



We are happy to announce that the Fitness Center has reopened.

While familiarizing yourself with the new procedures, hours, and recommendations, please keep in mind that we want to ensure we keep everyone as safe as possible. We will first open with limited hours and capacity, however, frequent re-evaluation will occur. Any changes will be communicated via email.

We appreciate your patience and cooperation as we navigate the reopening process.
See you soon!

HOURS BY RESERVATION ONLY

- ❖ Monday: 5:30am- 7:00pm
- ❖ Tuesday: 5:30am- 7:00pm
- ❖ Wednesday: 5:30am- 7:00pm
- ❖ Thursday: 5:30am- 7:00pm
- ❖ Friday: 5:30am- 6:00pm
- ❖ Saturday: 7am-12pm

There will be **no in-facility group exercise classes** at this time. We will continue with our virtual classes and potentially some outdoor classes.

***Reservations are required** (instructions below) and are for one, 50-minute time slot. Limit of one reservation per day per person. Our current capacity is 10 members per slot. You will be able to reserve up to 7 days prior to a reservation slot.

[COVID-19 Fitness Center Procedures & Facility Layout Video](#) **[Making a Fitness Center Reservation](#)**

****email fitnesscenter@smsd.org if you have not received your login info**

- **Locker Rooms:** Lockers and showers will be available, but members are encouraged to come ready to work out, with limited personal belongings. Please wear a face covering in the locker room when appropriate, and when in the restroom area.
- The Fitness Center is located at the CAA building. Please drive towards the back of the building, and come through door #13.
 - **SMSD Staff**, please bring your staff badge with you every time you use the facility. You will need your badge to gain entry to our doors.
 - **Spouses, dependents, or retirees**, we will be giving you an access card the first time you come in and you will need to bring that with you each time to gain entry to our doors.
- There are several gym wipe stations around the facility. We ask that members wipe down any machines, equipment, or surface touched after use - - wipes are meant for **one-time use only**.

Need-to-Know Before I Go

- I have reserved a time slot to workout at the Fitness Center.
- I have my SMSD Staff Badge, or Fitness Center access card if I am a spouse, dependent, or retiree.
- I have a mask or face covering for entry/exit of the Fitness Center, lockers/restrooms, speaking with staff members or others, and when moving around the facility.
- I arrive as ready to work out as possible.
- I wait in my car/parking lot until the start time of my reservation.