



# Symptoms and Exposure

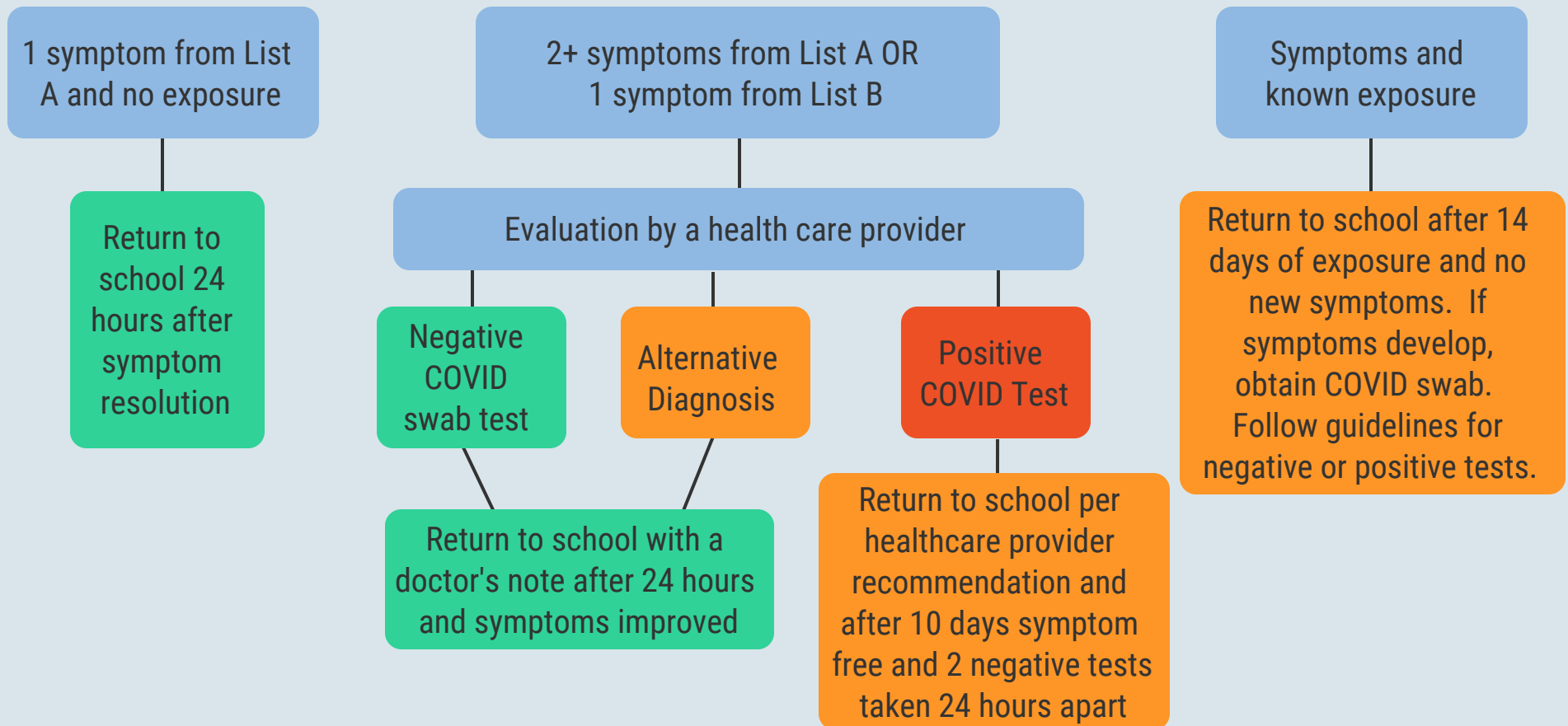
## Tracking Chart

School Nurse and Staff: screen all students for potential COVID-19 symptoms and exposure

CDC recommends that students and staff with the following symptoms be promptly isolated from others and excluded from school:

- At least **two** of the following symptoms (List A): fever (measure or subjective), chills, rigors (shivers), myalgia (muscle aches), headache, sore throat, nausea or vomiting, diarrhea, fatigue, congestion or runny nose; OR
- At least **one** of the following symptoms (List B): cough, shortness of breath, difficulty breathing, new olfactory disorder, new taste disorder\*

\*Source: 8/13/20 NJDOH COVID-19 Public Health Recommendations for Local Health Departments for K-12 Schools



All school absences must be reported to Nurse Ann Hanna: [ahanna@saddleriverday.org](mailto:ahanna@saddleriverday.org) or (201) 237-4050 x2911. Families must also complete the Daily Absence Reporting Form at [www.saddleriverday.org/absencereportingform](http://www.saddleriverday.org/absencereportingform)