

Verbatim

adjective | ver·ba·tim | 축 어적으로 | literalmente | 逐字 | doslovně | 逐語的 | từng tiếng một
: being in or following the exact words : WORD-FOR-WORD
// a *verbatim* report of life at Cardigan

Monday <i>September 14th</i> 2020	Verbatim Staff
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AUGERE VIRTUTEM-DIRIGERE MENTEM

62 Alumni Drive, Canaan, NH

Diego Escalante: The Cardigan Way

Our Interview with Diego Escalante

Reporter | Harold Kim



Diego finishing first in the fall Lake Run

A recent alumnus of Cardigan Mountain School, and a student from the class of 2024 at the Thacher School, Diego Escalante, prompted an interview with our Verbatim staff. Diego will share his personal Cardigan experience, tell us more about the school spirit, and impart knowledge and advice to the student body.

Do you have any advice for 9th graders going through the secondary school process?

My biggest piece of advice for the secondary school process is to not sweat it too much. You have to try your best, do your work, and it is good to try new things of course! You should not stress yourself out excessively. If you are too stressed out, it just gets harder. Eventually, things will work themselves out. Maybe you may not get into your first-choice school, but things will turn out to be well.

What is something many students have trouble with, and how can it be overcome?

I think something that is hard for students is the busy schedule. The way to enjoy your time here without feeling rushed is to find what makes you happy and spend your time doing that in order to cool down. For example, if you enjoy the play, have fun acting and communicating with your friends. If you enjoy sports, have fun at practice rather than feeling overwhelmed. Enjoy the time with what makes you happy.

What does the core values and leadership represent at Cardigan?

The core values are a goal for the entire community so that we can try to be the best we can be. Sometimes we will fall short, but it is important to keep trying to reach the four pillars, compassion, respect, integrity, and courage, of what makes Cardigan, Cardigan.

What did you enjoy from your Cardigan experience?

My favorite piece of my Cardigan experience was my 9th grade year. It built up from 6th grade to 9th grade. It is a rare opportunity to live with your friends. You will create very strong bonds with them. My favorite aspect of Cardigan is being able to know your fellow classmates really well before you leave. While it does make parting difficult, it is still my favorite part of Cardigan.

What is your favorite Cardigan memory?

My favorite memory at Cardigan was from 6th grade. Near the end of the year we had one night where we were allowed to stay up until 2 o' clock in the Haven. We played games and watched movies. It was a great way to end that year and solidify the friendships that I had made. I learned that 6th graders get crazy when they stay up until 2 AM. I remember we were whipping ping pong balls at each other as hard as we could, which was a fun experience.

What is one piece of advice you would give to the new students?

One piece of advice I would give to new students is to keep your life as balanced as possible. It is important to stay on top of your work, but it is important to spend time with your friends as well. You only have so much time, a couple years to be with them. You will eventually all split up and go to different schools. My advice to new students, and even students in general is to balance your life. Enjoy your time with your friend while also finding room for work and other commitments that you have.

The theme for the school this year is "Carry on". What message do you have to the next generation of students at Cardigan?

"Carry on" is a good message to have for this year and it is similar to another saying, "lift while you climb." I feel that you should help as many people as you can while carrying on the tradition.

Culture

The World According to Mr. Gartner

Mr. Gartner
Ph.D. in knowledge

Cardigan Voices: How
were your first classes?
Reporter | Harold Kim

They were pretty good, especially as
a new student. I'm very excited for
the rest of the year to see what we
do in class.
-Aidan Doyle

Great, nothing to complain about!
-Conley Bohan

They were very fun, yet the double
blocks are difficult. I struggled to
focus towards the end of the class.
-William Ruffa

They were great! It was awesome
getting to know my teachers and
their class.
-Cayden Van Dolah

My first classes were great. I love the
teachers but my PEAKS class is a
little boring.
-Brandon Hennessey

Well, it was great that all my classes
were in the same building and I liked
all my teachers.
-Indiana Grossbard

It was a little confusing because of
moving classes and different
teachers, for most of all it was pretty
fun.
-Dohyun Kim

Classes were even better than last
year. You get so much more done in
the longer blocks that you get the
material more. Homework is just
right and I still have free time to do
what I want.
-Christian Maro

They were pretty good. I just don't
like the nature walks.
-Conor Fox

Since I am doing remote learning, I
feel like it's spring term again, but
with higher expectations. It is very
nice to see my friends' faces, though
it is sad that I could not go back to
Cardigan.
-Yixuan Jia

My classes were very enjoyable and
exciting. I was also happy to meet
new people since I am a day student
and wasn't seeing any boarders for
the entire first week.
-Terry Langetieg



First day of 8th grade classes in Bronfman

- Americans spend \$800 million on peanut butter per year.
- Puppies have healing powers.
- Jeans never need to be washed.
- All dads have the loudest sneezes.
- Loons swim faster than they fly.
- Buffalos are pregnant for 6 years.
- The moonwalk is the most advanced dance move.
- Phones can read your thoughts.
- Lactose-free milk is full of lactose.
- The organ is the rock version of a piano.

Ms. Fedele: All about the Amazing Race

Reporter | Damian Zhu



Students getting ready to take off

Which is the hardest part and why?

The endurance of it would be the most
challenging. I think a lot of teams started off
strong for the first couple of stops, but could
not stay strong throughout the whole race
when people in the group started to get tired.

What process did the administration go through to design tasks?

The administration team wanted every student
to reach all the different spaces on campus,
especially new students who had never been to
such places before. But this year, during the
two weeks of homecoming, new students get
to go to many places on campus. The
administration still wants the students to go to
the Chapel, the health center and the Williams
field since they normally do not stop by those
places.

What has been a good strategy for the race?

Leadership is really important during the race,
especially when a leader is keeping their dorm's
energy up the whole race. Taking the leading
dorms as examples, Jenson kept his whole
group running the entire race. He thought that
they might give up the lead in the race since
they took a water break but it turns out to be a
smart choice because it refuels the entire group

to keep running. French 1 who
came in second place had two really
fast runners, Owen Tatro and
Preston Marrick. They were running
the whole time and the rest of the
group were trying to catch up. That
represents a good strategy "If we
can do it, you can do it as well".
French 2 aimed for positivity among
group members and tried to get to
the next station as fast as possible.

Which dorms were the top 5?

1. Banks
2. French 1
3. French 2
4. Hinman 1
5. Brewster 2



Banks celebrating after finishing first