

WEEKLY MENU

Sep 21 to Sep 25



36p 21 (0 36p 23					
	Monday	Tuesday	Wednesday	Thursday	Friday
Station	21-Sep	22-Sep	23-Sep	24-Sep	25-Sep
Noodle Soup Station	Sauteed Shredded Pork with Kimchi (PYP:Spring Onion Bun)	De Zhou Chicken (PYP:Pan Meat Bun)	Dan Dan Noodle (PYP:Veg Bun)	Chicken Laksa (PYP:Red Bean Bun)	Green Onion Oil Noodle (PYP:Sweet Corn)
SET MENU Includes: 1 Main Dish*** + 2 Side Dishes + 1 Salad + 1 Soup + 1 Dessert + 1 Beverage Main Dishes Include: Noodles, Asian Wok OR Western Dish Beverages Include: Juice, Milk, Yougurt OR Yakult. (All Soup:Vegetarian)	Steamed Egg&Fish	Braised Beef with Oyster&Garlic	Pan-Fried Dumpling	Jia Chang Tofu	Meatballs
	White Rice	Yellow Rice & White Rice	White Rice	Green Bean Rice	Buckwheat &White Rice
	Bok Choy Soup	Tomato&Egg Soup	Mushoom&Tofu Soup	Minestrone Soup	Cauliflower Soup
	Fruit or Yoghurt	Fruit or Yoghurt	Fruit or Yoghurt	Fruit or Yoghurt	Fruit or Yoghurt
PIZZA/ CARVING/ GRILL	Grilled Chicken Breast with Parmasean Cheese	Grilled Duck Leg with Brown Sauce	Crispy Pork Belly	Ham Pizza /Cheese Pizza	Deep-Fried Fish with Tartar Sauce
	Fried Cauliflower, Mushroom,Carrot&Broccoli/ White Rice	Cherry Tomato,Broccoli Capsicum/Mini Potatoes	Yellow Zucchin,Mini Carrot & Asparagus /Mashed Sweet Potatoes	Roasted Corn&Butter	Mashed Green Beans
VEGETARIAN	Grilled Mixed Veg with Moroccan Sauce&Onion Pancake	Zucchini Pie	Okra Salad&Egg	Roasted Spring Veg Medly	Kidney Beans, Corn,Onion, Chickpeas and Pepper Fried Rice

Students' lunch-card balance and Catering informations are available through school website or under request - contact us at Chartwells@nanjing-school.com for details