# **PTO Monthly News!**

September, 2020

Dear Families - Centennial Middle School is now participating in Trip Tracker's Movamonos! (Let's Get Moving) Program See more information below about how to get your student signed up and mooooving!

Welcome back to school! We hope your summer was fun, relaxing, and most importantly healthy. Even though students won't be traveling to and from school in the next few weeks, Trip Tracker (the program that encourages students to walk or bike on their school commute) will be back with some modifications to help children stay active during Home Learning.

Typically through the Trip Tracker program, students earn reward dollars by biking or walking to school. These reward dollars can be used like cash at over 50 local businesses or donated to local non-profit organizations. During the Home Learning phase, students will be able to earn rewards by engaging in any kind of physical activity.

<u>How it works</u> We know that physical activity during the day makes for healthier, happier and more focused children. Each half hour of physical activity earns participants one Trip Tracker Point. Five Trip Tracker Points earns one Trip Tracker dollar. Kids can earn up to two points per day (1 hour of physical activity), five days per week.

<u>What counts as physical activity?</u> We leave this to families to define but, as always, we encourage walking and biking. You can also count time spent in any kind of active play (outdoors whenever possible).

How do we track and report our points? A tracking calendar for September is attached. It's provided to help you and your children record their activity points each day. We will send you a survey at the end of each month to report total points for the month. The calendar is for your convenience only. Use the survey to report your monthly activity.

#### **Tracking Calendar**

How can the earned dollars be used? Many local <u>businesses</u> and <u>non-profit</u> organizations accept reward dollars like cash. We highly encourage using dollars as donations to support any of our designated non-profit programs that are working extra hard to support local families in need at this time.

How do we get the reward dollars? Reward dollars will be distributed at school each month after in-person learning resumes, or they can be mailed to student's homes. (Two reward dollars will be deducted to cover mailing costs.) Reward dollar donations to non-profit organizations can be made directly through the monthly survey.

How do I sign my children up? Please use this <u>REGISTRATION LINK</u>. (You can use it more than once to register more than one student.)

Students will be able to start earning rewards beginning September 1. We hope the changes to the program will motivate students to stay active, especially while options such as sports, PE, and commuting to school aren't available.



### Please contact us at <a href="mailto:srts@bvsd.org">srts@bvsd.org</a> with any questions

### PTO Meeting schedule for the school year – all are welcome to all meetings!

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PTO Meetings (9-10am) All Are Welcome!	
PTO General Meeting	http://meet.google.com/sox-zjcf-tbr
PTO Executive Board Meeting	http://meet.google.com/ezw-pjuk-oyy
PTO General Meeting	http://meet.google.com/qve-xuiv-xwt
PTO Executive Board Meeting	http://meet.google.com/rfi-xwzi-efm
PTO General Meeting	http://meet.google.com/fvn-jmnw-kzj
PTO Executive Board Meeting	http://meet.google.com/bkt-drvg-yve
PTO General Meeting	http://meet.google.com/abd-qbkv-qjg
PTO Executive Meeting	http://meet.google.com/vei-vmwz-mou
PTO General Meeting	http://meet.google.com/vme-cwfg-gwr
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## Officers for 2020-2021 School Year are:

Co-Presidents\*: Shauna Keene & Vicki Blair

Vice President\*: OPEN (open to merging this with Events Chair)

Past President\*: Ann Thomasset

Treasurer\*: Diane Jones Secretary\*: Michelle Trudgeon Events Chair\*: OPEN

Marketing and Communications Chair\*: Michelle Trudgeon Fundraising Chair\*: Mindy Keefer & Rebecca Hoyt

\*General members of the PTO are encouraged to raise an issue for discussion. This is a right of every member. The president will actively solicit topics or questions for future meetings. The executive committee will plan PTO meetings based on information gleaned.

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### **Other PTO News**

Grocery Card Program - We've partnered with Safeway and King Soopers to earn rewards every time you shop. Lucky's has temporarily withdrawn their program but if you shop at King Soopers or Safeway, please check out how to sign up and learn more here! <a href="CMS">CMS</a> <a href="Grocery Card Program">Grocery Card Program</a>

Interested in purchasing Spirit Wear? Click here!

We're always looking for more volunteers to help as it takes a village! If you're interested in giving an hour a month or maybe getting more involved than that, we have opportunities at

every level. Please email <u>Centennial PTO</u> to see how you can get involved or attend one of our monthly meetings noted above to learn more!

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The mission of the Centennial Middle School PTO is to:

- work together as a team with our teachers, administrators, parents, and students
- provide volunteer and financial support to further the mission of the school
- foster a welcoming and diverse school community

Centennial Middle School R <sup>2</sup> ISE Values: Respect, Responsibility, Integrity, Safety, Empathy	
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