



COOMBE
WOOD
SCHOOL

Sport at Coombe Wood School is delivered in a unique way. Our students are provided with enhanced sporting opportunities in four core sports; basketball, netball, football and gymnastics. These core sports are taught by specialist local clubs who provide a high quality and comprehensive instruction during the students' games lessons and extra-curricular activities. We believe that by providing sports tuition in this way all students, regardless of ability, will benefit by gaining an in-depth knowledge, skill level and understanding of their chosen sport.

Our chosen sports partners were selected based on their success as clubs in their own right, the quality of teaching they offer and their belief in our values at CWS.

The Luol Deng Foundation



Luol Deng played in the NBA for 15 years, among the teams he represented are the Chicago Bulls and the LA Lakers. His Foundation in the UK are committed to seeing the growth of youth basketball to support its popularity amongst young people. The Luol Deng Foundation have teamed up with Coombe Wood School to deliver the school's basketball academy and provide students with a development pathway that ensures they can access and play the game they enjoy. CWS basketball players receive professional and top quality coaching in every lesson and currently play in the Jr NBA League. School Games lessons and extra-curricular practices consist of fundamentals and skill development as well as competitive game situations which align perfectly with the school's core values.

Volenti Academy



VOLENTI
ACADEMY

The Volenti Academy team is able to support young players across all aspects of their football training and development. We have a dedicated and experienced team of staff from all areas of the game, all of whom are heavily involved on a daily basis. We combine the experience and knowledge of former professional players, performance analysts, strength and conditioning coaches and current professional and non-league coaches to provide a well-rounded philosophy and the ability to improve young players from all backgrounds and abilities. The sport is constantly evolving and our ability to access and implement best practice as it is developed means that we are ideally placed to assist young students to maximise their opportunities. Working within the framework of the School's core values, we are able to create a truly unique and outstanding learning environment for any young athlete.

Girls in Football

The Coombe Wood HRF and Games structure has created huge opportunities for girls in football. We work with the girls twice a week - every week - during term time and are responsible for their development and wellbeing in football. They become better movers and more knowledgeable players because of the high quality and consistent weekly coaching sessions. Our coaches are highly experienced in working with academy level players and women at WSL standard outside of school, which means the girls really do have the best guidance and a consistent message to make them better footballers and athletes.

Future Gymnastics



Future Gymnastics is a well established and popular gymnastics club in the Wallington and Croydon area. With our third facility being housed at CWS, we are looking forward to being able to teach our gymnasts throughout the school day, after school and in the evenings. We believe in the school, the students and ourselves.

With our dedicated coaching team, we are keen and eager to form the best school gymnastics learning environment for all.

Roundwood Netball



Netball is offered in both the curriculum and extra-curricular time. It is ideal for students to attend both sessions each week, however if they choose to do one sport for their curriculum lesson and then another after school they are certainly not going to miss out on representing the CWS Wolves Netball Teams. Curriculum and extra-curricular follow on from each other to allow continuity of skill and tactical development. This format also allows for improved consolidation of skills required to successfully execute the sport. Sessions follow a club style coaching format focusing on fitness and movement skills, skills development, rule application, learning positional plays and developing tactical awareness. Mastering the sport of netball as opposed to mastering one position is very important; students are encouraged to learn all skills and tactics for each position allowing them to become versatile players with an appropriate skill set and understanding of their role.