breakfast Cereal & Animal Crackers Lunch Turkey & Cheese on a Whole Grain Roll Chips	19 Breakfast French Toast Sticks Lunch Ham & Cheese on a Croissant Chips	26 Breakfast Pancakes Lunch Turkey & Cheese on a Whole Grain Roll Chips	<p>FREE MEALS</p> <p>Breakfasts and Lunches for Groton Schools' students are FREE through December 2020 as part of the USDA COVID-19 Response Act.</p> <p>Register to pick up your meals at GrotonSchools.org on the Food Services page.</p>
13 Breakfast Egg Sandwich Lunch Chicken Nuggets Tater Tots Dinner Roll	20 Breakfast Banana Bread Lunch Hamburger on a Whole Grain Roll Tater Tots	27 Breakfast Egg Sandwich Lunch Lunchables Chips	

Please complete the Application for Free and Reduced-price Meals today!

We are striving to have applications completed by the end of October to ensure that all families receive the benefits for which they are qualified. Additionally, regardless of income, your completed application can help the schools earn grants for such programs as farm field trips and food tastings.