

COVID-19 PROTOCOLS

District 196 Students



If COVID cannot be ruled out, go or stay home. Follow usual reporting of illness. Discuss distance learning options. Return to school 24 hours after symptom improves. Household contacts do not need to stay home or quarantine.

- Less Common with COVID**
- Sore throat
 - Nausea
 - Vomiting
 - Diarrhea
 - Muscle pain
 - Excessive fatigue
 - New onset of severe headache, nasal congestion or runny nose
 - Chills

STAY HOME

- More Common with COVID**
- Fever ≥ 100.4
 - New or worsening cough
 - Difficulty breathing
 - New loss of taste or smell

Student/family notifies principal, school nurse or COVID-19 team, who completes COVID-19 interview

Evaluation by health care provider results in alternative diagnosis, not tested for COVID-19

Stay home until feeling better. Household contacts do not need to stay home or quarantine.

COVID-19 team notifies principal/nurse that student's condition is not COVID-19 related.

Student returns to school 24 hours after alternative diagnosis resolves.

Symptoms consistent with COVID-19, but not tested for COVID-19

Student isolates for at least 10 days since symptoms first appeared AND no fever for at least 24 hours without fever-reducing medication AND improvement of other symptoms. Household members quarantine for 14 days.

School nurse will notify supervisor that student's condition is consistent with COVID-19.

Positive or Negative Test Result WITH Symptoms

POSITIVE TEST
Isolate for at least 10 days since symptoms first appeared AND no fever for at least 24 hours without fever-reducing medication AND improvements of other symptoms. Household members quarantine for 14 days.

School nurse will notify supervisor that student's condition is consistent with COVID-19.

OR

NEGATIVE TEST
May return to school 24 hours after symptoms improve. Household members may return to school/work.

Positive Test Result WITHOUT Symptoms

Isolate for at least 10 days from testing date. Household members quarantine for 14 days.

Household members must quarantine for 14 days from their last exposure with the positive student.

School nurse will notify supervisor that student's condition is consistent with COVID-19.

Close contact with COVID-19 or household member with symptoms

Quarantine for 14 days. If the reason for quarantine is a household member's symptoms and they test negative, you may return to work. You cannot test out of quarantine when you are a close contact to a positive case.

While in quarantine, monitor for symptoms. If symptoms develop, isolate and contact medical provider. Isolate for at least 10 days since symptoms first appeared AND no fever for at least 24 hours without fever-reducing medication AND improvement of other symptoms.

School nurse will notify supervisor that student's condition is consistent with COVID-19.

Distance Learning options will be available to students who are in isolation or quarantine.

Meals Information
Free five-day meal kits are available and can be delivered to your home. Contact Food and Nutrition Services at 651-683-6956 for more information.

Mental Health Information available at www.District196.org/Calm.

Protocol adapted from the Minnesota Department of Health COVID-19 decision tree. Updated as of 9-16-20. This document is subject to change.