

Parenting Education Child Parent Relationship Training (CPRT)

When children have problems, they may not have the words to talk about them. Play gives children a way to communicate feelings they don't understand or can't express any other way.



CPRT is conducted in 6 weekly, 1-1.5 hour sessions

Fall Session: Sept. 22th - Oct. 23rd

Spring Session: Feb. 1st - March 12th

Time: TBD

**Please register: [here](#) or email
amyandra@misdmail.org**

Things you will learn:



- How to help your child open up to you
- Limit setting
- Recognizing emotional needs and building self-esteem
- Fostering self-control, self-responsibility, and creativity