



TULSA PUBLIC SCHOOLS

2021 Plan Changes & Important Reminders

HEALTH PLAN CHANGES

Note: If your plan is not an option in 2021, your personalized Option Period form indicates your current coverage end date. You will need to choose a new plan for 2021. If you do not choose a new plan, your coverage will end on December 31, 2020.

*More information about these changes can be found in the [2021 Option Period Guide](#)

CommunityCare HMO

- Bariatric surgery is now a covered benefit with a \$350 copay per day with a \$1,750 maximum per admission.
- CDC-recognized National Diabetes Prevention Program is now a covered benefit with a \$0 copay.

Blue Cross and Blue Shield of Oklahoma Dental

- BCBSOK – BlueCare Dental High Plan and BCBSOK – BlueCare Dental Low Plan are new dental plans for 2021. Refer to the Comparison of Benefits for Dental Plans.

Cigna

- The name for the 2020 Cigna Dental Care Plan (Prepaid) has been changed to Cigna Prepaid Low (OKIV9) for 2021. If you are currently on the Cigna Dental Care Plan (Prepaid) in 2020, you **MUST** actively enroll in Cigna Prepaid Low (OKIV9) or choose another dental plan for 2021. If you do not do this your dental coverage will end on December 31, 2020.
- Cigna Prepaid High (K1I09) is a new dental plan for 2021. Refer to the Comparison of Benefits for Dental Plans.

HealthChoice High Deductible Health Plan (HDHP)

- The HSA maximum annual contribution for an individual is increasing from \$3,500 to \$3,550.
- The HSA maximum annual contribution for a family is increasing from \$7,000 to \$7,100.

TOBACCO-FREE ATTESTATION REMINDER

Reminder for Current HealthChoice High and Basic Plan Members

If you wish to stay enrolled in HealthChoice High or Basic for the 2020 plan year, you must complete the online tobacco-free attestation for Plan Year 2021 available at www.healthchoiceok.com by November 13, 2020. The attestation is waived for the first year of enrollment in the High or Basic plan but is required each year thereafter to remain enrolled.

⇒ **What if I am in the process of quitting tobacco?**

If you are in the process of quitting tobacco, you must be tobacco free for 90 days prior to the deadline to attest to being tobacco free.

⇒ **What if I cannot sign the tobacco-free attestation?**

If you cannot sign the tobacco-free attestation because either you or a covered dependent uses tobacco, you can still qualify for the High or Basic plan if those who use tobacco complete one of the following alternatives by November 13, 2020:

- Show proof of an attempt to quit using tobacco by enrolling in the quit tobacco program available through the Oklahoma Tobacco Helpline (1-800-QUIT-NOW) and Optum and completing 3 coaching calls.
- Provide a letter from your doctor indicating it is not medically advisable for you or your covered dependents to quit tobacco.

⇒ **What if I do not complete the attestation?**

If you do not complete the tobacco-free attestation or one of the reasonable alternatives by November 13, 2020, you will automatically be enrolled in the HealthChoice High Alternative or Basic Alternative Plan effective January 1, 2021. However, your annual deductible will be \$250 higher than if you had completed the attestation or one of the alternatives.