



## MHUSD Virtual Drop-In

School	Tuesday		Wednesday		Thursday	
	Agency	Time	Agency	Time	Agency	Time
Barrett, Nordstrom & PA Walsh	RCS	10 a.m. -10:40 a.m				
Britton	CS	3 p.m. -3:40 p.m				
Sobrato & Central	RCS	2 p.m. - 2:40 p.m				
SMG/ JAMM (Kinder- 5th)			RCS	10 a.m. -10:40 a.m		
Live Oak			CS	2 p.m. - 2:40 p.m		
SMG/ JAMM (6-8)			RCS	2 p.m. - 2:40 p.m		
Paradise, LP, El Toro					CS	10 a.m.-10:40 a.m
Murphy			CS	3 p.m.-3:40 p.m		

### Zoom Links - Community Solutions :

#### Live Oak

<https://zoom.us/j/7537651597?pwd=TksweUIZQUd1S2VITGQ4clZPdHJXdz09>

Meeting ID: 920 9969 8307

Password : LIVEOAK

#### Britton

<https://zoom.us/j/4773099845?pwd=K2RnMFRqdHR4RIhHZHJxMEJFdWw2Zz09>

Meeting ID: 477 309 9845

Passcode: BRITTON

#### Paradise, LP, EL Toro and Martin Murphy

<https://zoom.us/j/8934718962?pwd=VmxTbW4vOXQdGTIRuL056dC8xVXqyZz09>

Meeting ID: 893 471 8962

Passcode: MHUSD2020

Community Solutions- Community Line : (408) 683-4118

### Google Meet Links - Rebekah Children's Services:

#### Barrett, Nordstrom, and PA Walsh

<https://meet.google.com/afz-tfic-ich>

Or dial: +1 225-417-1068 PIN: 207 259 246#

#### Sobrato and Central

<https://meet.google.com/nng-dufd-reb>

Or dial: +1 385-325-0941 PIN: 512 065 720#

#### San Martin Gwinn (SMG) and Jackson Academy of Math and Music (JAMM) (K-5)

<https://meet.google.com/ayi-vske-dak>

Or dial: +1 414-909-7791 PIN: 566 210 061#

#### San Martin Gwinn (SMG) and Jackson Academy of Math and Music (JAMM) (grades 6-8)

<https://meet.google.com/mfp-fwtp-puh>

Or dial: +1 929-356-4846 PIN: 547 493 211#

# VIRTUAL "DROP-IN" MENTAL HEALTH SUPPORT FOR MHUSD STUDENTS

## TEACHERS & ADMINISTRATORS

Are you seeing any of your students struggling with attention, focus or emotion during your virtual classrooms and you want to discuss options with a mental health provider?

## PARENTS

Are your children having a difficult time emotionally during Covid-19?

## STUDENTS

Do you feel like you need emotional support, need to talk to someone, or just feeling "off"?

**Join Us for Free Confidential One-  
On-One Virtual Support  
Please Refer to Attached Schedule**

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When you call or log onto the address you will be placed in a "waiting room", our care team may be with someone at that point, please be patient until you are invited to join.

If you are in crisis and can not wait to speak to a care provider please call Community Solutions Community Resource Line at (408) 683-4118.

# APOYO VIRTUAL DE SALUD MENTAL PARA ESTUDIANTES DE MHUSD

## MAESTROS Y ADMINISTRADORES/AS

¿Notas algún estudiante tuyo batallando con su concentración, atención o emociones durante las clases virtuales, y quieres platicar sobre algunas opciones con un proveedor de salud mental?

## PADRES DE FAMILIA

¿Sus hijos están teniendo dificultades emocionales durante COVID-19?

**Únase a Nosotros Para  
Obtener Asistencia Virtual,  
Confidencial y Personalizada**  
**Por favor consulte el horario  
que está adjunto**  
Servicios disponibles  
en inglés y español.

Cuando llame o inicie sesión, lo ubicarán en una "sala de espera", nuestro equipo de atención puede estar con alguien en ese momento, por favor de esperar hasta que sea invitado a unirse.

Si está en crisis y no puede esperar para hablar con un proveedor, llame a Community Solutions-Community Resource Line al (408) 683-4118.